



Going Places

TAKE ME HOME *Going Places* is regularly refreshed, so everyone who flies can have a copy

DECEMBER 2022 - JANUARY 2023

Winding roads of Kedah

A solo drive through Malaysia's untouched paradise



20 reasons to fall in love with Malaysia

ETHICAL REBELS OF BANGKOK DINING
Top chefs give back to people and planet

LATE NIGHTS IN CHINATOWN
Track down hidden gems across Kuala Lumpur's heritage neighbourhood



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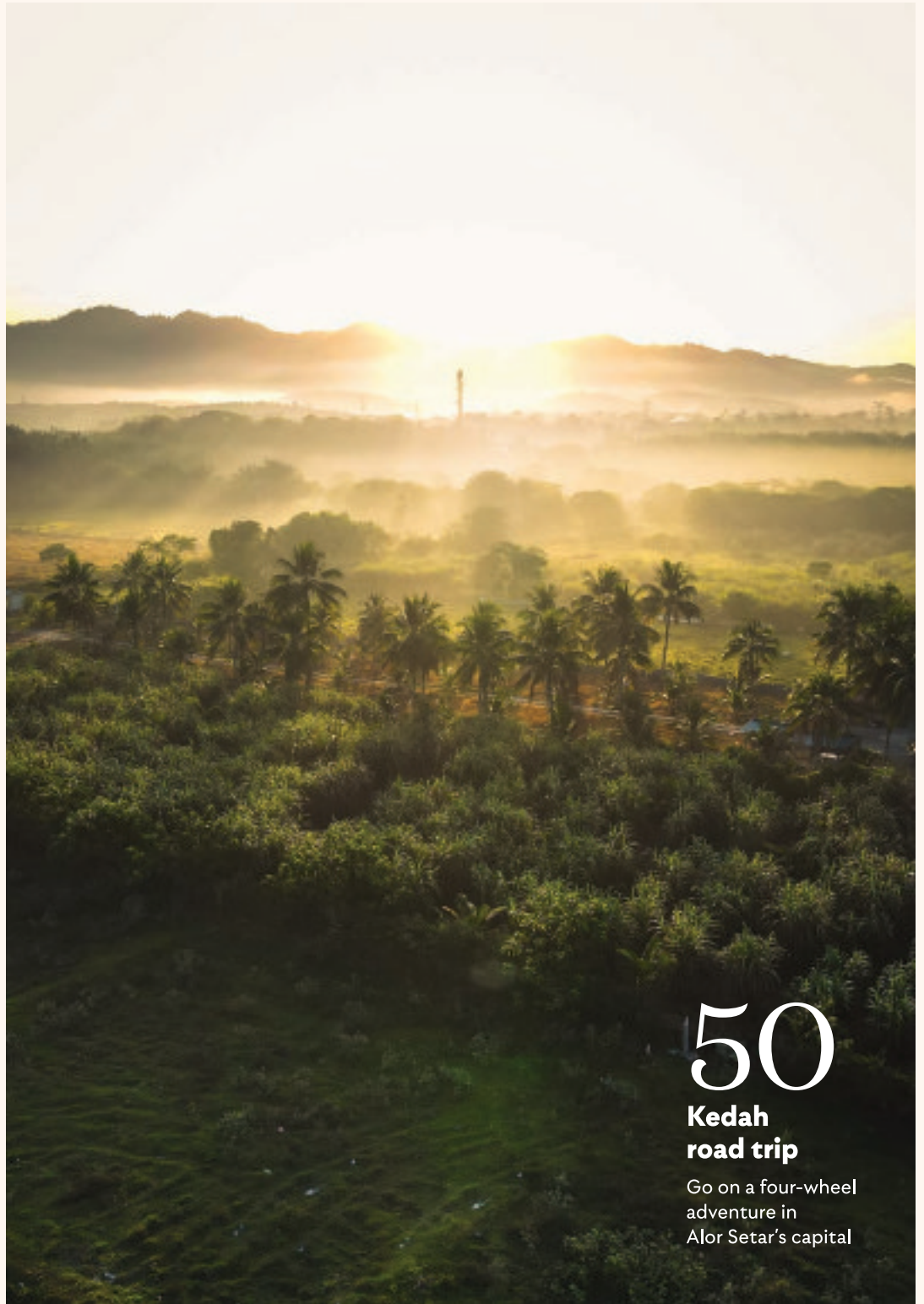
Disclaimer: Views from the PETRONAS Twin Towers may vary due to weather conditions. Visiting hours and operating hours may differ during this period. Refer to the website for latest details.

Scan to purchase tickets



DECEMBER 2022-
JANUARY 2023

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IMAGE: THINNESS KUMAR

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A landscape shot in Kedah.
Photo by Thinnesh Kumar

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WORLD RECORD HOLDER

“ Most swimming pools in a resort ”
“ Most overwater villas at a single resort ” *

* As per an independent report conducted by Horwath HTL, the global leader in hospitality consulting.
Source: www.htl-mt.com, October 2018



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Awards 2019



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Dear guests,

This marks a special edition of *Going Places* as it is the first time in over two years that we are publishing it in physical form. While many of us have embraced the acceleration of digitalisation in our day-to-day lives, the feeling of holding a magazine or book is simply incomparable, which is why we are delighted to bring back our in-flight magazine to inspire you to globetrot right from your seat.

More importantly, this move is also driven by positive sentiments around travel as many are ready to safely explore the world once again, reconnect with loved ones or simply make new memories in new places. Whatever your reason for travel may be, I would like to personally thank you for your continued trust in Malaysia Airlines as your preferred carrier of choice.

With global borders steadily reopening, we are excited to bring you along on this journey as we continue to increase our flight frequencies, introduce new destinations and enhance your

travel experience with various offerings fit for your every need.

Earlier in 2022, we introduced new direct flights to Doha and Haneda; fully reopened our Golden Lounges at our main hub in KL International Airport, including the Platinum Lounge; as well as reinstated and increased frequencies for flights to India, Australia, Japan and our London flagship route. We have other exciting initiatives and more plans on the horizon. Do visit our website (malaysiaairlines.com) to get the latest updates on what we're up to.

As we gear up for a busy year-end holiday season, I wish to reassure you that safety remains at the heart of everything we do. We remain committed to delivering memorable end-to-end experiences for all our guests, prioritising convenience, comfort, safety and well-being at every step of the journey. Our team has taken all necessary safety and hygiene measures to ensure that you can continue to Fly Confidently with us.

We wish you a pleasant journey ahead. Stay safe and stay healthy.

Captain Izham Ismail
Group Chief Executive Officer

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KUALA LUMPUR

For many of us, the most exciting news of 2022 has been the highly anticipated easing of travel restrictions. The opportunity to start going places again has filled many of us with the desire to make up for lost time. To help map out everyone's plans for revenge travel, we have filled this comeback issue with exciting adventures across Malaysia and around the world.

The December-January issue kicks off with a list of 20 highly compelling reasons to (re)visit Malaysia – from the country's newly-minted tallest tower, Merdeka 118 in Kuala Lumpur, to its largest museum, the Borneo Cultures Museum in Sarawak. Further along, we continue to explore with a close-up of the revitalisation projects in Kuala Lumpur's Chinatown (p30), as well as a three-day road-trip itinerary that covers the heart of Kedah (p50).

The globetrotters out there can flip to the Elevate section (p21), dedicated to uncovering the people, places and products that will bring a little something extra to your next adventure. From Bali-based Indonesian creative Ican Harem's stylish streetwear (p27) to the latest openings across Melbourne (p22), there is plenty of travel inspiration for everyone.

Throughout the pandemic, our team continued using goingplacesmagazine.com as a portal to help you dream about your next adventure. Now, with the relaunch of the magazine, it's time to turn those aspirational plans into reality. Ready to explore? Turn the page, it's time to start going places again.

Team Going Places

This issue's contributors



Sharon Crowther
Writer, "Speakeasy street", p30

Originally from Glasgow, Sharon recently swapped living in Kuala Lumpur – her home for five wonderful years – for the skating rinks and ski slopes of Calgary.



Emma Chong Johnston
Writer, "20 reasons to love Malaysia", p9

Based in KL, Emma spends most of her time entertaining toddlers – her own. Emma has written for *ELLE* Malaysia, *Time Out* Kuala Lumpur and Forbes Travel Guide.



Thinnesh Kumar
Photographer, "Take the road (trip) less travelled", p50

Kedah-based Thinnesh picked up photography in 2019. He likes chasing the light and enjoys the pleasure of seizing those amazing moments in time.



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Travel in Comfort

Whether it's a camping trip, a beach getaway or a winter wonderland, have a happy holiday, free from dry skin



When you're on a well-deserved, long-awaited holiday, you don't want dry skin spoiling all the fun. But dry skin is all too common when we travel.

What Causes Dry Skin

Long plane journeys, air-conditioned hotel rooms, long hot showers, chlorinated swimming pools, days out on the beach and even playing in the snow – all have a tendency to strip your skin's natural oily barrier and leech the water out of the skin.

Chances are, at the end of a long day of fun, you'll come back to the hotel room with skin that feels itchy, ashen and a little tight under your clothes. In more severe cases, dry skin can even lead to cracks and bleeding.

Certainly not what you want on your holiday!

Not all Lotions Work

You might think, "I apply lotion every day." But most lotions and creams in the market contain up to 80% water!

This feels nice and cool when you apply it. But without enough oil to seal your skin's natural protective barrier, water evaporates from the skin, leaving you itchy and uncomfortable once again.

One-Step Solution to Dry Skin

Don't want to spend your holiday doing long moisturization routines? You don't have to.

Dry Skin Gel by Bio-Oil is the only dry skin solution you need. Containing only 3% water, its clinically tested oil-based formulation is both potent as well as gentle. Ingredients such as essential oils, hyaluronic acid, glycerin, and vitamins not only soothe, soften and moisturize the skin, they also help your skin resist moisture loss.

Best part? It's easily absorbed and doesn't feel greasy. All you need is a small amount. Apply a thin layer daily to your body, hands, feet and face, and experience the difference immediately.

Take Dry Skin Gel on your next trip – our 50ml jar packs nicely in your carry-on luggage!

Available on Lazada, Shopee & all leading pharmacies / [biooilexperience.my](https://www.biooilexperience.my)

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IG: [@biooil.experience](https://www.instagram.com/biooil.experience)



Suitable for Sensitive Skin

Dry Skin Gel is clinically proven to be non-comedogenic - meaning it won't clog your pores and won't cause breakouts.

Its oil-based formula is suitable for both body and face, including the lips and eye area.



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Valid until 28/2/23

20

REASONS TO LOVE MALAYSIA

Bold flavours, inspiring people and unforgettable places



1

Kuching

The largest museum in Malaysia just opened and it's in Sarawak

The Borneo Cultures Museum, which opened its doors in March 2022, is a world-class attraction set in the heart of Kuching, Sarawak's capital. Designed by renowned Malaysian architect Dato Sri John Lau Kah Sieng, the museum's distinctive exterior features towering golden arches. Spanning more than 30,000sqm across five distinct levels, it showcases over 1,000 artefacts that reflect the history and culture of the indigenous peoples of Borneo and Sarawak.

museum.sarawak.gov.my



Kuala Lumpur

Find yourself somewhere else

Mindful hospitality group Else – a newcomer to Kuala Lumpur’s boutique hotel scene – has just launched its inaugural property in the capital’s hip Chinatown neighbourhood. The hotel is set within the former Lee Rubber Building, a pre-war heritage landmark, and features a contemporary-tropical design imagined by Studio Bikin. Its interiors are also decorated with works by local artists and designers, specially commissioned by the group’s founders. With its 49 stylish rooms, sprawling 56,000sq-ft of space, and infinity pool with cabanas, it’s truly an oasis within the city that beckons guests to disconnect from the urban bustle. elseretreats.com



3

Langkawi

A place for digital nomads to call home

Malaysia's digital nomad visa launched in October 2022, opening up the country's jungle retreats and beach resorts as potential "offices" to those whose jobs give them the freedom to roam. Set up a desk on the dreamy Island of Langkawi and get to know the island's growing digital nomad community, courtesy of Malaysia's newest co-working space, JetPack. jetpack.my

IMAGES: DAVID YEOW (ELSE), ISAAC COLLARD (RED HONG YI), SHUTTERSTOCK (STRAITS & ORIENTAL MUSEUM)

4

Kuala Lumpur

An artist for our times

Visionary contemporary artist Red Hong Yi made waves earlier in 2022 with Memebank, a parody of a financial institution. The sold-out performance and exhibition, held at APW Bangsar, critiqued how the continuous printing of money by central banks globally could potentially lead to inflation. The artist, whose work has appeared on the cover of *Time*, is currently creating a series of eggshell art pieces called "Future Relics", exploring themes of femininity, fragility and the #metoo movement. She is scheduled to exhibit her latest work at the National Art Gallery in December 2022. redhongyi.com



5

Puchong

A celebration of historic ties with Myanmar

Amble along George Town and you will likely end up on streets named after Myanmar's towns and rivers – such as Jalans Sawleen, Tavoy and Moulmein. At the Dhammikarama Burmese Temple in Pulau Tikus, built during the early 19th century, you'll still find a strong Burmese community presence to this day. Find out more about the historic connection between Penang and Yangon in "The Golden Realm of Myanmar", an exhibition at the Straits & Oriental Museum that opens on 5 December and runs for three months. somuseum.asia

6



Kuala Lumpur

A new chapter for an old cinema

KL's REX Cinema was one of the first and longest-running in the city, from the time of its opening in 1947 to its final screening in 2002. After two fires and multiple tenants, the cinema has been restored and is now home to some of KL's hippest dining and drinking spots, a photo-ready bookstore and secret bars tucked away in hidden corners. rexkl.com

7

Malaysia

A touring festival of creativity

Aiming to reinvigorate Malaysia's post-pandemic arts sector, creative platform RIUH has been touring the country with its signature festival, a glorious combination of makers, music and street food. In 2022, RIUH visited Johor, Sabah, Melaka, Kelantan and Perak.

Founder Renee Hamid says each event typically attracts upwards of 30,000 people and acts as a vital connection between creatives and the public. "From the statistics, it's clear that the pandemic has only made [Malaysia's creative community] more resilient," Renee says. "We have noticed a rise in new brands and multifaceted collectives coming together and contributing to a revival of the local creative arts and culture ecosystem."

RIUH's goal is to hold an event in every state, creating 7,000 jobs and supporting 5,000 creatives. Future events will be announced soon.

riuh.com.my



8

Kuala Lumpur

Move over, Petronas Twin Towers

Super-skyscraper Merdeka 118 has been dominating the KL landscape for a while now, inches away from its completion in mid-2023. Major brands and companies are already jostling for a space at the newly-minted tallest tower in the country – second tallest in the world, after Dubai's Burj Khalifa.

Like the Petronas Twin Towers, it is a mixed

development, with offices at the top, a vibrant shopping mall at ground level and serviced residences in between. The brand new Park Hyatt Kuala Lumpur will also call the tower home, but if you're just a daytripper, head straight to The View at 118, soon to become the highest observation deck in Southeast Asia.

merdeka118.com



9

Johor

One luxe destination to rule them all

Desaru Coast's luxury development sprawls across Johor's eastern coastline, studding the beach with five-star resorts, entertainment centres, championship golf courses and restaurants, bringing a wave of locals and tourists across the country to visit what was once a quiet coastal town. This is now one of the most exciting new holiday destinations in Malaysia, thanks to big, new names like One&Only and Anantara. Spend some time enjoying the pristine landscaping and fine dining, but also take in the beautiful natural surroundings with mangrove tours, beach walks and ATV rides. desaruc coast.com

IMAGES: MULZI (REX CINEMA), @ALLISAMAZING (RIUH), SHUTTERSTOCK (MERDEKA118), SHUTTERSTOCK (DESARU COAST), MARK FRANCIS (DIA GUILD)

10

Malaysia

Find your next statement piece, here

If you're looking to shop for unique fashion and design in Malaysia, head to Dia Guild. This online platform showcases pieces from incredible makers across Southeast Asia, with a focus on the handmade and the artisanal. Beautiful separates that draw on local textiles and techniques, homeware that blends the traditional and the contemporary, and one-of-a-kind jewellery pieces – you'll find a lot to love here. diaguild.com



11

Kuala Lumpur:

Feel on top of the world

If you like the idea of spending time in the great outdoors but find the idea of heat, humidity and mosquitoes less appealing, Castra by Colony was designed for you. A glamping and event space set on a private rooftop terrace in the heart of KL, the highlight has to be the spacious canopy tents, where Mediterranean-influenced design transports guests to a luxe Moroccan desert camp. Make full use of the manicured garden space, Bose outdoor speakers and barbecue deck for a memorable evening with friends. [colony.work](#)



12

Kuala Lumpur

Old shophouse, new tricks

Tucked inside a converted shophouse in KL's Chinatown, Small Shifting Space is an experimental restaurant and natural wine bar with – true to its name – an ever-changing lineup of chefs and menus. Different guest chefs take the helm each

month in an eclectic showcase of the Malaysian capital's range when it comes to contemporary dining. Perch at the bar and enjoy small plates with a front-row view of its great selection of natural and biodynamic wines. [instagram.com/smallshiftingspace](#)



13

Kuala Lumpur

Get lucky (lucky)

Located next to a beautiful lake-park, Lucky Lucky Foodstore is the newest addition to the dining scene in Cheras, a suburb of KL. At this upscale, light-filled food court, comfort food is the order of the day, with 12 stalls offering a mix of traditional hawker and *dai chow* (stir-fry) fare, alongside vendors selling nachos and burritos (Machos!), corn dogs (Chunz) and baos (The Bao Guys).

luckyluckyfoodstore.com



14

Malaysia

A Vivy-cious take on modest wear

Vivy Yusof, the powerhouse behind some of Malaysia's most popular modest fashion brands, is going from strength to strength. She's been named in the Business of Fashion 500 list alongside huge global fashion personalities, has a book on the way all about her

journey there, but is most loved by netizens for her hilarity on social media and stellar personal style. Visit her concept stores dUCK and LILIT to see what all the fuss is about – and walk away with a few new outfits. getducked.com



15

Penang

Embrace island living

With its signature, island-inspired brand of breezy separates, local label Sixth Sense has become a Penang staple. Just down the road from their flagship store on Lebuh Pantai, the founders have opened Warehouse 129, a more lively, experimental space which houses the more youthful and edgy pieces of Sixth Sense's line of clothes and accessories. Here they also host a series of cultural talks, workshops and events. sixthsensestores.com



16

Kuala Lumpur

Where to find rail good food

What started as a limited-run pop-up food destination is now a favourite hangout of KLites. Tiffin at the Yard has found a permanent home in the charmingly refurbished old railway building at Sentul Depot, with the imposing brick structure lending an atmospheric backdrop to a curated collection of stalls. tiffin.my



Kuala Lumpur

For the love of print

Born during the pandemic, KL Art Book Fair is the first of its kind in Malaysia to showcase printed matter, artwork and zines while also offering a space for panel discussions, workshops and more. Its second edition runs during the first week of December 2022 at the GoDown. "I would say the event ends up prioritising creatives from other fields such as fine arts, photography, design, illustration, and creative writing," organiser Sam Chia says. "Hopefully, this event will shine an even brighter spotlight on our local creative and independent publishing scene. All in all, it's going to be an inspiring showcase of Southeast Asian talent under one roof." Here, KL Art Book Fair programme coordinator Se Yin shares her top Malaysian art destinations. klartbookfair.com



Urban Museum, UR-MU

"This started out as a private collection and has since been turned into a public museum. It houses a good collection of contemporary regional art." ur-mu.com

ILHAM Gallery

"Another public art gallery with a solid collection of Malaysian modern and contemporary art. They always have new exhibitions and programmes." ilhamgallery.com

Islamic Arts Museum Malaysia

"Recommended for history buffs and art nerds. It's got a beautiful collection of artefacts from the Islamic world. My personal favourites are the Ottoman swords." iamm.org.my

National Art Gallery

"Find even more contemporary Malaysian art here. I go for the art, but also for the space. I wish we had more spiral staircases like the ones in the main lobby." artgallery.gov.my

18

Langkawi

A hotel stay with an artsy twist

Imagine staying at a hotel where, after a soak in the pool, you can approach a sarong-clad artist and have a go at how she makes tie-dyed batik from the extract of the local Ketapang leaves and mangrove tree bark. This is Bon Ton Locale, a new project by Langkawi's landmark boutique hotel Bon Ton, which has integrated a living artist community and studios within the resort. Resident artists and musicians produce art and recordings that stay behind at Bon Ton Locale's lush open-air, eternally evolving Art Walk, while the project also raises awareness of the animal shelter on site. fb.com/bontonlocale



19

Sabah

Spicing things up

Malaysia is known for producing some of the world's hottest sambals, so it is about time it makes its own hot sauce. Launched in 2021, Sabasco is made from Sabah's distinctive Mompork chillis, found in the volcanic marshlands of Kunak on the southeast coast. Sabasco comes in original, sweet and spicy or green varieties and is best served with...well, everything. sabrasco.com



20

Penang

A space for bookworms and aspiring writers

If you want to immerse yourself in Penang's thriving arts scene, there's no better place to stay than Beach Street. Nestled between bookshops and bistros, you'll find Hikayat, a creative hub that at first glance seems like a bookstore, one well stocked with Penang-relevant literature. Delve a little deeper and you'll find that this one-stop cultural destination also hosts screenings, writing workshops, yoga sessions and more. Additionally, Hikayat offers a Writer's Suite available to rent at request – the cosy room features a stylish mid-century modern design and is an ideal base for the roaming writer. fb.com/hikayatpenang

IMAGE: GERAKBUDAYA BOOKSHOP PENANG (HIKAYAT)

ADVERTORIAL

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As borders reopen and tourism

picks up again, wearing a mask continues to be crucial to your protection. But most masks are much too uncomfortable, unsightly or detrimental to the skin for long-term wear, causing rashes and the infamous “maskne”. As the pandemic has evolved, so must our masks.

Enter the CALLIE 3D Wing Mask – a mask that combines ergonomics with contemporary fashion sensibilities.

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Easy on the Eyes – and Ears

Boring, drab masks, be gone! The CALLIE 3D Wing Mask comes in four neutral colour tones, namely Silverstreak, Grey Star, Sandstorm and Rock the Beige – perfect for mixing and matching with any outfit. Wear it at the office, over the weekend, on the plane and anywhere else you need stylish protection. Even better, the CALLIE 3D Wing Mask sports a new class of earloop that is as strong as it is soft and seamless. You might not even notice it’s there!

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ELEVATE

A global guide to uplifting updates for work, rest and play



SPOTLIGHT

Food of the future

They look pretty enough to eat, and that is the whole point of Australian artist Tanya Schultz's installations in "When Flowers Dream" – ongoing at the Shirley Sherwood Gallery of Botanical Art, Kew Gardens, until 5 March 2023. Schultz, who signs her works as Pip & Pop, created hand-assembled, technicolour installations of foods identified as neglected and underutilised. The show is part of Kew's Food Forever programme. "As the impact of climate change weighs heavily on our future, I hope to create a new artwork that is optimistic and allows us to imagine a better world," Schultz says. kew.org

Malaysia Airlines flies twice daily between Kuala Lumpur and London.

IMAGE: ROGER WOOLDRIDGE



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Dining Down Under

From secret hideouts that channel the roaring '20s to a quirky Malaysian-Austrian wine bar, here are some of Melbourne's newest options for hungry visitors **BY PAUL CHAI**

1 Kariton Sorbetes

This Asian-inspired gelato parlour takes its cues from the retro Filipino ice-cream carts (*karitons*) that would pull up in the neighbourhood that chef John Rivera lived in before moving to Melbourne. Served from his Chinatown shopfront are classic flavours like Ube Halaya (purple yam gelato with yam fudge and coconut curds) and Durian Chiffon (durian gelato with chiffon cake and palm sugar jelly) plus a range of even more daring specials. karitonsorbetes.com

2 Gimlet at Cavendish House

Opened in the midst of the pandemic and now one of the hottest restaurants in the city, this stylish cocktail bar and dining room in an historic Art Deco building is styled to look like a classic New York mid-century bistro with a black-and-white chequered floor, plush booths and an expansive central bar. You have to try the signature gimlet, a blend of Tanqueray 10 gin and vermouth with a triple citrus cordial and native Geraldton waxflower. gimlet.melbourne

3 Zaubertrank

German for “magic potion”, Zaubertrank is a wacky combination of aromatic German and Austrian wines teamed with Malaysian street food. It's odd, it's bold and it works when you combine an Austrian gruner veltliner with a tangle of fried anchovies with potato strings, chilli and peanuts. zaubertrank.com.au

4 Café de Flore

Coinciding with The Lume Melbourne's ongoing exhibition *Monet & Friends* – which invites you to immerse in the world of French Impressionism with the works of Monet, Renoir, Sisley and Degas projected on four-storey-high canvases – is a menu inspired by the flavours of 19th century France at Café de Flore. Visit this new 3,000sqm digital art gallery in Melbourne's Southbank area and tuck into Monsieur Monet (toasted sourdough with three types of cheese and seeded mustard béchamel) and pair it with the Spritz Monet. thelumemelbourne.com



5 Nick and Nora's

Slip past the green velvet curtains and you will find a bar that is dedicated to its mission of reviving glamorous speakeasies from the 1920s. It is named after the fictional crime-fighting duo of Nick and Nora Charles from Dashiell Hammet's *The Thin Man*. For a straight-up cocktail try the After the Thin Man: gin, vermouth, dark crème de cacao and orange bitters – it's like a Jaffa in a glass. nickandnoras.com.au



2



5

Where to stay Melbourne, Australia



Quincy

This Singaporean import has a great central location with colourful rooms that pay homage to Melbourne's well-known street art. Dining options are Singapore-inspired with Salted Egg dishing out traditional Southeast Asian food and Sing Song serving up bubble tea. Head up to The Q bar where you can have a signature Quincy Sling while looking across the Melbourne skyline. quincymelbourne.com



W Melbourne

Sitting on Melbourne's popular Flinders Lane, the W Melbourne is an artsy, ultra-modern stay with 294 rooms packed full of bold, colourful designs. At signature fine diner Lollo, renowned Melbourne chef Adam d'Sylva channels his Indian-Italian heritage into dishes like duck lasagne for two. Hotel bar Curious is a destination for cocktails and Culprit is where to get a shot of Melbourne's café culture. marriott.com



Oakwood Premier

Melbourne's Oakwood Premier is the property group's first hybrid hotel with 132 short-stay rooms and 260 permanent serviced apartments. The Southbank location is perfect for a walk up to the National Gallery of Victoria and is close to the central business district. The dining room, Fifth, is dominated by a wall of kangaroo paw prints and offers all-day dining with a range of mod-Oz meals. discoverasr.com

6 Naught

Based at the Naught gin distillery in suburban Eltham, this hybrid drinking spot – part speakeasy and part tiki bar – is all about the gin. The twisted tiki classics are the stars, so try the Humuhumunukunukuapua'a, named after the state fish of Hawaii. It packs a huge citrus punch with fresh lemon and pineapple, shaken with Naught Overproof Gin and house-made orgeat. Food is simple bar snacks of olives, anchovies, terrines and pates. naughtgin.com.au

IMAGES: CHRISTIAN MOSO (KARITON SORBETES), EARL CARTER (GIMLET), GRAHAM DENHOLM (NAUGHT), LUCAS ALLEN (W MELBOURNE)



BUSINESS

Camera rolling

Prashant Somosundram shares the top lessons he's learned as general manager of The Projector, an independent cinema operator in Singapore



Projector X: Picturehouse

With more and more people choosing to watch movies on their personal devices, it is a welcome surprise that not only is The Projector, an independent cinema operator in Singapore, still around – it is expanding.

Launched in 2014, it now has three branches across the island and continues to run exclusive screenings of critically acclaimed movies, including *Plan 75* and *Triangle of Sadness* in 2022. General manager Prashant Somosundram reveals the secret to their staying power.

What we got right

“An Indiegogo campaign helped partially fund The Projector when we first opened, so we were able to tap into a community from the start. In the past eight years, we have created a place of diversity and inclusivity where people can feel comfortable being themselves. Faced

“

We have created a place of diversity and inclusivity where people can feel comfortable”

with the threat of closure at the height of the pandemic, we launched a streaming service, The Projector Plus. Since then, we've had pop-ups like Electric Cinema at the old Pasir Panjang Power Station for one weekend. We have also expanded, with Projector X: Riverside, where we took over an abandoned girlie disco, and our latest project, Projector X: Picturehouse, a long-term pop-up at the historic Cathay building.”

Our plans for the future

“Since our original home at Golden Mile Tower continues to face the threat of demolition, we plan to expand to one or two more permanent locations in Singapore. We are also looking to grow our presence in the region – specifically Malaysia and Indonesia. We also want to grow our audience beyond the niche crowd whom we currently serve. There is so much good, thoughtful, artistic, eye-opening and entertaining content that we hope to make more accessible in Singapore and beyond.” theprojector.sg

Sit back, relax and watch an indie movie

Seoul

Emu Cinema is a cosy cinephile haunt that screens a mix of Korean and English films from independent directors. emuartspace.com

Bangkok

Located at Samyan Mitrethown, House screens Thai and English movies (with subtitles). They also host film festivals. housesamyan.com.

Tokyo

Cinema Qualite, in the basement of a Shinjuku building, has two screening rooms which can seat 86 and 78 people. qualite.musashino-k.jp



Indoor climbing has risen in popularity in recent years, with numerous rock-climbing and bouldering gyms opening around the world. Climbing aficionados travelling to England can now head to Parthian Climbing's new Southampton location, a sprawling 25,000sq-ft complex that's absolutely tricked out with world-class climbing facilities.

While the state-of-the-art venue houses seven different circuits for bouldering, its centrepiece is a carbon copy of the official bouldering wall used at the 2020 Summer Olympics in Tokyo, where sport climbing made its much-anticipated Games debut.

Other facilities include 25 auto-belaying courses that cater to a range of abilities, including two 10m-high IFSC Speed Walls, plus more than 120 colourful rope-climbing routes varying from beginner to advanced level.

The routes are switched up every quarter to keep things fresh and interesting for regular climbers.

If you're new to climbing, fret not. Parthian Climbing provides introductory sessions for adults, kids or the entire family to partake in together, as well as longer courses for adults. You'll learn all the basics of climbing from their team of expert instructors, such as how to set up your gear, tie into your harness and various climbing techniques so you can scale the walls with confidence.

The modern facility also includes two gyms and training areas, a café for refuelling at after your workout and a shop where you can stock up on essential climbing gear. parthianclimbing.com



SPORT

Rock your world

Feel like an Olympian at England's newest indoor climbing centre

Shop for sports accessories across the network



Hong Kong: Madame Quad

This Causeway Bay shop doubles up as a community hub for the HK Roller Derby team and offers an inviting environment to browse the racks of colourful skates. madamequad.com



Manila: Bikeary Bicycle

Find all the cycling gear you need, from safety reflectors and cycling shoes to squeeze water bottles and pouches that can be specially fitted onto your frame. bikeary.com



Sydney: Spooked Kooks

At this Bondi Beach spot, pastel-hued surfboards – designed for beginner and intermediate surfers – are manufactured using post-consumer recycled plastic waste. spookedkooks.com



VIDEO

Dance off

Malaysian artist Nadiah Bamadhaj's work at the Bangkok Art Biennale takes inspiration from New Zealand's haka ceremony and Indonesian military performances

Back for its highly anticipated third edition, this year's Bangkok Art Biennale – which runs until late February 2023 – sees a whopping 73 artists from 35 countries showcasing their creations.

Among the star-studded global line-up is Malaysia's very own Nadiah Bamadhaj, a sculptor and visual artist who was born in Petaling Jaya and trained in New Zealand, where her mother is originally from.

Audience members can visit Bangkok Art & Culture Centre to view Nadiah's work *Terpesona Dengan Kegelisahan*, a mesmerising digital video she created in 2022 after many years of working across other mediums. The piece depicts men dressed in military garb engaging in movement and song that's reminiscent of the haka ceremony that many New Zealand sporting teams put on before their international matches.

According to Nadiah, she was inspired by the Indonesian military performances she came across on YouTube and TikTok.

"These spoke of specific things for me – they intrigued me as an unabashed and spectacular display of masculinity and power," she says.

Nadiah then searched for a military

battalion she could work with to bring the piece to life. "This particular battalion was very receptive to my request for a collaboration," she says. "I feel I was in the right place and time. All the people, production teams and permissions just came into alignment."

The entire process took around a year, and the battalion even devised their own choreography. "The song they perform is a love song called *Terpesona*, but the delivery is a brutal show of strength, intended to generate fear," Nadiah says. "This irony had to be bottled into an artwork."

Terpesona Dengan Kegelisahan showcases Nadiah's commitment to examining the complex, ever-shifting power dynamics present in our world

today – not just in Indonesian society, but also Malaysia.

Yogyakarta-based Nadiah makes regular trips back to Malaysia to see her loved ones. "Everyone who comes home always talks about the food, but [one of my favourite things] is sitting on the deck of my mother's house and looking out over

the hills of Negeri Sembilan," she says. "Family and my relationship with my mother are the best parts of returning to Malaysia."

[instagram.com/nadiahbamadhaj](https://www.instagram.com/nadiahbamadhaj)
bkkartbiennale.com

“

The song they perform is a love song... but the delivery is a brutal show of strength, intended to generate fear”





Tokyo, London and New York are often the first cities mentioned when it comes to cutting-edge streetwear.

Bali-based designer Ican Harem is determined to change that.

The Indonesian creative runs his eponymous label from the Island of the Gods.

Born and raised in a strict Muslim family, Ican attended an all-male Islamic boarding school before going on to study at the Indonesian Institute of the Arts in Yogyakarta.

He eventually chose to drop out of college and proceeded to relocate to Bali, where he pursued his passion for music and began making clothes using the two sewing machines he brought along with him.

This ethos of constructing his own garments has stayed with Ican, even as his popularity and cultural cachet have increased. Rather than outsource the manufacturing, he still

painstakingly stitches each one-off item of clothing by hand from his studio.

Those looking to add to their stable of streetwear will have a field day with his current collection. Pieces include handmade bright orange and cobalt blue bags crafted from microfibre rugs; trousers patched together from upcycled Tommy Hilfiger denim and Reebok sweatpants; as well as structured outerwear in a riot of colours and striking, punk-inspired prints. Our advice? Grab these one-of-a-kind creations for your wardrobe before they're gone. icanharem.com



FASHION

Uniquely yours

Designer Ican Harem hand-stitches one-off streetwear from his studio in Bali

Shop for fashion across the network



New Delhi: PRXKHXR

This edgy streetwear label by Prakhar Chauhan specialises in unisex clothing adorned in bold, eye-catching prints: mandarin-collared shirts, casual tees, billowy shorts, sturdy utility jackets and even bucket hats. The graphics depict plants, animals and cultural iconography. prxkhr.com



Doha: Roni Helou

This Lebanese fashion designer makes androgynous, ready-to-wear items. Beyond crafting beautiful garments, the brand also takes sustainability seriously. Materials are obtained from vintage and deadstock sources, and they work directly with local tailors and artisans. ronihelou.com

IMAGES: GEORGE ROUJANA (RONI HELOU)




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Speakeasy street

A raft of unconventional cocktail bars is pouring new life into Kuala Lumpur's once-dilapidated Chinatown

Words **Sharon Crowther** Photography **Aim Aris**



Left:
Night scenes from KL's
Chinatown district

Standing at the entrance to Her House is a bit like being on the edge of a portal to another world. Magic mirrors and neon lights create a heady illusion that's certain to confuse patrons after a cocktail or two. It is a surprising discovery at the top of an ancient stairwell that the bar shares with some of Chinatown's oldest businesses: a dental clinic, a hair-waving salon and a mole removal specialist.

"Guests have asked us if the shops around us are real," Roy Leong, 38-year-old co-owner of Her House, laughs. "Sometimes people think we've staged it to look this way, like a museum, but it's all authentic." Leong should know. He grew up near Kuala Lumpur's Chinatown district and went to school a few blocks away. "You used to be able to hear the sounds of mahjong being played from all of these old streets," Leong recalls, "but times changed and, for years, people stopped coming here. It's good to see new generations re-discovering it."

Chinatown originated in 1870 and later established itself as a settlement for Chinese immigrants during the tin rush. As wealth grew, merchants built shophouses and, for a time, the community thrived. But as KL modernised, and the mining industry declined in the 1980s, the area fell into disrepair and disrepute.

Fast forward forty years and it's clear that times are changing. Her House opened in January 2022, three months after Malaysia lifted movement control restrictions. Located in a derelict unit in a century-old shophouse, once a mahjong café, Leong transformed the space with plush velvet furnishings and psychedelic murals. It became an instant hit with the social media crowd. "Concepts can be a bit more daring in Chinatown," confesses Leong, "it's one of the things that attracted us here."

Daring is right. A couple of blocks away from Her House, on Jalan Petaling, a street known for its plethora of food and clothing shops, you will find a risqué little speakeasy called G-String. Tucked inside the rafters of a shoptop, G-String is deliberately salacious, filled with naughty neon signs, provocative murals and patrons who line up at the bar to order suggestively-named cocktail drinks. And on Lorong Panggung, a laneway of restored shoptops a short walk away, is Concubine, which is an urban reinterpretation of Chinatown that is inspired by events that once took place within its walls.

Concubine is part of Kwai Chai Hong, an enclave of narrative murals in a once-uninviting back alley and one of Chinatown's recent revitalisation projects. It aims to transport visitors back to the 1960s, the era Zeen Chang,

Left to right:
G-String speakeasy
bar; Her House
cocktail bar

“
**Concepts can be a bit more
daring in Chinatown**
”









Left to right:
Rust; co-owner and bartender Haniff Yon

one of the project’s pioneers, calls “Chinatown’s golden age”. Kwai Chai Hong was completed in 2019, as was the restoration of the nearby Rex Cinema, a 1940s movie theatre turned derelict backpackers’ hostel, which is now an impressive arts and exhibition space.

Projects like these have accelerated the transformation of KL’s Chinatown, paving the way for a wave of new cocktail bars to create a wonderland of hidden establishments and speakeasies.

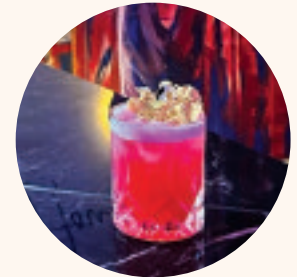
It isn’t all eyebrow-raising names and flamboyant interiors. A couple of blocks away, on Jalan Petaling, Rust is a quietly understated bar which opened in May 2022. It features a stripped-back interior of exposed brick and crumbling plaster that belies its colourful past.



KUALA LUMPUR



What to order



Her House

The bar’s take on Jungle Bird, Malaysia’s national cocktail, blends OFTD rum with Campari, fruit juices and coffee syrup. [instagram.com/herhousekl](https://www.instagram.com/herhousekl)



Rust

Midnight in Chinatown is gin, passion fruit, egg white and lemon juice – it makes for a fruity little customer favourite. [instagram.com/rust.kl](https://www.instagram.com/rust.kl)



Penrose

Jon Lee’s signature Penrose Gibson is gin, sake vinegar and shio kombu, served with an unexpected pickled leek in a twist on a classic. [instagram.com/penrose.kl](https://www.instagram.com/penrose.kl)

“We know there was a brothel here at some point,” says 32-year-old Haniff Yon, Rust co-owner and bartender. Yon has worked in bars all over the world, including a spell as a mixologist on a cruise liner. “These buildings all have that kind of history. That’s part of the reason we ended up keeping a lot of the original features of the shophouse and going with a minimalist, industrial look. We also just wanted a really chill vibe. I always liked Chinatown because it’s more relaxed than Bukit Bintang and more informal than downtown. It’s good to see the nightlife scene growing here.”

Further breaking the mould is Penrose, a sophisticated little space, seating just 25 people, which opened at street-level on Jalan Petaling in the summer of 2022. It is named after mathematician and physicist Roger Penrose and a sister venue to Wildflowers (located next door) and Merchant’s Lane, two of Chinatown’s more established venues. “Our concept is elevated and intimate,” says co-founder and

head bartender Jon Lee, 29, “which isn’t necessarily something you’d expect to find right at the heart of Chinatown. Bars here typically focus on colour and history, but we find people welcome the change of pace when they come inside.”

“
**I always liked Chinatown
 because it’s more relaxed
 than Bukit Bintang and more
 informal than downtown**
 ”

**Opposite page,
 top to bottom:**
 Penrose; co-founder
 and head bartender
 Jon Lee



Where to eat post-drinks

Between cocktails, indulge in some of Chinatown’s best-loved street food.



MEE TARIK

On Jalan Sultan is a down-to-earth eatery known for its *mee tarik*, hearty bowls of steaming beef noodle soup. Their chunky ramen is hand-pulled on site. Expect to queue for a seat.



DA BAO

This is a lively spot for modern bao with its own cocktail bar, Kapitan Haus, upstairs. Vegan, spicy chicken and octopus bao take centre stage. fb.com/dabaomalaysia



LAI FONG LA LA NOODLES

On Jalan Petaling is an eatery famous for its colossal bowls of steaming hot noodle soup heaped with a generous portion of clams. instagram.com/laifoonglalanoodles



Lee, a dapper chap who takes his alcohol very seriously, has poured behind some of the world's best bars, including Singapore's Tippling Club. He describes the interior as "monotone and subtly futuristic" (being loosely inspired by the movie *Dune*). It gives centre stage to a small but ambitious drinks menu. "Our cocktails are built around the concept of Penrose tiling which is a repetition of five-sided structures stacking together in an infinite number of ways through time," he explains, sheepishly confessing to being "a bit of a geek, really."

Lee's mathematical menu of highballs, sours and spirit-forward cocktails are governed by the five elements of alcohol, taste, flavour, body and dilution. Each one is made from scratch with flavours and sugars derived from fresh ingredients and often complex processes.

"I think it's a daring concept in its own way," says Lee, "it's different, and Chinatown has always held a space for that. That's why we're here."



Malaysia Airlines flies from Kuala Lumpur to 15 destinations in Malaysia and 39 destinations internationally (subject to border restrictions and operational requirements).

The future of Malaysian hospitality is here

With iButlers, customised suites and the first Gordon Ramsay Bar & Grill outside of the UK, Sunway Resort Hotel is leading the way

Visitors to Kuala Lumpur are in for an unmissable treat.

Earlier this year, Sunway City, the 800-acre sustainable city in southwest KL, revealed the new and improved Sunway Resort Hotel, an exciting marriage of sustainable design and high-tech luxury – and some of the biggest global names in F&B.

Luxurious New Rooms & Villas

The revamped Sunway Resort Hotel features 477 rooms across 12 new room categories, all geared to suit different types of travellers.

Sound machines for quality sleep and in-room Technogym equipment enhance the Wellness Suites, while Business Suites are equipped with all the fixings of a good remote office. Family Fun Suites come with gaming consoles and karaoke machines to delight grown-ups and kids alike.



Guests are also treated to keyless entry, IPTVs, IP telephones, motion sensor-activated night lights and other amenities. iButlers are available on request to show you how to make the most of your gadgets.

Gordon Ramsay Comes to KL

Gastronomy lovers take note. Sunway Resort Hotel is now home to Gordon Ramsay Bar & Grill, the legendary chef's first namesake outlet outside the United Kingdom.

Embodying British sophistication, the restaurant includes private dining rooms, semi-private booths and a cocktail bar boasting floor-to-ceiling windows.

Insta-foodies will also be glad to know that New York-based Black Tap Craft Burgers and Shakes – and creator of the dazzling CrazyShake milkshakes – has just launched its first Malaysian outlet in Sunway Resort Hotel. Cameras and appetites at the ready!

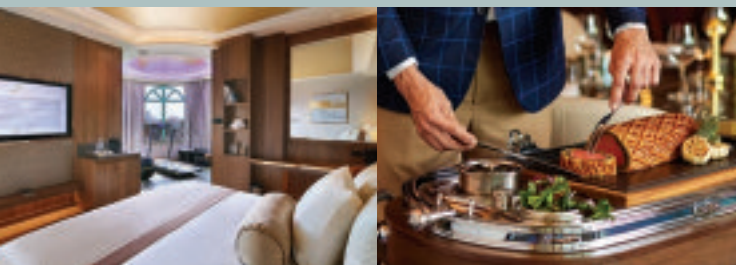
Best part? Much of the farm-fresh produce will be grown at Sunway's very own XFarms hydroponic farm.

Business, Leisure, Fun

Beyond the rooms and restaurants, curated shared spaces complete your stay. Business travellers can focus on work at 20th Club, the sleek high-floor executive lounge, or even organise a large corporate event at the Sunway Pyramid Convention Centre.

Parents can take a breather at the Premium Leisure Lounge while their kids enjoy educational activities at the nearby Wonderland Explorers or splash about at Waterventure. And no visit to Sunway Resort Hotel is complete without a few hours at Sunway Lagoon theme park – 88 acres of fun for all ages spread across six entertainment zones.

Be it business travel or leisure, Sunway Resort Hotel is the future of Malaysian hospitality. See you there!



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Bangkok for the ethical diner

From providing jobs for refugees to working exclusively with local organic farmers, the capital city's top food figures are reshaping the role restaurants play in Thai society

Words **Craig Sauers** Photography **David Terrazas**





Left to right:
 Baan Tepas 12-plot garden; Bo.lan's outdoor terrace; Sakson "Saks" Rouypirom of Na Café training a young apprentice; herbs growing at Baan Tepas's garden

Thai food is undergoing a quiet revolution. But it isn't rooted in cooking radical nouvelle cuisine or finding new fusion flavours to serve. As the sustainability movement gains steam globally, chefs and restaurateurs in Thailand have sought to develop a more ethical way to eat – a way of cooking that circles back to the produce on their plates and their impact on both people and the planet.

From using seasonal ingredients to supporting small-scale organic farmers, many are seeking to develop a healthier food system. Others have aimed to transform lives through fairer pay, upskilling and work opportunities that can offer a pathway to success for members of marginalised communities.

Their work represents a next step forward for sustainability. It's not just about reducing plastic waste or incorporating homegrown herbs into dishes anymore. It's about transforming the very nature of dining.

BANGKOK

This page, clockwise from bottom: Bo.lan's ingredients are sourced from Thai farmers; Dylan Jones, one of Bo.lan's chefs and co-founders; the interior of Bo.lan

Right: Bo.lan's Grocer sells goods from some of Bo.lan's 60-plus suppliers

BO.LAN: SUSTAINABILITY PIONEERS THAT CONTINUE TO BREAK NEW GROUND

For Bo.lan, sustainability started with a simple solution to a common problem. Shortly after Duangporn Songvisava and Dylan Jones – the “Bo” and “Lan,” respectively – opened their acclaimed fine-dining Thai restaurant in Bangkok 14 years ago, they realised they could keep tonnes of plastic out of landfills by serving filtered water. Soon, they found themselves phasing out more than just plastic. “Every time we looked at what we were doing, we found something else we could change to make the restaurant not just more environmentally friendly, but also more efficient,” Jones explains. So they started composting, installed solar panels and launched sustainability training for their staff.

To educate their diners feasting on southern-style seafood curries, grilled squid with papaya salad and rice noodles with galangal-infused chilli jam, Bo.lan began giving away keepsake clothes made from beeswax. On these, they printed information about the Thai farmers,

cultural heritage and biodiversity that customers supported by eating at Bo.lan. They also set about developing a more regenerative, people-focused food system in Thailand.

In 2020, Songvisava and Jones established Bo.lan Grocer, which sells goods from some of Bo.lan's 60-plus suppliers and gives consumers a clearer picture of the provenance of their food. Two years later, they launched The Food Trust, a hub for ethically grown produce and education with two branches: one at Bo.lan in Bangkok, the other in Chiang Mai (see sidebar), run in partnership with chefs Andy Ricker and Paolo Vitaletti.





Organic Garlic Powder 50g
100% ORGANIC GARLIC POWDER
100% ORGANIC GARLIC POWDER

PRICE LIST

NON-SOY SAUCE

SOY SAUCE	100g
TRADITIONAL SAUCE	100g
PRESERVED SOY	100g
SOY BEAN	100g
SOY BEAN	100g

FISH SAUCE

MILK	100g
BLOND ANJAP	100g
SAFFRON	100g

POWDER

ORGANIC	100g
ORGANIC	100g
ORGANIC	100g



Organic Preserved Soy 50g
100% ORGANIC PRESERVED SOY
100% ORGANIC PRESERVED SOY

PRICE LIST

SUGAR & SALT

CANE SUGAR 500G	120
50G	180
S. SALT 500G 500G	120
S. SALT 500G 300G	120
S. SALT 500G 100G	120
S. SALT 500G 50G	120
S. SALT 500G 200G	120

PENNE

WHITE	120
BLACK	120

DEEP FRIED

SABIK	100
SHALLOT	100

WE FOOD MARKET, STRAITS



Organic Preserved Soy 50g
100% ORGANIC PRESERVED SOY
100% ORGANIC PRESERVED SOY



Organic Rice Flour 50g
100% ORGANIC RICE FLOUR
100% ORGANIC RICE FLOUR



BANGKOK



BAAN TEPA: TAPPING THE POTENTIAL OF URBAN FARMING

Bo.lan is far from the only restaurant making a difference. With more chefs and restaurateurs putting people and the planet into their profit models, it's easier than ever to eat ethically in Bangkok. Chudaree "Tam" Debhakam, an alum of green pioneer Blue Hill at Stone Barns in upstate New York, says sustainability has become second nature for her at Baan Tepas, which ranked 86th on the Asia's Best Restaurants list in 2022.

A 12-plot garden provides produce for Tam's Thai dishes and serves as a learning hub for her staff. Every five weeks, cooks and service staff compost, trim plants and take care of seedlings with the gardeners. At the end of their rotation, they give a presentation and discuss what they've learned with the whole restaurant team. "In order to move forward, I need everyone to be at the same level of understanding and commitment. Otherwise, it's never going to happen," says Tam.

At Baan Tepas, waste management matters, too. Scraps become compost, such as the leftovers from dishes like Stuffed Duck – 14-day-aged duck stuffed with lotus seed and local mushrooms. (This main dish is made using a recipe from Thanpuying Gleebe, a culinary pioneer born in 1876 who fused French cooking techniques with Thai ingredients.) Recyclables are sold and proceeds become tips shared among the staff. Tam has also hired a consultant to collect data, measure waste and calculate how much carbon her restaurant produces.



And then there's the food. Tam specialises in heritage recipes prepared with a modern touch. When she starts creating new dishes, she looks back to tradition, scouring old cookbooks that shed light on everything from techniques to seasonality, to why some dishes are eaten only at certain times of the year. "It's all linked to sustainability – to eating more naturally, having a more diverse diet and not forcing nature to bend to our wishes," Tam explains.

Left to right:
Artful touches at Baan Tapa; vintage pieces adorn the dining area; Baan Tapa's food is prepared using heritage recipes; chef-owner Chudaree "Tam" Debhakam



“
It's all linked to sustainability – to eating more naturally, having a more diverse diet and not forcing nature to bend to our wishes
”



A TWIST ON DRINKING RESPONSIBLY

A relatively new venture that seeks to reduce the booze industry's carbon footprint, ecoSPIRITS limits waste and fuel by importing spirits in bulk and refilling containers – called ecoTOTES – for Bangkok's top bars. Next time you want to drink responsibly in the City of Angels, head to these night spots.

BKK SOCIAL CLUB

At the flagship bar of Four Seasons, you'll find loads of drinks that recall the glamour of old Buenos Aires – including, of course, rum. Specifically, Plantation rum delivered by ecoSPIRITS. [instagram.com/bkksocialclub](https://www.instagram.com/bkksocialclub)

VESPER

What could be more fitting than an eco-friendly Widges gin martini at a bar named after the boozy classic? [instagram.com/vesperbkk](https://www.instagram.com/vesperbkk)

LENNON'S

You can pick your poison at the Rosewood's speakeasy-style lounge, but try the vodka-based ecoMALI, featuring T&T vodka from ecoSPIRITS, jasmine flower botanicals and re-carbonated Champagne. [instagram.com/lennons.bkk](https://www.instagram.com/lennons.bkk)

OPIUM BAR

At Chinatown's hippest new bar, hidden above Potong restaurant, go for the Rosita, the mescal-based cousin of the Negroni. Soon, you'll be able to ask for it with La Travesía mescal, courtesy of ecoSPIRITS. [instagram.com/restaurant.potong](https://www.instagram.com/restaurant.potong)

PENTHOUSE BAR + GRILL

With over 160 labels ranging from single malts to blends, Penthouse is the place to go for whisky – including Mackintosh, a blend of single malts from Highland and Speyside, delivered by ecoSPIRITS. [instagram.com/penthousebangkok](https://www.instagram.com/penthousebangkok)



UNDER ONE CHIANG MAI ROOF

Launched by Bo.lan co-founders Duangporn Songvisava and Dylan Jones, American chef Andy Ricker (Pok Pok) and Italian chef Paolo Vitaletti (Appia, Peppina), The Food Trust Chiang Mai operates out of a warehouse-like space just east of the old city. Its mission? To serve great food and drinks while supporting biodiversity, ethical sourcing and the slow-food movement.

Tuck into pizzas made with organic Thai ingredients at Peppina Verde, while sipping on local coffee and cocktails from Right Hand Coffee and Lai Lai Bar. Shop for artisanal products from Bo.lan Grocer, or attend pop-ups from visiting chefs. You can also sign up for workshops such as natural soap-making, sustainable wine masterclasses, brunches and organic-cheese tastings – all highlighting local producers and suppliers. [instagram.com/foodtrustcnx](https://www.instagram.com/foodtrustcnx)



NA CAFÉ: EQUIPPING VULNERABLE COMMUNITIES WITH SKILLS FOR LIFE

For social entrepreneur and restaurateur Sakson “Saks” Rouypirom, sustainability also circles back to people. As CEO and co-founder of Na Café – as well as founder of the non-profit SATI Foundation and the plant-based, zero waste-focused restaurant Broccoli Revolution – Saks provides professional training and support for vulnerable communities such as refugees and at-risk youth.

At Na Café, those old enough to work learn a lot more than how to julienne vegetables. They discover how to portion plates, source products, manage costs and more. When the restaurant hosts one of its regular “refugee” dinners, the people in the programme get to show off what they’ve learned, plus some of their home-cooking from places like Afghanistan, Sri Lanka, Syria and Zimbabwe.

“Let’s say they get to the next country. Maybe they work at a hotel

Left to right:
The interior of Na Café; Sakson “Saks” Rouypirom owns Na Café and several restaurants around Bangkok; tableware stacked in vintage cupboards; Na Café is housed in a European-style house that’s over a hundred years old

or restaurant, or maybe they get to start their own business. Now they have the skills and knowledge to do that,” says Saks.

These intimate, 20-person dinners also put money in their pockets – refugees cannot legally work in Thailand – and shine light on the issues they continue to face just to get a fair shot in life. “Most people have no clue what they’ve endured. These folks have no home,” Saks explains.

Since Na Café began in 2020, close to 10 kids from low-income Bangkok communities have “graduated” from the programme, as Saks puts it. Now, they’re working in cafés around town. Some work at his restaurants too, including Buenazo, a ceviche spot at The Commons Thonglor.

Several refugee families close to Saks have also seen their odds change. After nine years in limbo, one Pakistani family finally got resettled in November. Now, they live in Canada.

But as Jones, Tam and Saks understand all too well, from overhauling food systems to developing greater social equality, sustainability is a long game. “Our understanding of sustainability continues to grow and change,” says Jones. “The deeper we go into it, the more I realise we all have so much more to learn.”



Malaysia Airlines flies four to five times daily between Kuala Lumpur and Bangkok.

A Hidden Gem in the City

Royal Selangor Visitor Centre is an unmissable destination in Kuala Lumpur

Experience Malaysia's living heritage and immerse yourself in Royal Selangor's rich history at the height of colonial Malaya's tin rush. Witness the evolution of arts, culture and craftsmanship through stimulating exhibits, live demonstrations and pewter crafting workshops.

There's something for everyone at the visitor centre. Here are all the reasons why it belongs on your must-visit list!

Learn & Explore!



Enjoy a complimentary museum tour, where you will learn about the rise of Royal Selangor and tin mining in Kuala Lumpur through artefacts from as far back as the 1800s.

Kids can learn and play at the Science Discovery Gallery and learn through engaging hands-on exhibits.



Visit the live pewtersmithing demonstration stations, where you will witness time-honoured techniques of creating handcrafted pewterware.

Get Crafty!



The Foundry

Unleash your creative genius at The Foundry workshop. Craft accessories from molten pewter using pre-set moulds. The more adventurous can opt to give freehand a try. Suitable for older kids and adults.



School of Hard Knocks

Be a pewtersmith for a day and craft a pewter bowl using traditional tools and a wooden hammer, similar to those used by pewtersmiths more than 100 years ago. You will receive a certificate of completion.

Create Memories!



Tease your taste buds with a variety of bistro-style dishes at The Café. For those who enjoy live music, look out for the music weekends that feature live jazz performances.

Other seasonal activities also include school holiday fun for kids (and parents!).



There are plenty of interesting photo ops at the visitor centre, from the World's Largest Pewter Tankard to a replica of the Twin Towers, made with over 7,062 tankards. Capture your happy moments, share them on social media and tag @royalselangor.

ROYAL
SELANGOR

Visit the Royal Selangor Visitor Centre at 4 Jalan Usahawan 6, Setapak Jaya, 53300 Kuala Lumpur. Open daily from 9:00 am - 5:00 pm. For more information, call +603 4145 6000, or email visitorcentre@royalselangor.com.



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Take the road (trip)

less

When it comes to Kedah, Langkawi often takes credit as the most popular destination. Determined to discover more of what northwest Malaysia has to offer, we set out on a four-wheel adventure in state capital Alor Setar, crossing paths with hidden lakes, limestone peaks and archaeological wonders along the way

travelled

Words **Marco Ferrarese**

Photographs **Kit Yeng Chan, Thinnesh Kumar**



Gunung Keriang has been noted as appearing similar to a giant grass-covered elephant wading through a paddy field. It's while standing on top of this 217m-high limestone hill that I peer down at golden patches of agricultural land cut in half by an asphalt snake slithering northward. Red-roofed houses surround the small parking lot where I spot my white Perodua Myvi rental car which, from this height, looks more like the Matchbox cars of my youth.

I am on a three-day, 350km journey across the heart of Kedah state. Wedged between the Strait of Malacca and the southern fringes of Thailand, it is one of Malaysia's most unsung corners, and a delight to explore by road.

**DAY 1:
FROM ALOR SETAR TO BERIS LAKE**

Leaving that rocky elephant behind, I skirt the northern fringes of Alor Setar, the state capital and birthplace of Malaysia's former prime minister Mahathir Mohamad, to drive east along road 175. Soon enough, the last neighbourhoods thaw into coconut palm-lined green paddies that occasionally break into meandering streams where water buffalo come dip their heads and drink. Soon enough, the lower flanks of





IMAGE: SHUTTERSTOCK (GUNUNG KERIANG)



Malaysia's central Titiwangsa mountain range comes into view like a viridian bump on the horizon. It takes about an hour and a half to hit the shore of Pedu Lake.

Once home to the thriving Mutiara Resort, the lake is now abandoned. I leave my car at the resort's empty parking lot and sneak in through the open gates. As I walk along the shore, the calm on this stunning speck of water surrounded by rainforest is surreal: It is just a frame of undulating slopes topped by Tualang trees tumbling upon the shore, a few local fishermen floating on their dinghies – and me.

After hopping back in the car, I drive another hour south along road K13 and when I hit 175 again, the green hills around me break into a jagged pool of water blanketed by low clouds. I reach Beris Lake and enter the gates of D'Puncak Beris Lake Resort, where wooden chalets are nestled along the lakeside.

Here, nature lovers also have the option to set up camp on a grassy meadow next to the water. Kayaks can be used to paddle to the centre of the lake, where rays of sunshine create a glittering surface. Barbecue pits are available for grilling and guests can doze off to the sounds of frogs and crickets competing over which can pull off the loudest serenade.

Left to right:

A wooden chalet in Beris Lake; the lake at night; elephant-shaped mountain, Gunung Keriang

DAY 2: FROM BERIS LAKE TO BALING

My destination for the next day is the town of Baling, where the two ends of a twin limestone range soar like a bullhorn in the opposite peaks of Gunung Baling and Gunung Pulai. Forgotten by mass tourism today, Baling was a crucial settlement in Malaysia's history, used as an entry point by the Japanese invaders in the 1940s. In 1956 Baling hosted the unsuccessful peace talks to end the Malayan Emergency – a decade-long struggle between the British colonial army and the pro-independence communist guerrillas of the Malayan National Liberation Army.

Baling was also the site where thousands of students protested for peasant rights in 1974, and on 19 November 1985, police and villagers clashed at Memali village during the turbulent arrest of the devious preacher Ibrahim Mahmud, who was killed in the incident.

Despite its history, the Baling of today is as peaceful as the pools of the Ulu Legong Hot Springs – conveniently located 20km northeast of town. A plunge in the steaming baths serves as great prep for another nearby climb.



“
**The Baling of today
is as peaceful as
the pools of the Ulu
Legong Hot Springs**
”

More nature spots in Langkawi

KILIM GEOFOREST PARK

Located a short drive from Kuah Jetty in Langkawi, this park is a great option if you're looking for educational kid-friendly activities. The mangrove tours here will get you up close to the park's wildlife, which includes a resident colony of bats.

kilimgeoforestpark.com

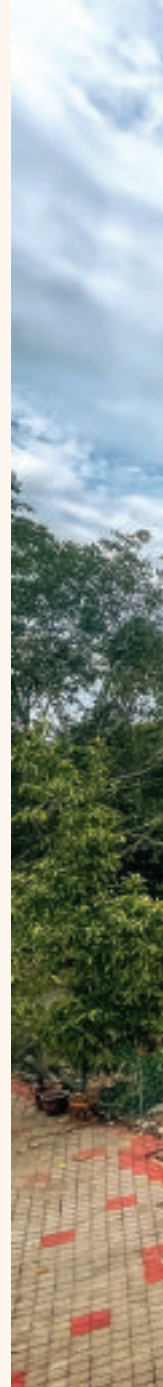
LANGKAWI WILDLIFE PARK

To get even closer to the wildlife, pay a visit to this zoo which is home to over 150 species. There are also kid-friendly animal encounters and feeding sessions you can participate in. langkawiwildlifepark.com/ticket/



Left to right:
On top of Gunung Baling; aerial view of Baling town against Gunung Baling





Travel tips from a novelist

Novelist Karina Robles Bahrin, who just published *The Accidental Malay* (a gripping urban romance about coming to terms with Malaysia's ethnic divisions) loves the rest of the state of Kedah, but has a particular soft spot for its prime holiday island.

She suggests starting your day in Langkawi with a cruise to the stunning deserted beaches and secret spots around its lesser-known 99 outlying islets. In the afternoon, grab a snack of *goreng pisang* (banana fritters)

at her favourite stall next to the Petronas petrol station in Kedawang. Alun-Alun Spa is perfect for a pampering session before you take in the famed Langkawi sunset with some smashing cocktails at Ah Chong bar on Pantai Cenang. Cap off your evening with dinner at the secluded fatCUPID in Pantai Tengah. Enjoy delectable Nyonya and Malay dishes accompanied by a glass of wine, a cocktail or an ice-cold beer. [alunalunspa.com](https://www.alunalunspa.com); [instagram.com/ahchongbar](https://www.instagram.com/ahchongbar); [fatcupid.com.my](https://www.fatcupid.com.my)





crispy *roti bakar* – char-grilled slices of white bread smeared with butter and kaya – helps me refuel for the remainder of the journey.

Schedule time for a visit to Wat Charok Padang, a quirky attraction near the town of Sik. The walls of this Thai Buddhist temple are uniquely plastered with rows of glass bottles, and there's also a giant bottle sculpture standing among Bodhisattva and Buddhas next to the complex.

Driving back, the tip of Gunung Pulai looms in the distance, but it'll have to wait as Alor Setar beckons. Driving along road 67, I loop southwest via Sungai Petani to Merbok village, nestled at the feet of another giant, Gunung Jerai. With its height, the mountain has served as a navigational point for Indian traders and seafarers for at least 1,500 years. That may be one of the reasons for the existence of the last attraction I have come to marvel at: the Hindu and Buddhist temples of

the Bujang Valley, one of Peninsular Malaysia's least promoted but most important archaeological sites. It testifies to a South Indian civilisation that is believed to have settled here from the third to the 14th century AD.

Leaving history behind, I come full circle by speeding on the North-South highway from Gurun back to Alor Setar. Whether I look left or right, I see an endless line of flat paddy fields flanking the highway – and by now I know they're just a clever decoy to keep the masses away from the secrets of Kedah's unspoiled backcountry.



Malaysia Airlines flies twice daily between Kuala Lumpur and Alor Setar.

DAY 3: FROM BALING TO ALOR SETAR

Of the two peaks, Gunung Baling is the less technical and more accessible. Starting at 8am, I trek through a jungle path that balds into bare rock the more it slogs uphill. The morning workout is worth it: From the 546m-high peak, cerulean blue sky and a carpet of rolling green hills magnificently blend on the horizon into the silhouette of Penang island, floating 96km away.

An hour later, still drenched in sweat, I sit down at Warung Mat Noi, an al fresco café set amidst tall trees on the side of the roundabout that marks the entrance to Baling town proper. The simplicity of this warung's tables and aqua blue plastic chairs spilling around a corrugated iron roof provides the perfect resting spot. A

This spread:
Wat Charok Padang, a Thai Buddhist temple near the town of Sik

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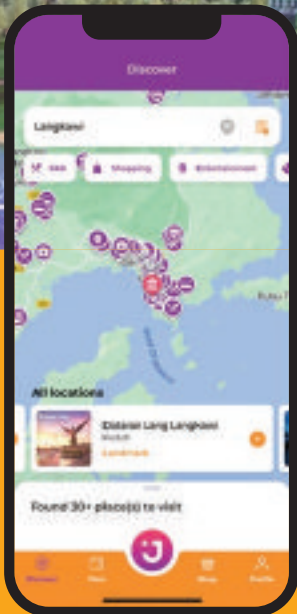
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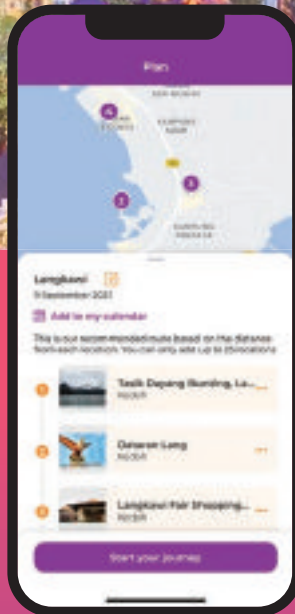
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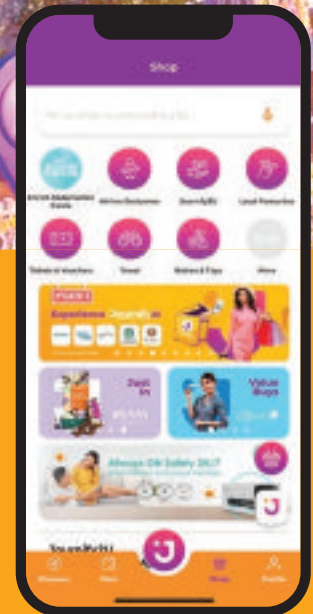
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FLY MALAYSIA



Welcome on board Malaysia Airlines. This issue, we're featuring the airline's MHFlySafe campaign, the reopening of the Platinum Lounge at KL International Airport, and other exciting new offerings for post-pandemic travellers.

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Inside Malaysia Airlines

News and updates, including contactless boarding at KLIA and our successful safety audit by IATA

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Discover our network

See where Malaysia Airlines can take you, around the country and around the world

69

Onboard entertainment

Keep yourself entertained with our latest releases of Hollywood movies, TV shows and music



Fly confidently with Malaysia Airlines

Malaysia Aviation Group has launched its **MHFLYSAFE** campaign on the heels of a successful audit by Bureau Veritas Certification Malaysia on Malaysia Airlines, Firefly, MASwings and AeroDarat Services in 2022. The certification validates the Group’s health and safety standards with globally recognised best practices and recommendations. It also marks a timely occasion, as the Group works with stakeholders and partners to facilitate a seamless and safe experience for leisure and business travellers.

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MASK-ON POLICY WHEN IT'S NEEDED

While we have removed the mask mandate onboard commercial aircraft – except where the usage is compulsory in destination countries – passengers who are unwell, high-risk individuals and those travelling with high-risk individuals are still strongly encouraged to continue wearing masks onboard.

Contactless boarding at KLIA

Passengers travelling domestically in Malaysia can now experience seamless travel with EZPaz, which uses facial recognition technology to automate check-in, security clearance, and boarding.

This service is part of Malaysia Airports Holdings Berhad (MAHB) and Malaysia Airlines' efforts to offer passengers a contactless journey.

For contactless boarding at KLIA, passengers can look for eight units of Enrolment Totem on Level 5 (Door 1 & 2), near Row A/B, at the MH domestic check-in counter. There are also five Enrolment Totem units near Row D, as well as two units near the domestic pre-security entrance.

Passengers who have enrolled on the EZPaz facility will be able to pass through the E-gates from the pre-security checkpoint for domestic departure.



See you at the lounge!

One of the many things you can look forward to on your next flight from KL International Airport is a visit to our Platinum Lounge, which reopened in July 2022 and is now operating 24/7.

Passengers and frequent flyer members travelling via Business Suite, Enrich Platinum, Enrich CIMB World Elite, First Class on codeshare flights (Malaysia Airlines-operated flights), oneworld First Class, and oneworld Emerald can access the lounge, which

offers guests exclusive fine dining experiences and spacious facilities to refuel before their flight.

The Platinum Lounge is equipped with facilities such as washrooms, private shower suites, and nap rooms; while the Platinum Suite boasts a spacious and comfortable seating area, where guests can unwind, quietly work, or simply take in the picturesque views while enjoying the premium Malaysian Hospitality experience.



MAB awarded IATA's Operational Safety Audit

Malaysia Airlines Berhad has successfully been awarded the International Air Transportation Association's (IATA) Operational Safety Audit (IOSA) registration for the ninth time, effective immediately until July 2024, following the completion of stringent audits conducted by the global aviation body's safety auditors on the airline.

The IOSA renewal audit was conducted in February 2022 and covered eight key operational areas: Corporate Safety, Security, Flight Operations, Ground Operations, Engineering and Maintenance, Crew Training, Dispatch and Operations Control, and Cargo Operations.

The IOSA programme is an internationally recognised and accepted evaluation system and has become the industry benchmark in safety auditing, contributing to improving safety performance and providing extensive cost-saving measures for IOSA participating airlines.



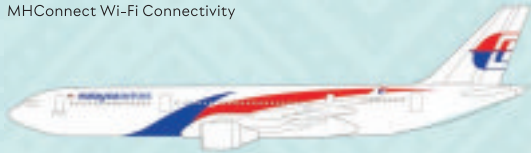
A350-900

No. of Aircraft **6** | Passenger Seating **286**
Length **66.80m** | Wingspan **64.75m** | Height **17.05m**
Max. Cruising Speed **944km/h**
MHConnect Wi-Fi Connectivity



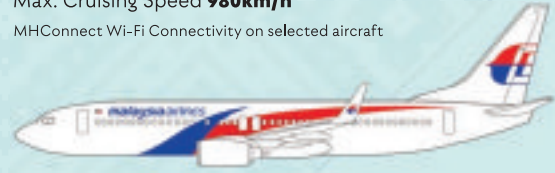
A330-300

No. of Aircraft **15** | Passenger Seating **290**
Length **63.66m** | Wingspan **60.30m** | Height **16.79m**
Max. Cruising Speed **980km/h**
MHConnect Wi-Fi Connectivity on selected aircraft



A330-200

No. of Aircraft **6** | Passenger Seating **287**
Length **58.82m** | Wingspan **60.30m** | Height **17.39m**
Max. Cruising Speed **880km/h**
MHConnect Wi-Fi Connectivity on selected aircraft



B737-800NG

No. of Aircraft **39** | Passenger Seating **160-166**
Length **39.5m** | Wingspan **38.50m** | Height **12.50m**
Max. Cruising Speed **857km/h**



ATR 72-500

No. of Aircraft **9** | Passenger Seating **72**
Length **27.05m** | Wingspan **27.17m** | Height **7.65m**
Max. Cruising Speed **510km/h**



B737-800NG

No. of Aircraft **4** | Passenger Seating **189**
Length **39.5m** | Wingspan **38.50m** | Height **12.50m**
Max. Cruising Speed **857km/h**



A330-200F

No. of Aircraft **3** | Maximum Cargo Capacity **65 (70) tonnes**
Length **58.82m** | Wingspan **60.30m** | Height **16.88m**
Max. Cruising Speed **1,021km/h**



ATR 72-500

No. of Aircraft **10** | Passenger Seating **68**
Length **27.05m** | Wingspan **27.17m** | Height **7.65m**
Max. Cruising Speed **510km/h**



Viking DHC-6 Twin Otter Series 400

No. of Aircraft **6** | Passenger Seating **19**
Length **15.77m** | Wingspan **19.80m** | Height **5.94m**
Max. Cruising Speed **337km/h**

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For safety reasons, and in line with Civil Aviation Authority of Malaysia guidelines, mobile phones and all PEDs must be switched off for take-off and landing. Whilst cruising, devices placed in flight mode may be used. Devices transmitting strong signals must remain switched off throughout the flight, until disembarkation. The Captain may prohibit the use of devices that can interfere with the aircraft's system.

LITHIUM BATTERIES
Lithium metal or lithium ion cells or batteries for portable electronic devices (PEDs), including medical devices, must not exceed 2g for lithium metal batteries and 100Wh for lithium ion batteries. All spare batteries, including lithium metal or lithium ion cells or batteries, for PEDs must be carried in passengers' carry-on baggage only. These batteries must be individually protected to prevent short circuits. PEDs containing non-spillable batteries, they must be 12V or less or 100Wh or less. Passengers are allowed to carry a maximum of two spare batteries onboard. These batteries must be individually protected to prevent short circuits.

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Fresh and frozen seafood is strictly not permitted in check-in baggage. It may be accepted in cabin baggage, subject to the destination's quarantine regulations. It must be properly packed and meet

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OUR NETWORK

ILLUSTRATIONS BY ELEN WINATA

*THE ROUTE MAP IS FOR ILLUSTRATIVE PURPOSES ONLY AND IS NOT DRAWN TO SCALE



Sea of Okhotsk

Sea of Japan

East China Sea

NORTH
PACIFIC
OCEAN

Philippine Sea

South China Sea

Bay of Bengal

Andaman Sea

INDIAN
OCEAN

Arafura Sea

Timor Sea

Coral Sea

- Malaysia Airlines
- ◆ Firefly
- MASwings
- Amal

EXPLORE MALAYSIA



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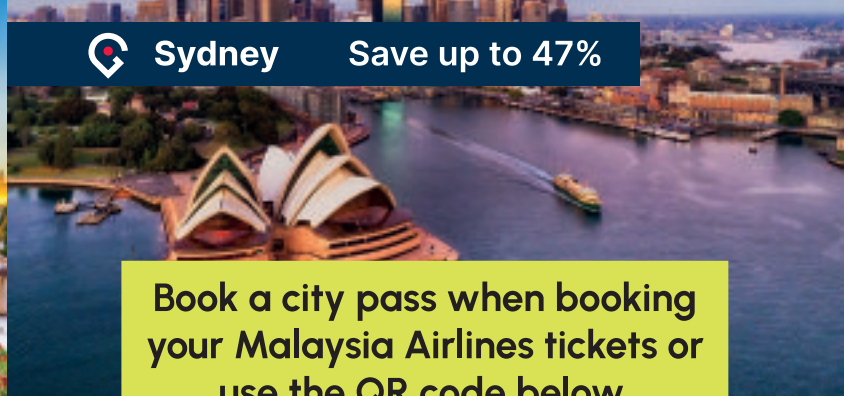
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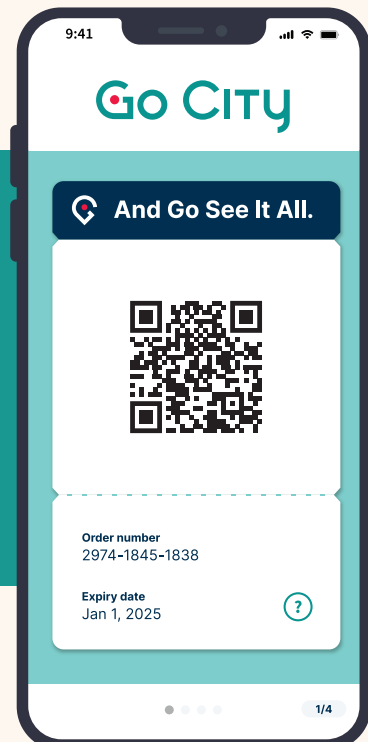
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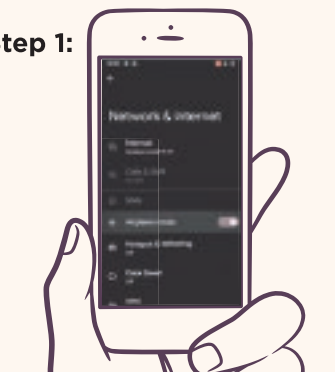
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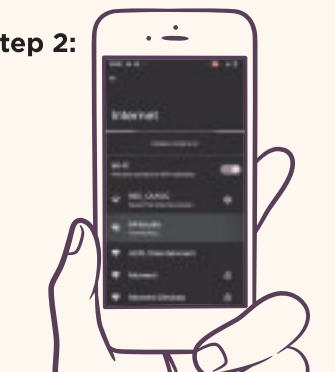
How to access **MHstudio**:

Step 1:



Activate airplane mode.

Step 2:



Activate Wi-Fi and select '**MHstudio**'

Step 3:



Connect to mhstudio.streamonboard.com



That's it! Now you can browse and enjoy entertainment from the comfort and convenience of your own device.

Notes:



Ensure your personal device is Wi-Fi enabled and equipped with Chrome or Safari internet browser. Bring along a headset or earphones for your entertainment pleasure and that of the passengers around you. Should you need to charge your device, power outlets are also available at each individual seat.





Hollywood



Top Gun: Maverick

130 mins | PG-13 | Action, Adventure | E

After more than thirty years of service as one of the Navy's top aviators, Pete 'Maverick' Mitchell is where he belongs, pushing the envelope as a courageous test pilot and dodging the advancement in rank that would ground him. When he finds himself training a detachment of Top Gun graduates for a specialized mission the likes of which no living pilot has ever seen. Facing an uncertain future and confronting the ghosts of his past, Maverick is drawn into a confrontation with his own deepest fears, culminating in a mission that demands the ultimate sacrifice from those who will be chosen to fly it.

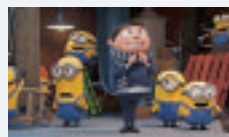
International



Breakout Brothers 2

86 mins | Comedy | M, E+

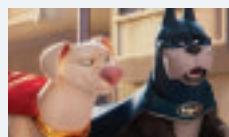
Ho Chun, a young entrepreneur, is sent to jail. By implementing his philosophy in the business world that money can solve any problems, Ho Chun offers Big Roller, Kin-Tin, Scar and Ho-Ching a considerable amount of money for assisting him to breakout from jail.



Minions:

The Rise of Gru

87 mins | PG | Animation | E



DC League of Super-Pets

105 mins | PG | Animation, Comedy, Sci-fi | E, J



Jurassic World Dominion

146 mins | R | Action, Adventure, Sci-fi | E



Whina

112 mins | R | Action | E



Atrangi Re

138 mins | PG-13 | Drama | H, E+



Jazzy Misfits

89 mins | PG-13 | Drama | K, E+



First Love

119 mins | PG-13 | Mystery | J, E+

Guide

LANGUAGES

- A Arabic
- C Cantonese
- D Danish
- E English
- ES Spanish
- F French
- G German
- H Hindi
- I Italian
- IN Indonesian
- J Japanese
- K Korean
- M Mandarin
- ML Malay
- T Tamil
- TA Tagalog
- TH Thai
- TL Telugu

Subtitles

- A+ Arabic
- C+ Chinese
- E+ English
- J+ Japanese
- K+ Korean
- M+ Malay

RATINGS

G/U General audience. Suitable for all ages.

PG Parental guidance recommended. Some content may not be suitable for children.

PG13 Parental guidance strongly recommended. Some content may be inappropriate for children under 13 years of age.

15 Suitable for audiences aged 15 years and above.

R Restricted. Not suitable for audiences under 17 years of age.

NR Not rated by Motion Picture Association of America.

i Contains scenes or language that may be disturbing or offensive. Viewer discretion is advised.

M Programmes with Malaysian content.

★ Award-winning movies/programmes.

Latest



Elvis

159 mins | PG | Biography, Drama, Music | E

The life of American music icon Elvis Presley, from his childhood to becoming a rock and movie star in the 1950s while maintaining a complex relationship with his manager, Colonel Tom Parker.

+ More

Hudson

75 mins | PG | Comedy, Drama | E

Benediction

137 mins | R | Drama | E

Breaking

103 mins | R | Thriller | E

Dune

155 mins | PG | Sci-fi | E, J, F, E+, C+, J+

Kimi

89 mins | PG-13 | Crime | E, J, F, E+, C+, J+

Downtown Abbey:

A New Era
124 mins | R | Romance | E

Fireheart

92 mins | R | Comedy | E

The Black Phone

103 mins | PG | Thriller | E

Dual

94 mins | PG | Sci-fi | E

The Phantom of The Open

106 mins | Sport | E

Fantastic Beasts: The Secrets of Dumbledore

142 mins | PG-13 | Fantasy | E, E+

Hommage

108 mins | Drama | K, E+

Daeng Phra Kanong

96 mins | PG-13 | Thriller | TH, E+

Favourites



Fatman

100 mins | PG-13 | Action | E



Four Christmas

89 mins | PG | Comedy | E, E+, J+



Elf

97 mins | PG | Comedy | E, E+, J+

Green Book

130 mins | R | Biography | E

Sorry We Missed You

100 mins | PG-13 | Drama | E, J

Spencer

117 mins | PG-13 | Biography | E

Award-winning movies



The Shawshank Redemption

142 mins | R | Drama | E



Creed II

130 mins | PG-13 | Action | E, E+, J+



The Magnificent Seven

133 mins | R | Action | E

Logan Lucky

119 mins | PG-13 | Comedy | E

The Disaster Artist

98 mins | PG-13 | Drama | E, E+

Mad Max: Fury Road

120 mins | PG-13 | Action | E, E+, J+

Chinese



You Mean the World to Me

96 mins | PG-13 | Family | M

Sunny has returned to Penang to shoot his new film about his family, without their knowledge. However, he has run out of money and is struggling to shoot an essential scene. His sister, Hoon, comes by the film studio and discovers that he is shooting a warts and all film about their family. In the confrontation that follows, Sunny has an epiphany that illuminates and changes his perspective of his past.

Wish You Were Here

113 mins | PG-13 | Drama | M, E+

It may seem like Yuan Yuan has the world at her fingertips, but she carries a secret. A woman from Japan suddenly walks into her life and opens door to the distant past.

Malay



Suatukala

92 mins | PG-13 | Adventure | ML



35MM

107 mins | Comedy | ML



Gol & Gincu Vol. 1

106 mins | PG-13 | Comedy | ML, E+



Gol & Gincu Vol. 2

106 mins | PG-13 | Comedy | ML, E+

Korean



Jazzy Misfits

89 mins | PG-13 | Drama | K, E+

+ More

Hommage
108 mins | Drama | K, E+

Long Live The King
118 mins | PG-13 | Action | K, E+

Indonesian



Toko Barang Mantan
98 mins | PG-13 | Romance | IN, E+

Thai



Daeng Phra Khanong
96 mins | PG-13 | Drama | TH, E+

Telugu



Mail
116 mins | PG-13 | Comedy | TL, E+

Japanese



+ More

First Love
119 mins | PG-13 | Mystery | J, E+

Kano
185 mins | PG-13 | Drama | J, E+

The Master Plan
101 mins | PG-13 | Drama | J, E+

Tamil



Roommate
125 mins | PG-13 | Drama | T, E+

Operation JuJuPi
94 mins | PG-13 | Drama | T, E+

Appalam
115 mins | PG-13 | Comedy | T

Hindi



Atrangi Re
138 mins | PG-13 | Drama | H, E+

83
162 mins | PG-13 | Sport | H, E+

Man Maiden Mercenary
80 mins | PG-13 | Mystery | H, E+

Kids



Inkheart

106 mins | PG-13 | Adventure | E

A teenage girl discovers her father has an amazing talent to bring characters out of their books and must try to stop a freed villain from destroying them all, with the help of her father, her aunt, and a storybook's hero.

+ More

The Polar Express
100 mins | PG | Animation | E, E+

Pokémon Detective Pikachu
103 mins | PG | Family | E, E+

Planet 51
91 mins | PG | Animation | E

Spider-Man: Into the Spider-Verse
117 mins | PG | Action | E, J, E+, J+

Pachamama
72 mins | PG | Family, Adventure, Animation | E

Kit Kittredge: An American Girl
101 mins | PG | Comedy, Drama, Mystery | E

White Fang
102 mins | PG | Animation | E

Comedy



Friends

30 mins | PG | Comedy | E

Follows the personal and professional lives of six twenty to thirty-something-year-old friends living in Manhattan.



The Big Bang Theory

30 mins | TV-14 | Comedy | E

A woman who moves into an apartment across the hall from two brilliant but socially awkward physicists shows them how little they know about life outside of the laboratory.



Trial & Error

30 mins | PG | Comedy | E

A spoof of crime documentaries about the arrest and trial of a beloved poetry professor from a small town in South Carolina, who is accused of brutally murdering his wife, and the young Northeastern lawyer hired to defend him.

+ More

The Kominsky Method

30 mins | PG | Comedy | E

2 Broke Girls

30 mins | PG | Comedy | E

Fuller House

30 mins | PG | Comedy | E

Young Sheldon

30 mins | PG | Comedy | E

Kids



Scooby Doo! And Guess Who?

30 mins | G | Kids | E

+ More

The Tom and Jerry Show

30 mins | G | Kids | E

Teen Titans Go!

30 mins | G | Kids | E

Drama



Supernatural

60 mins | PG | Drama | E

Two brothers follow their father's footsteps as hunters, fighting evil supernatural beings of many kinds, including monsters, demons and gods that roam the earth.



The Leftovers

60 mins | TV-14 | Drama | E

Three years after the disappearance of 2% of the global human population, a group of people in a small New York community try to continue their lives while coping with the tragedy of the unexplained nature of the event.

+ More

The 100
30 mins | TV-14 | Drama | E

Legacies
30 mins | PG | Drama | E

The Vampire Diaries
30 mins | TV-MA | Drama | E

Lucifer
30 mins | TV-14 | Drama | E

The Originals
30 mins | TV-MA | Drama | E

Longmire
30 mins | PG | Drama | E

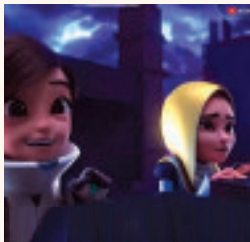
Best of Malaysia



Nur

30 mins | G | Malay | ML

The series focuses on the relationship between a pious man and a prostitute who practices her faith in an unconventional manner.



Ejen Ali Series

30 mins | G | Malay | ML



Kembara Chef Wan 2022

30 mins | G | Malay | ML

Religious



Tazkirah Malam Jumaat

30 mins | G | Religious | ML

Enlighten your Malam Jumaat with the beloved spiritual excerpts from Malaysia's biggest asatizah ie: Datuk Ustaz Kazim Elias, Ustaz Badlishah, IM Asyraf and many more. Tazkirah Malam Jumaat is a spiritual antidote to your soul that discusses various Islamic topics that aim to inspire our Muslim brothers and sisters. In every episode, two panelists and invited celeb will discuss various topics separately.

+ More

Panduan Wudhu

30 mins | G | Religious | ML

Panduan Solat

30 mins | G | Religious | ML

Santai Bersama

30 mins | G | Religious | ML

Travel



World's Greatest Cities

30 mins | PG | Travel | E

Enrich Luxe Retreats Langkawi

30 mins | PG | Travel | E

Chinese

My Little Princess

60 mins | G | Chinese | M, E+

The Longest Day in Chang'an

60 mins | Chinese | M, E+

Hindi

Little Things

30 mins | PG | Hindi | H, E+



Tamil

Pasikithu Lah

30 mins | PG | Tamil | T, E+

Kaloori Salai

30 mins | PG | Tamil | T, E+

Sports

Countdown to Qatar

30 mins | PG | Sports

Football's Greatest Stage

30 mins | PG | Sports

Natural world

Blue Planet II

60 mins | G | Natural World

Lifestyle

Harry Potter: A History of Magic

60 mins | PG | Lifestyle

The Repair Shop

60 mins | G | Lifestyle

Showbiz

Making The Movies Tom Cruise Maverick Special

30 mins | PG | Showbiz

MHinsure

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The Hits



including... Tai Verdes (above), Zevia, Manic Street Preachers, Kasabian, Clinton Kane, Gavin James, Tate McRae, Slash feat. Myles Kennedy and The Conspirators, Josh Pyke, Flower Kings

Mandarin



including... PSY.P (above)

World



including... Rufuz (above), Tove Styrke

Malay



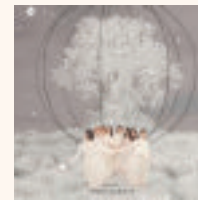
including... DEF-GAB-C (above), Klangit

Cantonese



including... Xia Hu/The Landlord's Cats/Zhiwen Jin/Sunny Lai (above)

Japanese



including... Nogizaka46 (above), Yama

Korean



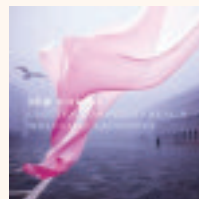
including... Kim Woo Seok (above), Boycold

Memories



including... Billy Joel (above), Steps

Classical



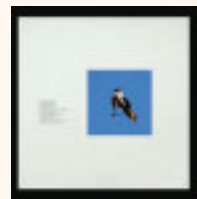
including... Lautten Compagny & Wolfgang (above)

Jazz



including... Miles Davis (above), Toku

Relax



including... Playpain (above), Sleepy John

+ Extra

Kids Indonesian Light & Easy

Hindi Tamil

+ More

Club

including... Calvin Harris, Adventure Club, The Crystal Method

Country

including... Kameron Marlow, Matt Maher, Troy Cassar-Daley

Rhythm and Blues

including... Steve Lacy, DJ Khaled, Rex Orange County

MOVIES

Latest Hollywood



Don't Worry Darling

122 mins | PG | Drama, Mystery, Thriller | E, E+

+ More



Moonshot

104 mins | PG | Comedy, Romance, Sci-Fi | E, E+



Nope

130 mins | PG | Horror, Mystery, Sci-Fi | E



Brian and Charles

91 mins | PG | Comedy | E

International



The Roundup

105 mins | PG | Action, Crime | K, E+

+ More



Breakout Brothers 3

113 mins | PG | Action, Comedy, Crime | C, E+



Only Fools Rush In

129 mins | PG | Action, Comedy, Drama | C, E+



Voices in the Wind

139 mins | PG | Drama | J, E+



My Perfect Roommate

93 mins | PG | Drama | K, E+



A Thursday

129 mins | PG | Thriller, Drama | H, E+



Dignitate

109 mins | PG | Drama | IN, E+

TELEVISION

Chinese New Year Special



Kung Fu
60 mins | PG-13 | Drama | Chinese | E

+ More



Xiaolin Showdown
30 mins | Kids | Chinese | E



Heart2Heart Kitchen S4 Ep2
30 mins | PG | Chinese Variety | Chinese | M

Ponggal (Indian Harvest Festival) Special



Ponggal with Paati and Denes: City VS Kampung
120 mins | PG-13 | Tamil Comedy | Tamil | T



Attakasa Ponggal
60 mins | PG-13 | Tamil Variety | T

TV Shows



Ronaldo: Relentless
30 mins | PG-13 | Showbiz | E

+ More



Chaplin - Keystone Collection: Dough & Dynamite
30 mins | Silent TV | E



Dragons: Race to the Edge
30 mins | Kids | E



Battersea Power Station is reborn

The landmark building that runs along the River Thames in London finally reopens and is now a stellar mix of offices, flats and shops, thanks to a consortium of Malaysian investors

Following roughly a decade of development, the revamped Battersea Power Station in London finally opened to the public in October 2022. The remarkable project is owned by a consortium of Malaysian firms, and the opening ceremony even saw a visit from the King of Malaysia, who symbolically flipped a switch to turn the lights back on.

Founded in the 1930s as a coal-fired power station, the reimagined site – which runs along the south bank of the River Thames – preserves key aspects of the original structure’s Art Deco heritage. This includes a restored control room that currently functions as an event space, while another was transformed into a stylish all-day cocktail bar. Meanwhile, former turbine halls have been converted into a retail section housing the likes of adidas, Calvin Klein, Le Labo and other upmarket brands.

Besides its stellar selection of boutiques, Battersea Power Station also boasts a hotel, theatre, numerous restaurants, residential and office blocks, as well as a sprawling public space known as Malaysia Square. Another unique feature? Visitors can ascend to the top of a chimney in a glass lift, and will be treated to panoramic 360-degree views of the surrounding city from over 100m above ground level. batterseapowerstation.co.uk

IMAGE: CHARLIE ROUND TURNER

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