



Going Places

TAKE ME HOME Going Places is regularly refreshed, so everyone who flies can have a copy

JULY 2023



Sydney with a twist

Uncover the wonders of the city's under-the-radar neighbourhoods



12 reasons to fall in love with Malaysia

PENANG POWER
Peranakan chefs reinvent their heritage cuisine

24 HOURS IN KANGAR
Idyllic kampung life in northern Malaysia



Thanks to S&B this magazine has been naturally protected with a hygiene finish.

www.sandbamboo.com.my



LAN ZHOU MEE TARIK

The Perfect Pull

At Lan Zhou Mee Tarik, the beloved signature dish is made the traditional way



BUKIT BINTANG

Ground Floor,
Bangunan WSF,
42G,
Jalan Sultan Ismail,
Bukit Bintang,
50250
Kuala Lumpur.

JALAN SULTAN

34,
Jalan Sultan,
City Centre,
50000
Kuala Lumpur.

GOMBAK

53G,
Plaza KLTS,
No.99,
Jalan Gombak
Setapak,
53000,
Kuala Lumpur.

IOI CITY MALL

LOT IOI-S14,
Food Junction,
L2-32&37,
IOI City Mall,
Putrajaya,
Malaysia.

PAVILION KL

Republic of Food,
Lot 1.41.00
Level 1
Pavilion
Shopping
Complex
55100
Kuala Lumpur.

SUNWAY GIZA

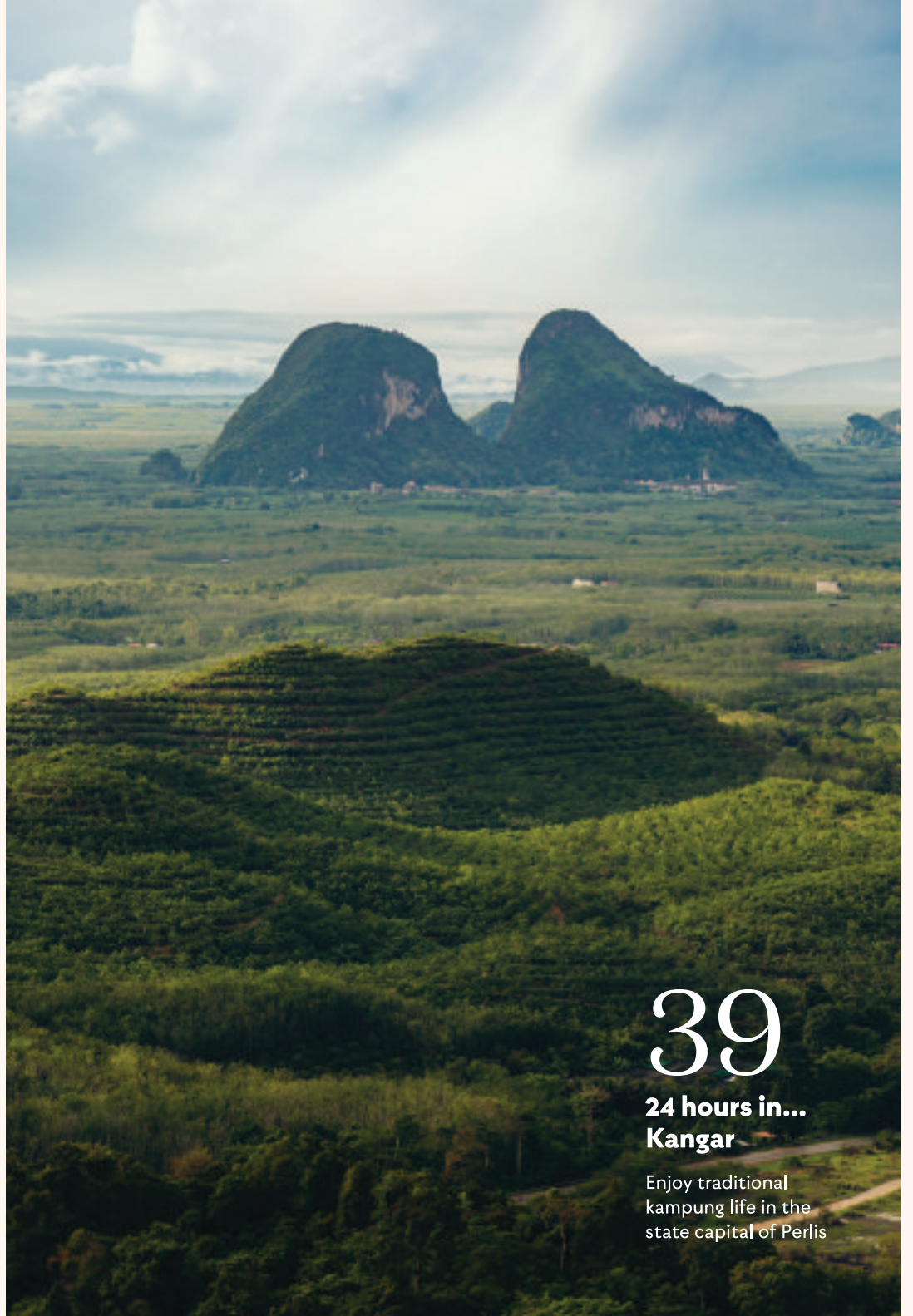
A13AG & M
Sunway Giza,
Block A,
PJU 5/14,
Kota Damansara,
47810
Petaling Jaya
Selangor.

SEREMBAN PRIMA

G01A, G02A,
Seremban Prima,
Lot 4973
Jalan Dato Bandar
Tunggal 70000
Seremban
Negeri Sembilan.

JULY 2023

Contents



44

Beyond the surface

Explore Sydney's neighbourhoods like a local

52

Peranakan dining

Meet the chefs who are reimagining the cuisine

39

24 hours in... Kangar

Enjoy traditional kampung life in the state capital of Perlis

CONTENTS

9 12 reasons to love Malaysia

A shadow puppet crafting workshop and the George Town Festival are some reasons to love Malaysia this month

23 Elevate

Our global travel guide is action-packed – from hiking in Auckland to Manila's top tables, and an Osaka art fair

67 This is MH

MAG-Petronas sustainable fuel agreement, Firefly's expansion of intra-Borneo services and other news from MH

76 Our network

Travel around Malaysia and the world with Malaysia Airlines

81 Now showing

Be entertained with the latest in-flight movies, television shows, podcasts and music



32 A Malaysian in Singapore

Chef and pop-up restaurateur Pak Yang shares his favourite places



About the cover

Aerial of the Royal Botanic Gardens, Opera House and Sydney CBD at dawn. Photo by Ethan Rohloff, Destination NSW

Editorial

Senior Group Editors

James P Ong
Mrigaa Sethi

Editor

Shermian Lim

Branded Content Editor

Stephanie Boey

Design

Senior Art Director

Jessica Santos

Photo Editor

Imran Sulaiman

Production

Senior Production Manager

Omar Mohamad Kassim

Sales

For advertising enquiries, please contact

ads.mh@ink-global.com

VP Travel Partnerships, APAC

Marie Yeo

Advertising Director

Shalini Krishnan

Account Managers

Sharmine Hanna

Vivandra Jaisi

Yusyaliza Yunus

Tinaratchagi Krishnamoorthy

Danial Mohamad

Ink

CEO

Michael Keating

Chief Operating Officer

Jim Campbell

Commercial Director

Gerry Ricketts

Financial Controller

Dany Leung

Managing Director, Ink Studio

Jonny Clark

Client Director

Ric Stockfis

Our friends at Malaysia Airlines

Lau Yin May

Khairunnisak Dzun Nurin

Noraishah Mohammad Shamsudin

Nik Nabilah Mohd Azmin

Ainul Nazifah Abdul Rahman

Putri Arina Abdul Aziz



Going Places is published on behalf of Malaysia Aviation Group by Ink Publishing Pte Ltd. All articles and photographs published herein are created by the authors and photographers at their own discretion and do not necessarily represent the views of the organisation. Malaysia Aviation Group holds no responsibility or liability arising out of the publication of such articles and photographs. All material is strictly copyrighted and all rights are reserved. No part of this publication may be reproduced in whole or in part without the prior written permission of the copyright holder. All prices and data are correct at the time of publication. Malaysia Aviation Group does not accept responsibility for advertising content.

Ink Publishing Pte Ltd 48 Craig Road, Singapore 089686.
Tel: +65 3165 4100, +60 3 2728 1334
www.ink-global.com

MCI (P) 056/05/2023

Printed by: United Mission Press Sdn. Bhd.
Business Registration Number: 755329x

Please recycle or pass on to a friend



WE ARE HIRING! Contact us at recruitmentAPAC@ink-global.com



Travel faster and safer.

Only 28 minutes to/from KLIA T1.

More time for family moments.



KLIA Ekspres. The fastest airport transfer in Kuala Lumpur.

Have a good start to your holiday with the KLIA Ekspres. Whether you're travelling solo or with your loved ones, we are excited to welcome you on board.

- Fast
- Free porter service
- Free 5G WiFi on board



Download KLIA Ekspres App



www.KLIAekspres.com



Dear guests,

I hope all of you are in the best of health and I thank you for flying with us today onboard Malaysian Hospitality.

As a guest to our 'home', we take pride in ensuring that your time with us is memorable, prioritising comfort, care and convenience every step of the way across all our airlines. We are also committed to ensuring seamless connectivity from our home base in Malaysia to the world through our partners and oneworld alliance.

I am pleased to share that July marks our third anniversary with fellow flag bearer, Japan Airlines, who has been our Joint Business partner since July 2020. Thanks to the partnership, customers can benefit from more flexibility and convenience when travelling between Malaysia and Japan, as we offer services on the Kuala Lumpur-Haneda, Kuala Lumpur-Narita, Kuala Lumpur-Osaka and Kota Kinabalu-Narita routes. This is on top of the oneworld alliance benefits, which enable travellers access to more than 900 destinations in 170 territories globally through our airline partners.

As many seek to explore the world once again, our top priority remains in ensuring a smooth journey from the moment you book your flights with us right up to your arrival destination.

We are pleased to share that passengers departing from Terminal 1, KL International Airport (KLIA) can now conveniently drop off their baggage at the 'EZBagz' kiosk located at Malaysia Airlines' domestic check-in counters from rows B3 to B8. Simply print your baggage tag at the kiosk before placing them on the conveyor belt ready for the flight. The entire process takes about 45 seconds per bag, so this is a great time saving method you can use the next time you are at the airport.

Whilst onboard, enjoy an uninterrupted connection to your mobile phones and other portable electronic devices (PEDs) as sister airlines Malaysia Airlines, Firefly and MASwings have become the first airlines in Malaysia to enable Gate-to-Gate connectivity and PED utilisation.

This means that you may now use your PEDs from the moment you board the aircraft through to arrival without switching off your phone by simply enabling flight mode. Additionally, Malaysia Airlines' passengers can also enjoy the in-flight offerings including Wi-Fi (MHConnect) and wireless in-flight entertainment (MHStudio), where we have provided a 100% increase in Hollywood movie options, as well as introduced new content types such as podcasts and wellness programmes for your enjoyment.

These are just some of the exciting initiatives that have been implemented with your comfort and convenience in mind as part of our commitment to delivering the highest standards of service to you. We will remain steadfast in our efforts to provide you with exceptional experiences, unrivalled service and memorable journeys.

Thank you for choosing us as your preferred airline and we look forward to serving you in the skies again soon.

Izham Ismail

Group Managing Director
Malaysia Aviation Group



Taman Negeri
**ROMPIN
PAHANG**

Where A World of Wonders and Enchantments

Taman Negeri Rompin, Pahang is one of the protected forest areas under the jurisdiction of the The Pahang State Forestry Department.

Taman Negeri Rompin, Pahang is about indulgence in the beauty of nature in a tropical rainforest. The State Park covers an estimated 31,797 hectares, and is considered as among the highest biodiverse area after Taman Negara National Park and Royal Belum State Park.

This protected area includes Lesong Forest Reserve in the state of Pahang and continues to include Labis Forest Reserve and Mersing Forest Reserve in the state of Johor, known as the Endau-Rompin National Park. Kuala Rompin is the nearest town to Taman Negeri Rompin, Pahang and the only gateway to the State Park.

Visit the TAMAN NEGERI ROMPIN now. To know more, please scan the QR code below:



Inspiring. That's the word that comes to mind when I think about my first visit to the White Rabbit Gallery in the inner-city suburb of Chippendale in Sydney. Housed in a former Rolls-Royce service depot refitted as a gallery space, the White Rabbit Gallery is noted for having one of the largest collections of contemporary Chinese art outside of China. The visit was years ago but I remember the exhibitions well. One section included hand-dyed colour photographs of children with disabilities, recoloured in the same imposing style as official government portraits; and in another section, hanging on the walls, were several life-sized, circular installations built entirely from plywood and admission tickets to the Guggenheim Museum, by a Chinese artist who worked at the museum as a ticket taker and dreamed of exhibiting her own work there someday.

This is just one of many standout memories I have of visiting one of Sydney's lesser known, but certainly not any less vibrant or interesting, neighbourhoods. Which is why our cover story in this issue (page 44) showcases places in the New South Wales capital that travellers shouldn't overlook, especially on return visits. From Barangaroo for epicurean delights to Marrickville for a preview into life as local, our writer, a Sydney native, takes us on an incredible adventure through the city's under-the-radar communities.

Meanwhile in Malaysia, we are celebrating the return of the George Town Festival in Penang, which promises a weekend jam-packed with music, masterclasses, art exhibitions and comedy (p11). All that action will leave you hungry for some Peranakan dishes – explore what three chefs are doing to simultaneously preserve and reinvent their beloved heritage cuisine (p52).

Abroad, our Elevate guide has you covered. In Auckland, a hiking trail with indescribably gorgeous scenery – once only viable for the fittest hikers – has now been revamped with walkways accessible for all levels and ages (p31). In Delhi, it's monsoon season, but we've rounded up a few rainy day must-dos, from cultural activities that include revisiting India's struggle for freedom at Red Fort to a spot for learning the joy-inducing art of Bollywood dancing (p29).

So many travel destinations, so little time. Where will you head to this month?

Shermian Lim
Editor

This issue's contributors



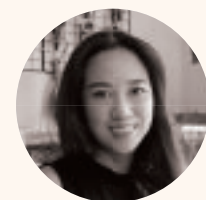
Tatyana Leonov
Writer, "Sydney uncovered", p44

Sydney local Tatyana pens feature stories for the likes of *The Sydney Morning Herald*, *Sunday Life*, *BBC Travel*, as well as various inflights and glossies.



Aim Airis
Photographer, "Gold plated", p52

Aim is a Kuala Lumpur and Melbourne-based photographer, specialising in capturing moments with natural light. She is passionate about food, travel and street photography.



Cheryl Own
Illustrator, "On top of the world", p31

Cheryl was born and raised in Manila, Philippines. A graduate of University of Santo Tomas, she is now a full-time visual artist, illustrator and creative entrepreneur.



MANDARIN ORIENTAL
KUALA LUMPUR



SHORT & SUITE

Enjoy up to 15% off with breakfast in one of our sublime one-or multi-bedroom suites.





JIBBY BY THE PARK

Jibby by the Park: A Culinary Delight by Serai Group

Nestled amidst lush greenery, Jibby by the Park stands as a haven for food enthusiasts seeking an enchanting dining experience.

With a menu that is a harmonious blend of Asia and the Antipodes, feast on familiar favourites, indulgent options and delectable desserts.



Immerse yourself in the serene atmosphere, relish the charming flavours, and let Jibby by the Park transport you on a culinary journey that will please your eyes and your palate.

www.seraigroup.com.my

[f](#) [@](#) jibbygroup



12 REASONS TO LOVE MALAYSIA

Bold flavours, inspiring people and unforgettable places



1

Pahang

Enveloped in nature

There are many ways to escape from this year's extra hot season, but here is a time-and-tested solution: book a stay at a luxury coastal resort. The Kasturi, bounded by beach, river and rainforest in Cherating, is just what you need. Designed by celebrated Malaysian architect Hijjas Kasturi, the boutique resort has only 23 rooms, and is so private that it will feel like your own hideaway. Its natural surroundings are ideal for exploring – spot sea eagles on an early morning beach walk, or keep your eyes peeled for the Mangrove blue flycatcher, fireflies and tiny gliding lizards as you go for a leisurely stroll along the resort's elevated walkway. the-kasturi.com



EXPERIENCE SEAMLESS CONNECTIVITY

Shangri-La Kuala Lumpur introduces the all-new Premier Business Room featuring the ultimate plug & play experience. Stay connected, productive, and entertained with business-friendly features and amenities.



BOOK NOW
shangri-la.com


SHANGRI-LA
KUALA LUMPUR



2

Penang

An arts festival for everyone

George Town Festival kicks off mid-month with an arts programming for every type of culture vulture. On day one alone, you can look forward to jazz in a historic theatre, a mini risograph festival-within-a-festival and a launch for a board

game inspired by local wet markets. Don't miss the theatrical diptych of *pulu'em* and *Luna*, featuring award-winning Taiwan indigenous singer Sangpuy and acclaimed choreographer Bulareyaung Pagarlava. georgetownfestival.com

3

Kuala Lumpur

Come for the vibes, stay for the music

Good Vibes Festival returns 21 to 23 July with its biggest lineup to date. International acts include The 1975, The Kid Laroi, The Strokes, Daniel Caesar, Ty Dolla Sign and Dermot Kennedy. Joining them is an exciting cohort flying the banner for Malaysian music, including indie-pop sensation Lunadira, genre-bending soul songstress Leaism and hip-hop stalwart Airliftz.

goodvibesfestival.com



Sustainable. Scenic. Symbolic.

#SustainableFuture

Experience the iconic PETRONAS Twin Towers
and our efforts towards a better future today!



21.6%
Reduction in
Carbon Emissions
from 2019.

Scan to
purchase tickets.



Lower Ground (Concourse Level), PETRONAS Twin Towers, Kuala Lumpur City Centre,
50088 Kuala Lumpur, Malaysia.

Enquiries / Ticket Reservations: +603-2331 8080

Visiting Hours: 9 am - 9 pm

Gift Shop Operating Hours: 9 am - 9 pm

Closed every Monday: Except for Public Holiday or Replacement Public Holiday.

petronastwintowers.com



Petronas Twin Towers



[petronastwintowers](https://www.instagram.com/petronastwintowers)

Disclaimer: Visiting hours and operating hours may differ during this period. Refer to the website for latest details.

Kuala Lumpur

A dance performance moves toward hope

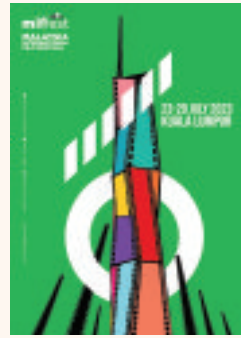
For their 25th anniversary, contemporary dance company Dua Space Dance Theatre is staging *Roads Await*, a performance that reflects on the turbulent pandemic years, underscored with a message of hope. From 13 to 16 July, experience the company's signature weaving of ethnic and contemporary dance forms, shaped by the vision of founders Anthony Meh and Aman Yap. duaspace.com.my



5

Kuala Lumpur

Local film festival spotlights emerging directors



and outdoor film screenings. Check out the MIFF website and social media accounts for updated programme and event information. miffest.com.my

When the drapes go up at the Malaysia International Film Festival, the spotlight is on up-and-coming talent from the Malaysian and international film art community. Taking place from 23 to 29 July, expect premieres, retrospectives, filmmakers-in-focus and specially curated programmes, with in-theatre



6

Kuala Lumpur

A satirical theatre show promises laugh-out-loud moments

This month, PAN Productions will transport audiences to 1959 New York with the hilarious – and very meta – musical-comedy *The Producers*. The satirical Broadway romp tells the story of Max Bialystock, a down-on-his-luck-producer who attempts to make a

fortune by creating the worst stage musical he can, in order to escape with the money raised from investors after the production shuts down on opening night. ***The Producers runs from 21 July to 6 August at KLPAC (Pentas 2). Tickets are available on cloudtix.co***



8

Selangor

DIY spirit masks

Indigenous mask-carving artisans at the Mah Meri Cultural Village deftly create spirit sculptures with simple tools. Join workshops that take anywhere from a week to a month. "Not many people know about our culture, but these workshops foster better understanding of our stories and traditions," says Husin Pion, master craftsman and instructor. mmcv.org.my

7

Sarawak

Clay items that pay tribute to Dayak art

Potter Tuson Chong draws inspiration from the rich cultures of the Dayak communities. His creations include plates adorned with geometric floral designs that echo traditional pots, bowls that reflect the lines of the Kuching mountain range and incense burners featuring mythical animals. At his workshops, beginners can learn about Chong's approach as they transform clay into functional vessels like teacups, tea bowls and planters. [instagram.com/gardencraftco](https://www.instagram.com/gardencraftco)



9

Penang

A puppet workshop

Crafted from cured goatskin, wayang kulit puppets are works of art in themselves, and something third-generation puppeteer Mohd Juffry Yusof is proud to teach in his studio. "The process of creating a character takes longer for an amateur," he says. "Over a five-day workshop, they will stencil, punch out shapes, chisel and hammer until their puppet character takes form, before completing the final touches of painting and attaching stick limbs and the base." vavaa.com/artists/mohd-jufry-leather-shadow-puppet-making-malaysia



IMAGES: VACATION WITH AN ARTIST (PUPPET CHARACTER), SHUTTERSTOCK (MASK, CERAMICS)

DISCOVER A RADIANT NEW YOU

Transformative treatments to boost your confidence

Beverly Wilshire is a beauty enhancement and restoration centre for men and women. We set our hearts to enhancing your features and elevating your confidence like never before.

What we can do for you:



Beauty Solutions



Aesthetics Medicine



Body Contouring



Hair Transplant



Wellness



Scan here! The first 50 sign-ups will receive a **FREE Consultation and Aesthetic Facial** worth RM400.



Visit our website for more information:
beverlywilshiremedical.com
LICENSED BY THE MINISTRY OF HEALTH



Am I losing more hair than normal?

How much does a hair transplant procedure cost?

Is my diet causing hair loss?

Restore your hair and reclaim your confidence



Scan the QR code and have all your hair loss questions answered



10

Malaysia

A wellness expert shares five tips for stress-free travels



This month, we tap the expertise of Datuk Dr Inder Kaur, an aesthetician, hair health doctor and experienced traveller, for tips on staying healthy and energised – from pre-trip preparations to on-the-go strategies.

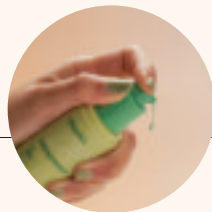
The week before
To prevent last-minute infections that may derail your plans, travellers should safeguard their immune system. Avoid crowded places and eat immunity-boosting foods.

Day of the flight
Stay away from spicy or greasy foods. You never know how airline or foreign foods can affect you, so pack your regular medications, as getting ones your body is familiar with may not be available in your destination.

In-cabin comfort
Optimise for ease – wear comfortable clothes in cosy fabrics. For extra long journeys, bring a small massager and run it on your back and legs for some relief.

As soon as you land
Between the time difference, weather difference and altitude change, hopping off a plane directly into a daylong itinerary is a surefire recipe for exhaustion. Plan a short rest before any major activity, and stay hydrated.

Putting routine first
“Sticking to your daily care routine is so important,” says Dr Inder. If you regularly work out, take certain medications or have a haircare or skincare regime, stick to them. Your body will thank you.



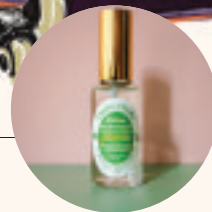
Beyond SPF
Chuck's Very Important Sunscreen SPF50+ PA++++

A lightweight, water-resistant formula with bonus skincare benefits thanks to the kale extract, which helps to repair tissues and damaged skin cells. *RM82, chuck-s.co*



Bugs begone
Claire Organics Cape Protection Roll-On-Balm

This silky-smooth balm is formulated with shea butter to nourish dry skin while repelling mosquitoes with lemongrass, lavender, eucalyptus and tea tree oils. *RM43, claire.my*



Sanitise often
Wunderbath Onde-Onde Hand Sanitizer

Keeping your hands clean should always be a practice, whether you are travelling or not. Spritz this on for hands that smell like a pandan-coconut treat. *RM18.90, wunderbath.co*

Skin-defending must-haves from three local brands



KLINIK DR INDER
Redefining Beauty & Health

MOH LCP Doctors

Redefine Your Image Now

Klinik Dr Inder Your One-Stop World-Class Centre

Offering The Best Treatment For
Hairloss • Facial Aesthetic • Body Contouring/Weight Loss



Hair



Facial



Body

**Book Your
Consultation**

012 558 8672

Inder Aesthetic Sdn Bhd is the

Proud Winner of SOBA 2021





Mangala Resort & Spa

A Hidden Retreat In Paradise

Mangala Resort and Spa is an award-winning hidden paradise located in Kuantan. After 20 years of rehabilitation, the resort has transformed into an experiential destination that is ideal for corporate retreats, teambuilding and intimate event gatherings. The flourishing landscape built to preserve, nurture and maintain a thriving ecosystem aligns seamlessly with ESG goals of any company. Just a two-hour scenic drive from Kuala Lumpur, the resort's 67 nature-inspired villas, indulging spa treatments and exquisite meals, offers a tranquil setting to disconnect and recharge.



Scan to learn more

11

Kuala Lumpur

Tutto posto!

Tucked away in the western fringe of the city is Aposto, a name derived from the Italian *tutto posto*, meaning "everything's good". Having opened its doors in the Taman Tun Dr Ismail neighbourhood last April, Aposto's menu continues to stir excitement amongst foodies – thanks to Chef Chu Wei Sin's celebration of Italian cuisine through a kaleidoscope of global influences. On the menu: the freshest locally-sourced produce, Italian cheeses and a perennial favourite: wagyu. "I aim to create dishes that are approachable, yet outstanding," Chef Chu says. aposto.my



Smooth and tender fresh pasta made with Type 00 flour

Filled with a mixture of mushroom duxelles and ricotta cheese

Optional shaved black Italian truffle

Mushroom Agnolotti

Rich and creamy mushroom sauce, complemented by sautéed shimeji mushrooms for added depth of flavour



12

Selangor

Go native with indigenous tourism

Community-based tourism in Malaysia is getting a digital boost. Pioneering ventures like Native, a social enterprise, introduces travellers to authentic cultural experiences with the orang asli in Peninsula Malaysia. As tourism activities return to normalcy, Native's online platform allows local and international travellers to easily explore and book homestay programmes with orang asli communities. Native's co-founder, Daniel Teoh shares how they work to promote indigenous tourism.

Why is indigenous travel important?

Indigenous travel serves as a gateway to reconciliation between cultures. It helps guests to foster an understanding about a culture other than their own. There is a Malay proverb, "tak kenal maka tak cinta", which means that you cannot love what you do not know – and I personally have learned this to be true.



What is something about the orang asli that you wish more people knew about?

I wish more people knew the depth of history the orang asli have in Malaysia and paid them more credit for their roles in our society. A lot of the products we enjoy in the market such as honey and durians tend to have indigenous origins, and we should value all the unseen work by the orang asli. This year, we're pushing to get more involvement from younger people, by working with schools and universities to make learning about indigenous culture through our programmes, part of a holistic curriculum.

What can visitors gain from these cultural experiences?

Our guests will almost certainly be the only people from outside the community



“
Indigenous travel is a gateway to reconciliation between cultures”

on any of the hiking trails we offer because only the orang asli community is familiar with [these trails]. There are also plenty of culinary delights to experience – from the foods foraged on trails to the meals prepared by our resident community chefs. For example, have you ever heard of – let alone eaten – roasted rubber tree seeds?

What has been your most impressive memory since starting this social enterprise?

We were crossing a small and quiet stream on one of our trails just earlier this year. Sirat, our hiking guide, paused to show us a little bit of nature's magic. The stream was barely the width of my feet – but when he ripped up a banana peel and dropped it into the water, the stream burst to life. Everything from small shrimp, to catfish, and even a turtle appeared in seconds from every nook and cranny in that little ravine. It's a great illustration of how much of the beauty of indigenous knowledge goes unseen. discovernative.org



Among the orang asli

Native's founder David Teoh picks three of his favourite Native activities for culinary exploration and relaxation

Bamboo homestay

"I really enjoy the peaceful getaway at Umah Temuan. Our recently launched bamboo homestay lets you commune with nature without missing out on comforts."

Hiking fun

"Go for a hike with our guides, Pak Elok and Roslan on the Bukit Beruang trail. Follow that with a traditional Temuan meal by the excellent lady chefs of Kampung Serendah."

Seasonal durian trails

"The changing climate has made these rarer but it's an amazing treat to eat durians fresh from the forest, seated by the rushing rivers that nurture the very trees that bore them."



A Hidden Gem in the City

Royal Selangor Visitor Centre is an unmissable destination in Kuala Lumpur

Experience Malaysia's living heritage and immerse yourself in Royal Selangor's rich history at the height of colonial Malaya's tin rush. Witness the evolution of arts, culture and craftsmanship through stimulating exhibits, live demonstrations and pewter crafting workshops.

There's something for everyone at the visitor centre. Here are all the reasons why it belongs on your must-visit list!

Learn & Explore!



Enjoy a complimentary museum tour, where you will learn about the rise of Royal Selangor and tin mining in Kuala Lumpur through artefacts from as far back as the 1800s.

Kids can learn and play at the Science Discovery Gallery and learn through engaging hands-on exhibits.



Visit the live pewtersmithing demonstration stations, where you will witness time-honoured techniques of creating handcrafted pewterware.

Get Crafty!



The Foundry

Unleash your creative genius at The Foundry workshop. Craft accessories from molten pewter using pre-set moulds. The more adventurous can opt to give freehand a try. Suitable for older kids and adults.



School of Hard Knocks

Be a pewtersmith for a day and craft a pewter bowl using traditional tools and a wooden hammer, similar to those used by pewtersmiths more than 100 years ago. You will receive a certificate of completion.

Create Memories!



Tease your taste buds with a variety of bistro-style dishes at The Café. For those who enjoy live music, look out for the music weekends that feature live jazz performances.

Other seasonal activities also include school holiday fun for kids (and parents!).



There are plenty of interesting photo ops at the visitor centre, from the World's Largest Pewter Tankard to a replica of the Twin Towers, made with over 7,062 tankards. Capture your happy moments, share them on social media and tag @royalselangor.



Royal Selangor
Visitor Centre

Visit the Royal Selangor Visitor Centre at 4 Jalan Usahawan 6, Setapak Jaya, 53300 Kuala Lumpur.



Scan to enjoy 10% off
when you book
The School of Hard Knocks.

Open daily from 9:00 am - 5:00 pm.
For more information, call +603 4145 6000,
or email visitorcentre@royalselangor.com.



ELEVATE

A global guide to uplifting updates for work, rest and play



*Dotmasters (artists for
streetsummit 2023)
Mona Banana
Spraypaint on canvas
100x80cm 2021*



SPOTLIGHT

Contemporary creations

As if Osaka doesn't already have enough reasons to wander around its neighbourhoods, Art Osaka presents yet one more. From 26 to 31 July, visitors can explore three venues across the city and marvel at works by visual artists from Japan and overseas, at this art fair that's become known for promoting the careers of young artists. Aside from the large-scale installations at the site of a former shipbuilding yard (Creative Center Osaka), art lovers should head to Kagoo, a former furniture store, and keep an eye out for the work of London artist Dotmasters. Their spray-painted portrait of Mona Lisa puts a tongue-in-cheek spin on La Gioconda by having her hold a banana. artosaka.jp

Dotmaster



SPORTS

A good sport

Catch some high-octane action in London this month **BY DELLE CHAN**

As one of the world's foremost cultural capitals, London plays host to numerous sporting events – from tennis to motorsport racing and weightlifting. Here's where, and how, to get your adrenaline pumping.

The Wimbledon Championships 3 to 16 July

Where? The All England Lawn Tennis and Croquet Club in south-west London.

Why go? It's the oldest – and arguably most prestigious – tennis tournament in the world, attracting the biggest names in the sport every year.

Who to watch? Serbian legend Novak Djokovic will be looking to claim his eighth Wimbledon title. Polish hotshot Iga Swiatek is the women's singles favourite.

How to get tickets? The official ballot has closed but a limited number of tickets (from £27) will be sold each morning of the tournament.

Did you know? Wimbledon is the only Grand Slam event still played on grass. wimbledon.com



Formula 1 Aramco British Grand Prix

On 7–9 July, you'll get to watch famous drivers go full throttle around the 5.9km Silverstone Circuit, approximately a 90-minute drive from Central London. Red Bull's Max Verstappen currently tops the 2023 standings and looks set to continue his rich vein of form at the British Grand Prix. silverstone.co.uk

The Strongman Classic 2023

On 8 July, a lot of brawn will be on display at the Royal Albert Hall. Some of the world's strongest men will push, pull and carry hundreds of kilos in events like the Hercules Hold and the Giant Axle Deadlift. Reigning champion Oleksii Novikov is tipped to win. giants-live.com

Accessories for Wimbledon



The **1394 Aviator Sunglasses** (£385) from Cutler & Gross will shield your eyes from the sun – and make you look effortlessly cool.



The **Centre Court Centenary Pocket Square** (£40) from the official Wimbledon Shop celebrates the world-famous tennis court.



A common sight at Wimbledon is the classic Panama hat. Consider the **Classic Fedora Panama** (£84.95) from Borges & Scott.

DISCOVER RAIA



Raia Hotel

KEDAH • PULAU PINANG • TERENGGANU • SARAWAK • SABAH



Raia Hotel & Convention Centre
Kuching



Raia Hotel & Convention Centre
Terengganu



Raia Hotel & Convention Centre
Alor Setar



Raia Hotel
Kota Kinabalu



Raia Inn
Penang

Discover the perfect blend of leisure and business at our five Raia properties nationwide. Located in key locations around Malaysia, Raia Hotel offers a serene ambiance, stunning *swimming pool, and an array of dining options to satisfy every palate.

ENJOY MORE DISCOUNTS WITH DIRECT BOOKING VIA WEBSITE!

www.raiahotels.com.my



▶ SCAN ME ▶



▶ SCAN ME ▶

Managed by :

UJ HOTELS & RESORTS MANAGEMENT SERVICES SDN BHD (1133751-V)

(Formerly known as UJ Property Management Sdn. Bhd.)

A wholly owned subsidiary of Urusharta Jamaah Sdn. Bhd. - a company under Minister of Finance Incorporated

Follow Us



Raia Hotel



raiahotel

KOREAN EXPERIENCE, LOCAL EXPERTISE

THE 1ST KOREAN ANTI-AGING & PREMIUM MEDICAL WELLNESS CENTRE IN MALAYSIA



Gloria Kim is the founder of the first Korean Clinic in Malaysia. A trail-blazing entrepreneur who has been a leader in medical services and innovations for the past 13 years, Gloria has made significant contributions to Malaysia's ever-evolving healthcare landscape.

IT ALL BEGAN 13 YEARS AGO WHEN GLORIA SET UP HER FIRST PREMIUM KOREAN ANTI-AGING AND MEDICAL WELLNESS CENTRE IN MALAYSIA,

introducing the latest Korean treatments and medicine to locals. What started as a humble clinic grew into a multi-faceted venture, specializing in medical product import and export, clinic consultations, bring-home services to patients, quantum health centre, stem cell therapy, men and women's health, and IV therapy, among others. Due to her amazing work in the industry, there is an increasing number of companies collaborating with her to further grow the healthcare business in Malaysia



BBS CLINIC

No. 9G, Jalan SS 21/1a, Damansara Utama, 47400 Petaling Jaya, Selangor



DASOM CLINIC

Block J 3A, 9, Jalan Solaris 2, Solaris Mont Kiara, 50480 Kuala Lumpur, Wilayah Persekutuan Kuala Lumpur



SCAN HERE

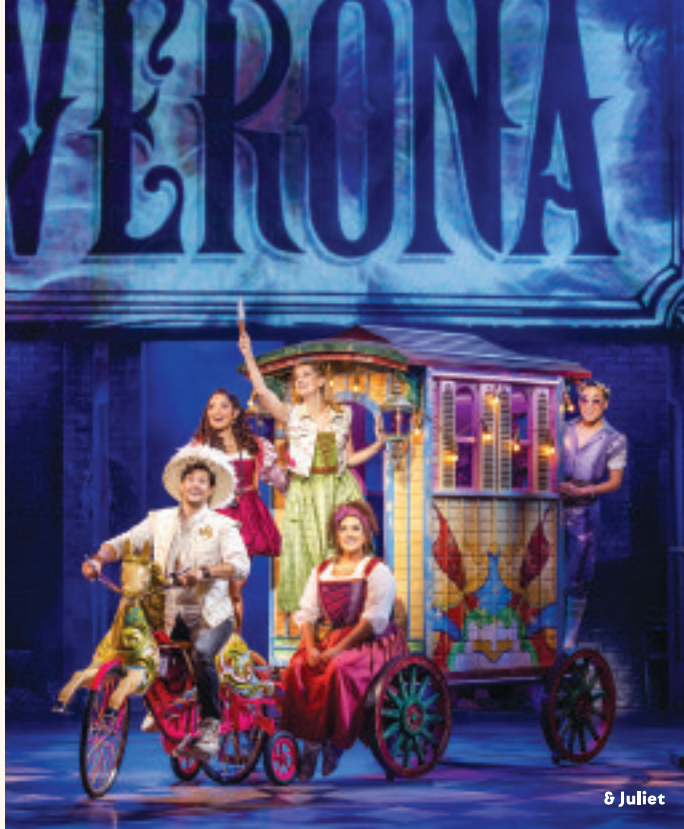
TEL: +6010 652 4393
www.bbsclinic.com



Medical Tourism MOU Ceremony

To take a step further in providing Malaysians with the best healthcare, Kim is also actively involved in two of the many branches, which are **BBS CLINIC** at Damansara Uptown and **DASOM MEDICAL WELLNESS** at Solaris, Mont Kiara.

Another major milestone in Gloria's career was the launch of her Quantum Health Centre, which unlocks the healing power to help people of all ages manage their health.



& Juliet



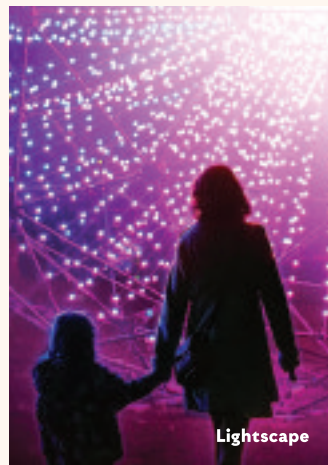
ARTS

A dash of culture

There's no shortage of inspiring arts events for aesthetes visiting Melbourne this July

BY MICHELLE TCHEA

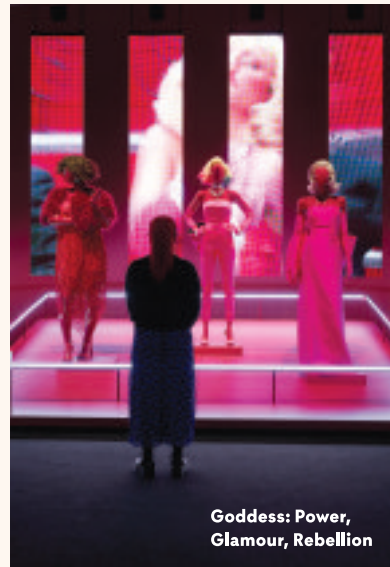
It might be winter in Melbourne but that doesn't mean you have to hibernate like a penguin from Phillip Island. Even in the colder months, the cultural capital of Australia offers a wide variety of arts and culture events. Here are the best ones to check out.



Lightscape

Goddess: Power, Glamour, Rebellion

Located in Federation Square in the heart of Melbourne's Central Business District, the Australian Centre for Moving Images (ACMI) is where movie buffs and aspiring filmmakers congregate. One of their latest exhibitions, *Goddess: Power, Glamour, Rebellion* celebrates game-changing women on both the big and small screen through a series of interactive exhibits. Legendary personalities



Goddess: Power, Glamour, Rebellion

like Mae West, Anna May Wong and Pam Grier are saluted at this exhibition, as well as more modern icons who have shattered the proverbial glass ceiling such as Marilyn Monroe, Geena Davis and Aussie actress Margot Robbie. *Running until 1 October 2023, Australian Centre for the Moving Image (ACMI) acmi.net.au*

Lightscape

This wildly popular interactive light show is back for a second year and promises to be bigger and better than before. Explore the Royal Botanic Gardens at night with more than 20,000 moving LEDs, swaying trees that produce music and even a flickering fire garden with colour-changing installations and soundscapes that make the event even more spectacular. Stretched out over more than two kilometres, Melbourne's

iconic park takes on a whole new "light". There will also be an assortment of food trucks available on-site if you feel peckish after the trail. **16 June to 6 August 2023, Royal Botanic Gardens Melbourne rbg.vic.gov.au**

& Juliet

Question: What if Juliet, from *Romeo and Juliet* didn't kill herself for a man? Feminism and pop culture collide at &Juliet, the latest theatre production playing at the Regent Theatre. Written by the Emmy-winning writer of *Schitt's Creek*, David West Read, this joyful musical is for anyone who loves pop culture and its anthems – look forward to hit songs from the Backstreet Boys, Adam Lambert, Britney Spears, and more. **Playing until 29 July 2023, Regent Theatre Melbourne andjuliet.com.au**

Need a place to stay?



After an extensive AUD40m face-lift in April last year, Pullman Melbourne on the Park has re-established its position as one of the city's top hotels. Aside from the unbeatable location – close to hip neighbourhoods Richmond and Fitzroy and only steps away from Melbourne Cricket Ground – the renovation saw metal shrouds installed on the windows of all the rooms, turning the already impressive views across the city into picture frames. pullmanonthepark.com.au



• Paal Appam •

• Mutton Paal Poriyal

BANGSAR
KUALA LUMPUR

• Lamprais

• Negombo Crab Curry

Experience Authentic Sri Lankan Crab Recipes

The Lankan Crabs is indeed a haven for crabs and seafood lovers in Kuala Lumpur. Nestled in the bustling streets of Jalan Kemuja, Bangsar, our award-winning restaurant beckons you with its inviting ambiance and warm hospitality. Beyond fresh crabs, we serve an impressive array of fresh seafood such as prawn, squid and fish – All manner of scrumptious seafood galore for you to indulge in!

Whether you're visiting us for lunch or dinner, we are open 7 days a week to satisfy your cravings. Join us from 12pm to 3pm for a delightful lunch, or indulge in a memorable dinner experience from 5pm to 10pm. We highly recommend making a reservation. Do call us at +6012 579 4435 and our friendly staff will be delighted to assist you.

DINE-IN • DELIVERY • TAKEAWAY

4, Jalan Kemuja, Bangsar, 59000 Kuala Lumpur, Wilayah Persekutuan, Malaysia.

www.thelankancrabs.menu     thelankancrabs



ENQUIRY & RESERVATIONS

+6012 5794435



CULTURE

Let it rain

With July being Delhi's wettest month, it's the perfect time to take in the city's indoor cultural activities **BY GEETANJALI KRISHNA**

Come July and the monsoons weave their magic in India. The fragrance of petrichor rises from the parched earth, while cool breezes and cloudy skies evoke romance and wellbeing. Delhi insiders say this weather is best enjoyed from a sheltered terrace or a pavilion in a garden, where raindrops whisper of times gone by and the clouds dance above. Pull out your umbrellas and flip flops – make the most of the monsoon in Delhi while indulging in its art, culture and history.

Romance the image

Museo Camera (pictured) is a Delhi favourite, a photography museum envisaged by photographer and visual historian Aditya Arya, aided by the Haryana government. A chandelier of old cameras and film roll-shaped tickets greet visitors as they enter a world of interactive displays of cameras and printing techniques through the ages. "Photography as an art is inextricably linked to its craft and technology," Arya says, adding that the museum is an important learning space for everyone. museocamera.org

Dance in the rain

Bollywood has always romanticised monsoons with lilting melodies and, of course, dance. **Delhi Dance Academy's** Namaste India workshop is a fun two-hour introduction to moving your body, *desi-style!* Incorporating easy modules on Bollywood dancing, Bhangra and Dandiya, the workshop is for all ages and levels of experience. "We ensure that the steps are so simple that by the end of the workshop, every participant is dancing," says academy owner, Kaustav Ghosh. delhidanceacademy.in

Celebrate freedom

Duck inside the iconic Red Fort to check out **Kranti Mandir**, the museum complex dedicated to India's freedom struggle. Located in the old colonial barracks inside the complex, find informative, well-lit sections devoted to the unsung heroes of the 1857 War of Independence, the Jallianwala Bagh massacre and the freedom fighter Subash Chandra Bose, who led the Indian National Army. Also read rarely told stories of brave young men and women who laid down their lives for freedom. delhitourism.travel/red-fort-lal-kila-delhi



BOOK YOUR HOLIDAY VILLA WITH VILLA FINDER

Your Happiness Guaranteed

Over 28 destinations: Bali, Phuket,
Samui, Tuscany, Ibiza & more

Inspected & verified villas:
quality guaranteed

Dedicated concierge: we take
care of you throughout the stay



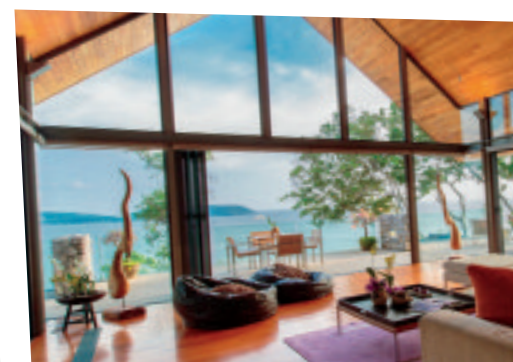
Bali



Thailand



www.villa-finder.com





OUTDOORS

On top of the world

A refurbished hiking track on Auckland's west coast rewards those willing to climb a few stairs **BY REBEKAH WHITE**

When I first hiked

Ōmanawanui, it was more of a suggestion worn into the land than a track, and I wasn't even sure I was going in the right direction. I remember climbing up a grassy bluff so steep that I was almost crawling, regretting everything that had brought me to this point. But the view at the top took the rest of my breath away.

I was surrounded by ocean on three sides. On my left, cliffs plunged to the sea, and I could see waves crashing on the rocks far below. Ahead

was the firm line of the horizon. On my right was a black-sand beach stretching all the way into the distance, where it disappeared in a haze of salt spray. The valley behind me was swallowed by old-growth forest. I couldn't believe I was only an hour from my Auckland home.

I immediately wanted to bring everyone I knew to see it, but knew that I couldn't. At the time, the track was simply too unfriendly.

Then, over the pandemic years, Auckland Council upgraded Ōmanawanui, turning it from a sketchy ridgeline wobble for hard-out trampers into a much-easier track that I could invite my mum to join me on. Now, there are wooden stairs and boardwalks, and handrails made of thick, old-fashioned rope. You don't even have to climb that bluff hand-over-foot, because the Council built a gentler way up.

But what moved me most was seeing people of all ages walking it.

The track starts at the end of the road at Whatipū, which is pronounced fa-tee-PU, and named for the local spirit guardian, or *taniwha*. The track climbs from the beach up on to a ridgeline – that's the hardest part – then follows the ridgeline along the coast, over hilltops, through little glades of

mānuka and kānuka trees, some of them sculpted into fluid shapes by the wind. (You can tell the difference between the two by touching the leaves: mānuka leaves are pointy and sharp, and kānuka leaves are soft. Mānuka is mean, kānuka is kind.)

Near the turnaround point, the track enters stands of ancient trees that offer a glimpse of what the forest is like further into the valley. Retracing your steps, you'll have a different view ahead of you: the sweep of black sand at Whatipū and the Tasman Sea.

It's important to bring warm clothes, even on a hot day, plus all the snacks and water you might need; there are no shops at Whatipū, but a lot of good picnic spots along the track. At least two of the hilltops the track crosses were once pā sites, fortified villages where Māori lived, the 360-degree views offering protection as well as beauty.

Ōmanawanui takes about three hours to and back, and can be tackled at any time of year, depending on the weather forecast. (Avoid very windy or rainy days.) And if the going gets tough, think of the word, *manawanui*, embedded within its name: it means perseverance, dedication, resolution.

Take the scenic route

On your way to and from Ōmanawanui, you'll pass through the historic settlements of Huia and Little Huia. Some of the original dwellings in this area have been preserved as baches, or holiday houses, which are bookable through the Auckland Council website. These offer the classic New Zealand bach experience – a modest house in an exceptionally beautiful setting, possibly with its original lurid wallpaper intact. Most of the baches need to be booked well in advance, especially over the summer months, but those with fireplaces would make a cosy stay over winter. aucklandcouncil.govt.nz





INSIDER TIPS

A Malaysian in... Singapore

Singapore-based multi-hyphenate Pak Yang, who runs F&B pop-up concept Club Sando, shares his favourite places to dine and enjoy heady beats in the Lion City

BY STEPHANIE YEAP



My mother is from Sarawak and my father is from Hong Kong, so I spent my early childhood years between the two cities. I have many nostalgic memories of eating at *pasar malam* (night markets) in Malaysia. My family and I moved to Singapore when I was eight, as my father wanted me to study there.

After completing National Service in 2009, I carved a career in the music industry and moved to Hong Kong for a job in music distribution. During a chance encounter, I met Chef Nurdin Topham at my favourite jazz bar, sense99. When he learned I was growing disillusioned with the music industry, he invited me to work in his two-star Michelin restaurant Yardbird as a junior chef in 2012. I rose to the rank of sous chef around the two-year mark.

I also worked in other roles in the Hong Kong F&B industry – my last stint was operations manager with the Meraki Group in 2021. In 2022, I returned to Singapore to work at a private members' club. Initially, I was a development chef for the club's Japanese restaurant.

Over time, I realised I could combine my experiences and create a concept that centres around food and music. This led me to start Club Sando (@club_sando) in February 2023, a pop-up concept that hosts music nights and serves up unique spins on comfort food. We've organised 15 editions since our launch. Our signature dishes include the katsu chicken sando, accompanied with a side of curry to dip in (similar to how you can dip sandwiches into beef jus) and salad *youtiao* (deep-fried dough fritters stuffed with prawn paste and topped with salad dressing).

Since returning to Singapore a year ago, I found myself thinking, there's so much to do and eat here! Deciding on my favourite places in Singapore is always difficult, but here they are.



Little India



Steamed fish

The best place for a night out

The Riverwalk, Boat Quay (20 Upper Circular Road, #B1, #01/06)

There's an izakaya on Boat Quay called **IKIGAI**, which was a nightclub in past iterations. Some may have known it as the club Canvas, or as Home or Mad Monks. The beauty



Rempapa

but my favourite is either the grouper or pomfret, steamed simply with soy sauce, scallion and ginger.

The trendiest 'hood

Dempsey Hill
(canchita.sg, comodempsey.sg, doverstreetmarket.com, claudinerestaurant.com)

For great food and unique shopping experiences, I always recommend visitors to pop by Dempsey Hill. A must-visit is Peruvian restaurant **Canchita**, which serves delicious *patacones* (plantain crackers with guacamole), *octopus a la brasa* (grilled octopus with beans and avocado), as well as classic ceviche dishes. I also highly recommend **Candlenut**. This one-star Michelin restaurant serves authentic Peranakan cuisine with a modern touch.

For really cool fashion streetwear, there's **Dover Street Market**. And if you're looking for a nightcap, head to the French restaurant, **Claudine**.

For comfort food

Little India
(5-7 Upper Dickson Rd)

There's a plethora of food at **Little India** – especially vegetarian and tandoor dishes. For comfort fare, I head to the Indian vegetarian restaurant **Komala's**, where the food is simple but executed well. Here, the flavours are clean, and the food is made with love.

I especially love the rice with dhal curry, though other must-tries are the *masala poori* (a type of Indian snack), *dosai* (thin pancake made with a fermented batter), and the vegetarian biryani. They even serve *teh tarik* (pulled milk tea) out of the classic tin cups here.

Where I'd take someone visiting Singapore

Park Place Residences at PLQ
(2 Paya Lebar Rd, #01-01/02/03)

Rempapa in Paya Lebar serves dishes that represent the four main ethnic groups in Singapore as well as Peranakan flavours. I personally like the Nyonya fish dishes, *ayam buah keluak* (traditional Peranakan dish consisting of chicken, tamarind gravy and buah keluak nuts), and platters of assorted kuih.

Simplicity is best

Dunman Food Centre
(271 Onan Rd)

One of my favourite hawker stalls is **Fu Xing Steamed Fish** at Dunman Food Centre. While there are three steamed fish stalls here, Fu Xing – located on the second floor next to a store selling *kway chap* (noodles served with offal and gravy) – is my personal favourite. Here, the cooking reminds me of those I grew up eating in Hong Kong. You can get it prepared with black bean sauce, Hokkien-style,

of this place is that, despite numerous revivals, it has never changed hands.

The owners pivoted to an izakaya concept during the pandemic but decided to bring the club back six months after the izakaya took off, in the form of Iki by Ikigai – club nights that run on Thursdays, Fridays and Saturdays. The music is always a sure bet.



Malaysia Airlines flies between Kuala Lumpur and Singapore 63x weekly and between Kuching and Singapore 7x weekly.

Dover Street Market



Fun with the Family

Adventures await at Sunway Resort Hotel's kid-friendly spaces

For a family escape that ticks all the boxes, check out Sunway Resort Hotel over the summer holidays. The lineup of family-focused rooms, facilities and activities caters to all kids, whether they love exploring, learning or splashing about in the sun

First stop: Waterventure. Sunway Resort Hotel's signature dedicated water-play space comprises shallow pools, water slides and play areas that are designed for kids to explore and play independently. Swimmers will also enjoy the resort's beautiful freeform landscape pool, where strategic LED lights, underwater speakers, lush foliage and cascading waterfalls create a magical experience. Plus of course – shady sundecks and sun loungers for parents to relax while supervising!

Youngsters will love Wonderland Explorers, the resort's educational kids club where they can learn through role playing and hands-on exploration. Your little Einsteins can try their hand at composting on the

rooftop urban farm to learn about food waste, or hide away in a quiet corner or technology room to pursue some independent learning. In collaboration with the Jeffrey Sachs Centre on Sustainable Development, the club was created to instil a foundational sustainability mindset in children.

When you need to recharge, head to Sunset Terrace, the all-day dining restaurant by the poolside. With its dedicated kids buffet area and range of cuisines and dishes, this is the perfect spot to find something for the whole family to enjoy. Or stop by the Premier Leisure Lounge for complimentary afternoon tea, evening cocktails and canapés. Located above Wonderland Explorers, the lounge is exclusively open to guests staying in the Waterventure Terrace, Family Terrace and Family Fun Suites.



The Summer Family Vacation package includes a two-day, one-night stay for two adults and two children at the hotel's specialty family rooms, meals at Sunset Terrace and Black Tap Craft Burgers & Shakes.

The Summer Family Vacation package starts from RM1,799+ per night. Head to sunwayhotels.com for more details.



Family Fun Suite

Choose your own adventure

Each of these unique stays at Sunway Resort Hotel can accommodate a family of up to two adults and two children – and come with exclusive access to the Premier Leisure Lounge which offers complimentary afternoon tea, evening cocktails and canapés.

Waterventure Terrace

Made for kids who can't stay out of the pool! The room comes with a private terrace that opens right onto Waterventure.

Family Terrace Room

Spacious and welcoming, the perfect space for families to stay together in style. Enjoy the pool view from the room's private balcony.

Family Fun Suite

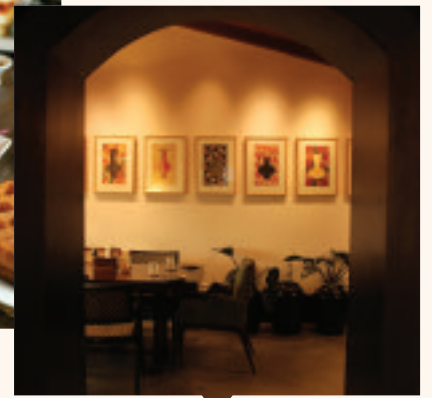
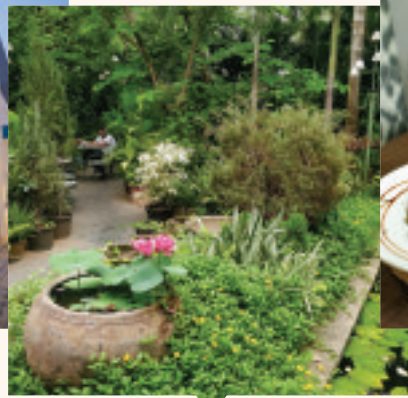
The dedicated play space comes equipped with a gaming console, a large screen TV and karaoke machine. And complimentary treats!



DRINKS

Cafe o'clock

From photography to cycling, there is something for everyone in Chennai's diverse café scene **BY KALPANA SUNDER**



Drink a latte in your image

The Bistroglyph, India's first photography-themed café, opened in March this year in Shastri Nagar. Café owner and shutterbug Hari Subash wanted to combine his love for coffee, food and photography and did so under one roof. Guests will find photography-themed fittings such as cutlery caddies that resemble cameras, as well as a photo album menu. Even the cafe's building is inspired by a twin lens camera.

What to try

Their signature – multi-layered coffee with condensed milk, espresso, red velvet and milk foam – has your photo printed on.

10 Cross St, Shastri Nagar, Adyar. [instagram.com/thebistroglyph](https://www.instagram.com/thebistroglyph)

Take refuge in a garden oasis

Wild Garden Café at Amethyst is the city's oldest and most popular upmarket café. It opened in a heritage building in 2000 but shifted to its present location in a restored granary warehouse 10 years later. It continues to hold sway despite new cafés popping up. Nestled within a charming garden with both indoor and outdoor seatings, its old-world ambience and serene lotus pond create an irresistible oasis in the city.

What to try

Apart from filtered coffee and espresso beverages, tea-time desserts worth trying here are the Portuguese custard tarts and the carrot cake.

239 Whites Road, Royapettah. [amethystchennai.com](https://www.amethystchennai.com)

A home for cyclists

Chennai is home to major cycle manufacturing companies like TI Cycles and a growing recreational cycling culture. Keeping up with that trend is Ciclo Café, the only cycle-themed café in the city. The café interior is bedecked with cycle chain chandeliers and bicycle wheels hung on the walls, while stationary bicycles serve as bar stools. French fries are served in tiny bicycle baskets.

What to try

Run by cyclists Ashish and Nidhi Thadani, come for a post-ride coffee and a delicious bite of naanza – Tandoor-baked Indian pizza.

32, 47E Gandhi Mandapam Road [ciclo.cafe](https://www.ciclo.cafe)

Selfie time in a cool space

The sprawling Entrance Café – with indoor and outdoor space totalling 5,000 square feet – is another new entrant to Chennai's café scene and is inspired by the aesthetics of Pondicherry, a coastal town about three hours away by car. With a koi pond, a larger-than-life Gothic-pannelled wooden door and mixed leather interiors designed by architect Faisal Manzur, Entrance Café is the place to see and be seen.

What to try

We recommend the espresso romano on the rocks, an aromatic brew using beans roasted especially for Entrance Café.

4, 63, Taylors Road, Kilpauk. [instagram.com/entrance.cafe](https://www.instagram.com/entrance.cafe)



DINING

Meat and greet

Manila's most innovative restaurants are playing with new (and old) ingredients

BY MIKE AQUINO

Alegria Manila: Wagyu Carpaccio

Try Alegria Manila's tasting menu and you'll find yourself taking an exhilarating *carretela* (horse-drawn carriage) ride between Latino and Asian influences with chef Charles Montañez expertly setting the course.

The result is not a derivative Asian-this or Latin-that. "We're not even going to try doing traditional Latin food because you can't get the same ingredients," he explains. "We're taking the soul of the dishes and presenting them using our cooking, to fit the Filipino palate."

Consider chef Montañez's wagyu carpaccio in a risotto made from Chinese pearl barley: a fanciful creation inspired by the Filipino *arroz caldo con goto* (rice porridge with tripe). *G/F Uptown Parade, BGC, Taguig City; grupoalegria.online/alegria-manila*



Thin sheets of A4-grade wagyu beef are added to briefly cook in hot risotto-style *adlai*. Adding smoked tripe infuses the porridge with a subtle flavour that recalls the Filipino *goto*'s classic tripe garnish, even in the absence of the thick rice congee that is *goto*'s key ingredient.

Cornhusk oil, spring onion and gnocchi add body and texture, along with nutty and herbal flavours. This is par for the course for chef Montañez, who relishes creating juxtapositions between Asian and South American flavours throughout Alegria's spread.

As a final touch, the server aims a kitchen torch at a long beef shank – searing and softening the marrow for easy scooping onto the carpaccio. This garnish draws parallels in look and flavour to the *goto* variant "bulalugaw", where *goto* is enriched with boiled marrow morsels.



“For the plating and presentation, it’s as simple as can be: starch, sauce and chicken,” Chef Rap explains. For starch, this dish uses *adlai*, a wild rice alternative with a slightly nutty flavour that pairs well with the pamapa-infused sauce. Adlai has long been a staple for the Philippines’ native communities.

**Rabbit Room:
Chicken Pendatun**

On Makati’s Sampaloc Street, spot the abstract rabbit pointing to a driveway and the door that opens up into the restaurant. Rabbit Room’s industrial-meets-Art Deco space is like a convivial venue to try the menu by chefs Rap Cristobal and John David Ty. “I advocate using local ingredients and produce

as much as I can,” chef Rap explains. “We stay true to our roots and try to keep everything simple.” The sense of play is apparent in the chefs’ surprising sources of inspiration – Mindanao’s Tausug and Maranao cuisines are rare finds in Manila restaurants. The chicken Pendatun dish is a case in point. **8858 Sampaloc St, San Antonio Village, Makati;** fb.com/rabbitroomph

The chicken Pendatun is chef Rap’s own take on a Tausug dish from Mindanao. “I named the dish after Datu Shariff Pendatun III, the person who taught me the dish,” he explains. Following the Tausug way, the chicken is stewed in a flavourful sauce, then grilled before plating.

Like with any good *piyanggang*, chef Rap’s chicken uses *pamapa itum*, a dark spice paste coloured by a charred coconut meat powder called *siyunug lahing*. Chef Rap’s chicken Pendatun incorporates turmeric, a tradition borrowed from the Maranao community of Mindanao.



**Play with
your food**

**3 more dining
venues in Manila**

Metiz
Chef Stephan Duhesme’s Metiz features Filipino favourites elevated with French nouvelle cuisine methods – an approach that landed Metiz on the 2023 Asia’s Best Restaurants list. **G/F Building A Karrivin Plaza;** instagram.com/metizresto

Helm
At Chef Josh Boutwood’s Helm, you might enjoy Chilean sea bass atop a mussel emulsion one evening, and white-on-white coconut ice cream the next. Keep an open mind. **3/F The Shops at Ayala Triangle Gardens;** instagram.com/helmmnl

Hapag
Chefs Thirty Dolatre, Kevin Navoa and Kevin Villarica use locally grown produce and nifty fermentation techniques to create a wholly unique fine dining experience. **201 Katipunan Avenue, Project 4, Quezon City;** hapagmnl.com



This bustling city has it all: luxury shopping, incredible eats and rich heritage. How better to explore it than from Holiday Villa Hotel & Residence Doha in the heart of the city? A 20-minute drive from Hamad International Airport and close to the luxury shopping areas and local culture, Holiday Villa Doha is the perfect home base in the city for tourists and business travellers.

Stroll through the vibrant traditional Qatari marketplace Souk Waqif for unique souvenirs and aromatic spices, or explore history and heritage at The National Museum of Qatar. For a full day of adventure, head to the Katara Cultural Village, where a classical amphitheatre and planetarium await.

After all that exploring, Holiday Villa Doha promises a restful stay for every kind of traveller and every group size. Comprising both a hotel and serviced residences, Holiday Villa Doha boasts many amenities, from fun and engaging children's play areas to convenient business facilities. Doha Exhibition and Convention Centre is just 15 minutes away, adding convenience for business travellers. When it comes to dining, embark on a culinary journey with authentic Malaysian cuisine at the Lagenda restaurant, or Chinese-Japanese fusion at D'Chopstix. For a touch of elegance, visit the new ICONO View Restaurant on the rooftop.

Your Doha calendar

Big events worth travelling for

Formula 1 Qatar Grand Prix 2023
October 6-8, 2023

International Horticultural Expo 2023 (Doha Expo 2023)
October 2, 2023-
March 28, 2024

AFC Asian Cup Qatar
Jan 12, 2024-
Feb 10, 2024

Destination: Doha

Enjoy top-notch shopping, heritage and hospitality in Qatar's capital



Summertime treats

Take advantage of Holiday Villa Hotel & Residence Doha's latest promotion and stay three nights for the price of two. This deal includes free stays for up to two children, 24-hour check-in and check-out as well as special rates at the hotel spa. For more info, head to holidayvillahotels.com.





24 HOURS IN

Kangar

Words **Zarif Ismail** Photography **Thinnes Kumar**

Kangar, the state capital of Perlis, sits just 33km south of Thailand (entry via Padang Besar Check Point) and 50km from Alor Setar, the capital city of Kedah. Depending on who you talk to, the origin of the town's name changes. "It was named after a tree, where 16th century sea traders took a respite from deal-making under its massive boughs." "Not true! It was named after a unique type of hawk, found only in this part of the country." And so on.

But the one consistent theme in all the stories are their ties to nature. Located on the northernmost point of Malaysia, Perlis is a frequently overlooked outdoor holiday refuge, which is a shame as this is

where you'll be able to spot rare wildlife like the Robinson's banded langur and the endangered Sunda slow loris, which live in the humid jungles of Perlis State Park. Within the 5,000-hectare park, you'll find majestic limestone caves and rock formations forged in the late Triassic era, approximately 200-250 million years ago.

The irony of planning a 24-hour itinerary in Kangar – where much of its traditional Malay village charm and pace is retained amidst modernisation – is that it's too easy to forget time. The best mode of transport is by motorbike, for an easy hop on, hop off experience when checking out places in Kangar.



Saturday



🕒 8am Breakfast, and make it like the sixties

Kickstart your adventure with a step back in time at **Ngulang Kopitiam**, where '60s-era antiques – home and kitchen tools – line the wall shelves.

Unlike most kopitiam, which have a Chinese influence, Ngulang serves classic Malay cuisine. Go ahead and sample dishes specific to the region, like *roti gulai ikan kembong* (toast with mackerel curry) and *pulut hitam ikan masin atau sardin goreng* (black sticky rice with salted fish or fried sardine). 410, Jalan Jejawi

Alternatively, visit **Ida Pulut Ayam Titi Chai** to experience a unique northern Malay breakfast – *pulut ayam* – fried chicken marinated in local spices and fragrant sticky rice topped with crispy shallots and Thai chilli sauce. *Titi Chai*



🕒 10am Get the lay of the land

Wang Kelian is a small village that rests at the border of Thailand, 45 minutes from Kangar. It's right outside Perlis State Park, making it the perfect entry point to discover the area's rich biodiversity. To start, visit the **Wang Kelian View Point** that sits 304 metres above sea level. A tarred road leads up to a rainbow-coloured platform, where you'll be treated to a majestic bird's eye view of Bukit Chabang and Timah Tasoh dam. *Wang Kelian View Point, Kaki Bukit*



Perlis showcases the best of traditional village life. Here are some fun facts about Malaysia's northernmost state.



At **812 km²**, Perlis is the smallest state in Malaysia.

There are two villages in Perlis that provide entry points into Thailand – Wang Kelian and Padang Besar.

Harumanis

is a popular mango variant that can only be found in Perlis and some parts of Indonesia.

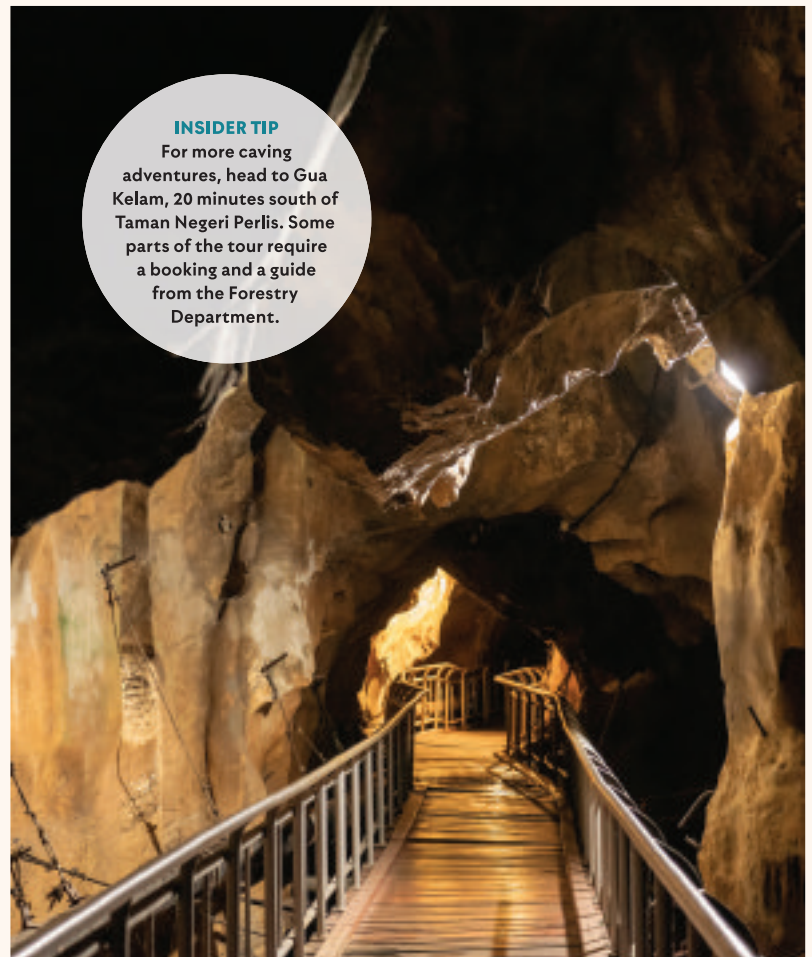
🕒 12pm Mountain? Cave? Or both?

Embrace the fresh air and the song of cicadas at **Taman Negeri Perlis**, located less than 10 minutes away from the Wang Kelian View Point. The park caters to outdoor enthusiasts of different levels.

Join the challenging six-hour trek to Gunung Perlis where, according to state park manager Muhammad Fandi, “You’ll find unique plants and animals such as the endangered *pokok Bogak* (cycas clivicola) or *beruk kentoi* (stumped-tail macaque).”

For budding spelunkers, he recommends the four-hour caving adventure at Wang Burma, a limestone cave within the park that’s filled with exotic fungi and endurance-challenging passageways. “Visitors love caving in Wang Burma to see the stalactites and stalagmites that were formed 500 years ago,” Muhammad Fandi adds.

However, if you’re conserving your energy for the rest of the day, take a leisurely stroll along the **Denai Putera Denmark** trail, which takes only an hour to complete. Unlike the other adventures at Perlis State Park, no guide or permit is required for this short trek. *Jabatan Perhutanan Negeri Perlis, Km 2 Jalan Kaki Bukit*



INSIDER TIP

For more caving adventures, head to Gua Kelam, 20 minutes south of Taman Negeri Perlis. Some parts of the tour require a booking and a guide from the Forestry Department.



INSIDER TIP

Another meal that locals love is laksa Perlis, a spicy rice noodle dish steeped in fish broth topped with sliced cucumber, chilli, raw onions and a boiled egg.

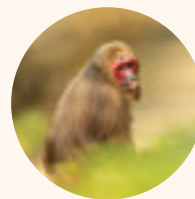
🕒 2pm Catfish galore

A restaurant loved by all walks of life – from locals to Malaysian royalty and TikTok influencers – **Anjung Keli** serves daily fresh-cooked, Malay *kampung*-style mixed rice. Here, you’ll find a wide variety of over 50 dishes, including fresh *ulam* (traditional Malay salad), a variety of coconut-based curries, free-range fried chicken, soups and sambals. Anjung Keli’s signature dish is the fried or grilled catfish and is an absolute must-try. *Medan Sri Pulai, Jalan Behor Pulai*



Wildlife spotting

A recently published photo book, *Wang Kelian: the Forgotten Valley* by photographer Peter Ong, captures the biodiversity and cultural heritage found in the area.



The Stump-Tailed Macaque is iconic to Perlis. In Malaysia, this species can only be found in Wang Kelian and they don't venture far from home.



🕒 4pm Sip your coffee slow

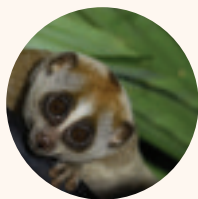
From oat milk lattes and frappes to slow drips and pour overs, **Ahli Kopi Kanger** will supply all the caffeine needs of a big city coffee-holic. The café is set within an unassuming shophouse with minimal outdoor seating along Jalan Penjara, so if you're lucky, grab a seat, your choice of brew and enjoy a relaxing afternoon reprieve. Café culture is growing in Kanger – down the street from Ahli, **D'Yunk Coffee and Café** serves a mix of Western and local meals, in addition to a strong cuppa; meanwhile, **Sorok Kafe** went viral on TikTok as the first in Perlis to introduce charcoal latte to locals. *Ahli Kopi Kanger: 2, Jalan Penjara*
D'Yunk Coffee and Café: 7, Jalan Penjara
Sorok Kafe: 19 Medan Niaga

🕒 6pm Get lost in the rainbow village

About a 20-minute drive from Kanger is Kuala Perlis, a rustic seaside town, parts of which underwent a village transformation programme. Explore **Kampung Seberang Ramai**, one of the weather-worn villages that received a sprucing up. Here, you'll be greeted by a community of traditional homes painted in rainbow colours. The streets, too, are decorated with wind-chimes and suspended umbrellas, and visitors can enjoy spotting street art murals painted on certain houses around the village – but do be mindful of the residents' privacy as these are family homes. For a nice photo op, keep an eye out for the sign that leads to the Tuanku Syed Putra Bridge to enjoy a lovely view of the Perlis River. *Kampung Seberang Ramai*

“
[Nat Pokok Getah] is regarded by locals as being the most iconic open-air market in Perlis due to its location within a rubber plantation”

IMAGES: PETER ONG (SIDEBAR), SHUTTERSTOCK (KUALA PERLIS PIER, NAT POKOK GETAH)



The Sunda Slow Loris is one of the seven species of primate found in this area. They are a nocturnal primate and one of a handful of venomous mammals.



The Grey-Capped Pygmy Woodpecker is one of the smallest species of woodpecker. They often make their homes in old durian trees in the area.



The Blue-Crowned Hanging Parrot is another bird species that can be found in Wang Kelian's orchards. They sleep hanging upside down.

🕒 **7-10pm**
Dinner and a stroll by the estuary

After you're done exploring the colourful villages of Kuala Perlis, it's time to grab a bite for dinner. Sandwiched between the Bukit Kubu Forest and an estuary of the Perlis River is the famed **Api Api Ikan Bakar** Restaurant. Its menu is unique to Perlis – *Ikan bakar bawal* or pomfret fish, is grilled and laced with a moreish gravy made with turmeric, condensed milk and coconut milk, among other spices, giving you that rich, slightly sweet flavour. What else to order? *Sotong goreng tepung* (fried squid) and the *ulam* set (mixed greens accompanied by sambal belacan and a small bowl of curry) are perennial crowd pleasers. *Jalan Dato Ali, Bukit Tok Po*

Full from dinner? Walk it off by joining the locals at the **Kuala Perlis Pier** and enjoy the salty breeze as you people-watch. Just two minutes away, you'll find the resplendent floating mosque, **Masjid Al-Hussain**. *Kampung Seberang Alor*



Sunday

🕒 **7am-2pm**
Shopping in a rubber plantation

Before you leave Kangar, be sure to stop by the loud and lively **Nat Pokok Getah**. It's regarded by locals as being the most iconic open-air market in Perlis due to its location within a rubber plantation in Kampung Kubang, 20 minutes from Kangar. (Nat is an old Malay word that loosely translates to day market). From local homemade snacks like *tapai* (sweet, fermented rice) and traditional herbs like *serai gunung* (mountain lemongrass) and *mengkudu* (noni), all the way to used electronics and preloved clothing, one can spend hours sifting through the goods at Nat Pokok Getah. Before leaving town, tuck into your snacks at the dining area located right in front of the market – you'll be elbow-to-elbow with friendly locals, but that's just part of the charm of experiencing life in Perlis. *Kampung Kubang, Arau*



Malaysia Airlines flies between Kuala Lumpur and Alor Setar 15x weekly.

Firefly flies between Subang and Alor Setar 24x weekly.

Sydney uncovered

From artsy suburbs to ethnic food enclaves
these less-known Sydney neighbourhoods
are a must-visit

Words **Tatyana Leonov** Photography **Vaida Savickaite**



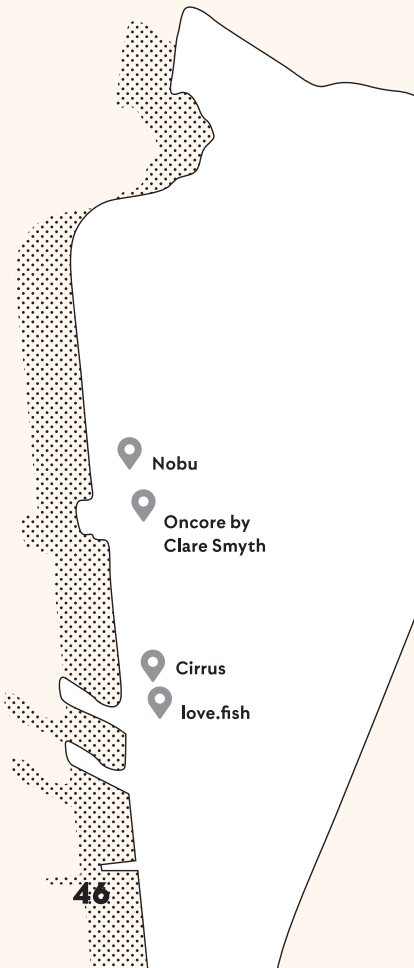


Home to over a hundred postcard-perfect beaches, the capital of New South Wales offers a thriving cultural, food, shopping and nightlife scene. But if you're looking for an insider's experience of Sydney, you have to explore some of these under-the-radar neighbourhoods.

For foodies

If you've dined your way through inner-city Surry Hills, perhaps devouring wood-fired dishes at Firedoor, sampling modern Australian bites at Nel, or indulging in Southeast Asian fare at Chin Chin, it's time to...

...take your tastebuds on a journey to Barangaroo



Oncore by Clare Smyth

Located on the north-western edge of the city's central business district, Barangaroo is known for its green spaces and stunning views of the harbour. It's also where you'll find a food scene that encapsulates the essence of Sydney – diverse, colourful, multicultural, evolving and oh so fine.

For fine dining with a view, head to **Oncore by Clare Smyth**. Perched on the 26th level of Crown Sydney, it's the only international restaurant by the celebrated Northern Irish chef, with menu items that pay homage both to her childhood in Ireland and to present-day Sydney. Another shining star at Crown Sydney is **Nobu**. Here, it's about exquisite Japanese food with a Peruvian twist. Be sure to try the black cod miso.

For more delectable seafood, pop over to family-friendly waterfront restaurant **love.fish** for its great selection of mostly Australian-sourced seafood cooked using modern Australian techniques. For something a bit more luxe, try **Cirrus**, which offers dishes like a whole lobster in scallop XO sauce and Murray cod served with confit tomato, kelp and dashi.



Barangaroo

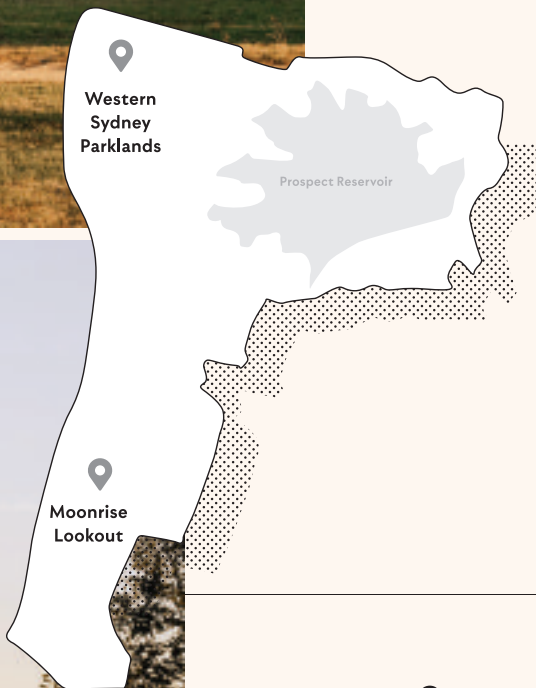


love.fish

If you've surfed, swam and SUP-ed along the expanse of Bondi Beach, played beach volleyball and hiked parts of the Bondi to Coogee Coastal walk...

...head to the Western Sydney Parklands

Spread across a whopping 5,280 hectares, **Western Sydney Parklands** is the largest urban parklands in the world – 15 times larger than New York's Central Park! Although the parklands are located some distance from the Sydney centre, it's well worth the one-hour drive. "Sydney's biggest backyard" is a huge carpet of green, criss-crossed with walking and cycling tracks, picnic shelters, play equipment, native bushland and more. Take a mountain bike and explore the area on two wheels, or enjoy a relaxing afternoon picnic. For panoramic views of Western Sydney, head over to the **Moonrise Lookout Trail** in Warragul.



For active adventures

IMAGES: COURTESY OF ONCORE BY CLARE SMITH | LOVE.FBH

If you've visited the best-known museums and galleries in and around the Central Business District, like the Art Gallery of New South Wales, the Museum of Contemporary Art Australia and the Museum of Sydney...

...explore the inner-city suburb of Chippendale

A small suburb with an energetic vibe, Chippendale is where university students gather in trendy cafés and arty types peruse galleries and creative studios. Within this colourful district is **Central Park**, a major mixed-use project that incorporates a large park, various public spaces, three residential towers and a shopping mall. **The Japan Foundation Gallery** is located within the mall, with exhibitions spread across one level. From now till 29 July, you can check out *OH!Bento*, a showcase of



Chau Chak Wing Museum



Chau Chak Wing Museum



Satoru Abe, *Hachiro Kumagawa, Boatman, Kuma, Kumamoto, 2012*

For cultural connoisseurs

Hailun Ma 马海伦,
Xinjiang Cowboys
1, 2019, inkjet
print, 120 x 80cm



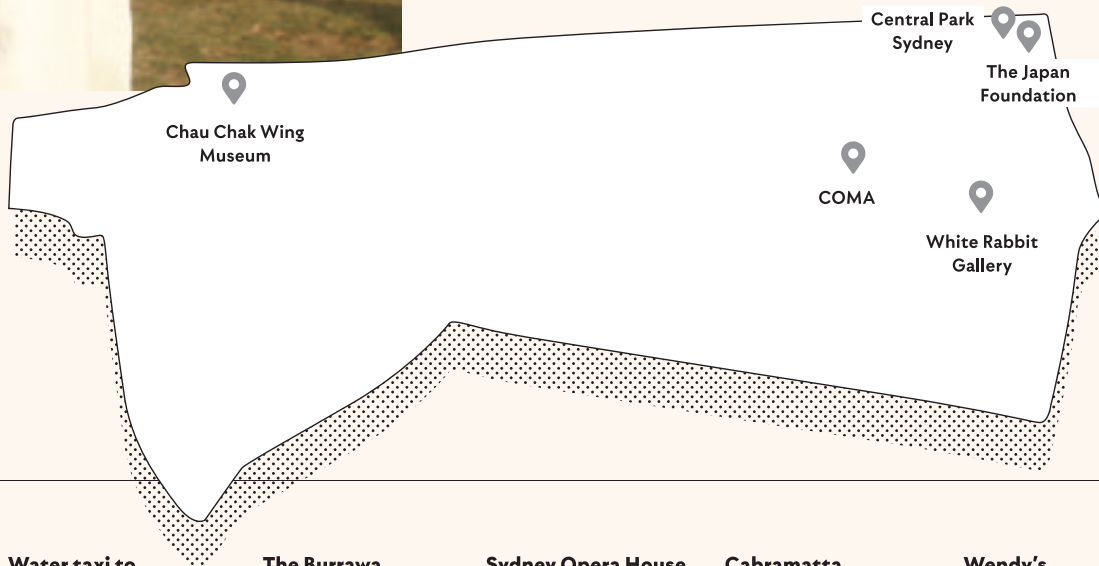
“

**White Rabbit Gallery
reopened in late June with a
thought-provoking look into
the future of class in China”**

photographs, illustrations and video works that unveil the Japanese bento experience.

Other artistic spots include **White Rabbit Gallery**, which features contemporary Chinese art spread over three floors. The gallery reopened in late June with *I Am the People*, a thought-provoking look into the future of class in China. Opened in 2020, **Chau Chak Wing Museum** – about a 10-minute walk from Chippendale – is the University of Sydney’s newest

museum combining art, science, history and ancient cultures, while **COMA** shines the spotlight on artists who push the envelope. Out on the streets of Chippendale, you’ll also find plenty of street art. Notable works include **Scottie Marsh’s ibis “Bin chickens” in Teggs Lane**, **Fintan Magee’s large-scale mural on the Lord Gladstone Hotel** and works by **Blends and Rhys John Kaye on Meagher and Wellington Streets**.



**5 secret
Sydney
experiences**

Water taxi to Clark Island
There’s no direct public transport to this secluded island oasis, which makes it all the more intriguing to visit. nationalparks.nsw.gov.au

The Burrawa Bridge Climb
Scale the Sydney Harbour Bridge with a First Nations Storyteller as your guide. (Burrawa means upwards.) bridgeclimb.com

Sydney Opera House backstage tour
A one-hour tour providing access to spaces rarely seen by the public, including, dressing and rehearsal rooms. sydneyoperahouse.com

Cabramatta foodie tour
With a strong Vietnamese influence in Cabramatta, you’ll be sampling some truly delicious pho and savoury pancakes. tastetours.com.au

Wendy’s Secret Garden
A once-neglected space that is now a beautiful botanical refuge with sculptures and artworks. wendyssecretgarden.org.au

IMAGES: COURTESY OF THE ARTIST AND THE WHITE RABBIT GALLERY, THE JAPAN FOUNDATION GALLERY

For people watching

You've threaded your way through Newtown a number of times, soaking up the vibrant street culture in quirky cafés like Brewtown Newtown and Rolling Penny, and milled around the many book stores like Gould's Book Arcade, and now you're ready to explore another eclectic neighbourhood...

...get to know Marrickville

Marrickville is less touristy than Newtown, but the cafés are just as hip, the boutiques just as interesting, and the streetscape perfect for leisurely perambulations. If you're here on a Sunday, the **Marrickville Markets** offer a glimpse into local life with the volume turned up. But any day is a great day to visit this inner-west suburb, with plenty of snack sojourns to fuel you.

Two Chaps is well-loved for their aromatic coffee and organic Mediterranean dishes while **Ona Coffee** offers a bit more of an upmarket coffee experience; **Warren & Holt** is a charming café that prides itself on its ethically-sourced



Valentina's

ingredients; and the kitschy-cool **Valentina's** is all about American-style pancakes and fried chicken sandwiches. Two more diners to check out are **Hello Auntie** (Vietnamese cuisine) and **Baba's Place** (modern Eastern-European and Middle Eastern), but if you can only fit one more meal in, the **Lucky Prawn at Bob Hawke Beer & Leisure Centre** is a must-visit, serving classic favourites like sizzling beef and ever-so-crisp prawn toast. The old-school Chinese-Australian bistro is so old school, it's cool.



Marrickville



Hello Auntie





Westfield Warringah Mall

Meandering through the indoor-outdoor Pitt Street Mall is a signature Sydney shopping experience, but if you're looking for something a bit off the beaten track...

...go shopping on the Northern Beaches



Westfield Warringah Mall



Malaysia Airlines flies between Kuala Lumpur and Sydney 14x weekly.

Sydney's Northern Beaches ooze cool coastal vibes, and it's not just about the more than 20 beaches that trace the 30-kilometre coastline from Manly to Palm Beach. The scenic region is also known for some serious retail therapy.

Westfield Warringah Mall in Brookvale is the biggest shopping centre in the area, housing over 350 stores – hawking everything from global fashion brands to locally-made goods and artisanal homewares.

Manly may be famous for its beach, but it's the laneways located on either side of the promenade where the local boutiques and specialty stores are to be found. Local weekend markets seal the deal and capture the essence of alfresco shopping. Think colourful bric-a-brac, handcrafted attire and tasty street food to keep you energised.

Directory

Oncore by Clare Smyth
Crown Sydney, Level 26/1 Barangaroo Ave, Barangaroo NSW 2000

Nobu
Crown Sydney, Level 2/1 Barangaroo Ave, Barangaroo NSW 2000

love.fish
7/23 Barangaroo Ave, Barangaroo NSW 2000

Cirrus
23 Barangaroo Ave, Barangaroo NSW 2000

Western Sydney Parklands
Wallgrove Rd, Eastern Creek NSW 2766

Moonrise Lookout Trail
75 Border Rd, Horsley Park NSW 2175

Central Park
28 Broadway, Chippendale NSW 2008

The Japan Foundation Gallery
Level 4, Central Park, 28 Broadway, Chippendale NSW 2008

White Rabbit Gallery
30 Balfour St, Chippendale NSW 2008

Chau Chak Wing Museum
University Pl, Camperdown NSW 2006

COMA
First, Floor, 71/73 Stanley St, Darlinghurst NSW 2010

Marrickville Markets
142 Addison Rd, Marrickville NSW 2204

Two Chaps
122 Chapel St, Marrickville NSW 2204

ONA Coffee Sydney
140 Marrickville Rd, Marrickville NSW 2204

Warren & Holt
415-421 Illawarra Rd, Marrickville NSW 2204

Valentina's Sydney
132 Livingstone Rd, Marrickville NSW 2204

Hello Auntie
278 Illawarra Rd, Marrickville NSW 2204

Baba's Place
20 Sloane St, Marrickville NSW 2204

Lucky Prawn at Bob Hawke Beer & Leisure Centre
8/12 Sydney St, Marrickville NSW 2204

Westfield Warringah Mall
145 Condamine St, Brookvale NSW 2100

Westfield Warringah Mall
145 Condamine St, Brookvale NSW 2100

For more hidden gems in Sydney, check out the Malaysia Airlines official YouTube channel ([youtube.com/@MalaysiaAirlines](https://www.youtube.com/@MalaysiaAirlines)) from mid-July onwards.

For open-air shopping

Gold



Words **Sharon Crowther** Photography **Aim Aris**



In port cities of maritime Southeast Asia 600 years ago, marriages between settlers and locals gave birth to a community called Peranakans and stirred up new traditions in home cooking. Today, in professional kitchens of Penang's capital, chefs strive to perfect, preserve and progress their cuisine

plated

Auntie Galk Lean's

old school eatery





Previous page: Lemuni rice from Jawi House; Interior of Jawi House
Clockwise from left: Chef Beh Gaik Lean; Nasi ulam (rice salad); Auntie Gaik Lean's Michelin star

Every day, chef Beh Gaik Lean meticulously chops the 78 herbs that bring to life her famous *nasi ulam*, a traditional Peranakan rice salad. She spends hours grinding the chilli and spices for her notoriously fiery brinjal sambal and preparing coconut milk from scratch for her chicken rendang. Auntie Gaik Lean, as she is affectionately called, knows that the most important ingredient in Peranakan food is hard work. “The harder I work, the better my food becomes,” she says with her trademark grit and personality. “It’s that simple.”

At 69, Beh’s hard work and commitment to her food is paying off. After decades spent working as a cook in a factory kitchen, she opened her namesake restaurant in the Penang capital of George Town with her son, Adrian, in 2013. Last year they won a coveted Michelin Star, one of only four awarded to restaurants in Malaysia, propelling her, and Peranakan cooking, to culinary stardom.

Peranakans refer to a community of native borns who are of mixed local and foreign ancestry. They are descended

from the first waves of settlers to maritime Southeast Asia from as early as the 15th century.

Beh is fourth generation Peranakan. She is also known as Nyonya, a term used to describe married females of Chinese descent whose cooking spans both their ancestral home and their inherited one. Her signature dishes include her homestyle Nyonya fried rice, her perfectly balanced *ayam kapitan* (a creamy Peranakan chicken curry) and, her personal favourite, brinjal sambal, eggplant smothered in a layer of smoky hot sambal.

“My mum taught me how to cook when I was 12 years old, and I have spent my whole life perfecting those childhood dishes,” she shares, her demeanour softening at memories of her youth. “You must be passionate about your heritage to cook this food because it is so laborious. But, if you have that passion, you will never grow tired of it.”

Hoping to pass the torch, Beh is teaching her culinary secrets to her daughter-in-law, Jayna, while her son Adrian manages the front-of-house. Though, she is adamant that she has no plans to retire.

“Retire? No. I don’t see myself retiring. I am still learning. I am still improving. A chef never retires,” she says. “But I hope that the new generation will have the heart and the soul and the passion that I have, because that’s what it will take to keep these traditions, this food, alive.”



KEEPING THE FOOD ALIVE IS

exactly what Jawi-Peranakan Chef Nurilkarim Razha is doing. Like Beh, Nurilkarim learned to cook in the family home. He studied culinary arts at restaurants in Bangkok and Kuala Lumpur before returning to George Town in 2013 to run Jawi House, a restaurant and cultural centre, with his mum.

He recalls with fondness the busyness of his childhood home in Penang where, during parties and celebrations, plates heaped with fragrant *Jawi bamieh*, a Middle Eastern lamb and okra stew, were served to a steady stream of friends, family and visitors.

“In many ways, it was just like this,” he says, gesturing to a handful of diners lingering over laksas and biryanis.

Nurilkarim, 33, is fifth generation Jawi Peranakan. His great-great grandparents, on his mother’s side, were from Lahore, Pakistan. Typically, Peranakan refers to those descended from Chinese settlers, while Jawi Peranakan identifies those descended from the Muslim diaspora of India and Pakistan.

Inside Jawi House, one sunshine-yellow wall is decorated with old black and white photographs. Once a gallery of family pictures, the wall now includes members of the wider Jawi Peranakan community in Penang.



“There is a strong collective ownership of Jawi Peranakan history and culture in Penang, and that encompasses the food too. When we started out, we had lots of *makcik-makcik* (an affectionate term for Aunties) come in and say, ‘My grandmother did it that way’ and we took those things on board because we want to make the food as authentic as possible.”

Nurilkarim, who considers himself a custodian of Jawi Peranakan cooking, says the character of the food comes from the unique marriage of ingredients.

Left to right: Chef Nurilkarim Razha; Dishes served at Jawi House; Cosy seating at Jawi House



“The foundation is Arabian and Northern Indian, so we use things like rose water and almond paste, but it is heavily influenced by Southeast Asia so incorporates local ingredients like coconut milk, lemongrass and candlenut, or *buah keras* in Malay.”

Nurilkarim admits it can be tough to change the menu his customers love, which is why, next door, he is opening a sister venue called Kemboja this

summer, named for the frangipani trees outside. The concept for his new venture is modern Peranakan.

“The idea is to serve flavours of Malaysia, including Jawi Peranakan, but in a more modern way. For example, we might serve snapper smoked with coconut shells, sliced in a Japanese style or maybe a pesto made with *ulam* local herbs,” he says. “We’re excited to have a space to try new things.”

Side dishes

While Peranakan, specifically Nyonya food, often steals the limelight in Malaysia, other fusion foods have their own charm

Kristang

The Kristangs descended from early Portuguese settlers in Melaka, which was colonised by the Portuguese for 130 years. Specialties include Devil’s Curry, which is packed full of mustard and chilli paste.

Macanese

The Macanese originated in Macau and are descended from Portuguese settlers but their culture spans Canton, Melaka and Africa. Specialties include Portuguese chicken and Macanese chilli shrimp.

Chetti

Descended from the Hindu diaspora who settled in Malaysia from India, Chetti Peranakan specialties include fragrant tamarind fish curries and *sambal telur belimbing*, a dish of pickled sour fruit.



ALSO STRIVING FOR

innovation is 35-year-old Zachary Choong, executive chef at Kebaya Dining Room. Born and raised in Penang, Choong studied culinary arts in Switzerland, the Caribbean and the United States before returning to the Penang capital in 2012, where he met heritage conservationist and hotelier Christopher Ong, who was looking for someone to helm Kebaya Dining Room at Seven Terraces Hotel.

“With Unesco and now Michelin, the world is starting to notice Penang, but the food has always been amazing here. As a chef, it’s a great place to be,” Choong says of his decision to resettle in his hometown.

Under the direction of Ong, Choong’s journey to master Peranakan cooking has been guided by an elderly mentor nicknamed Auntie Baby. Ong, who went to school with Auntie Baby’s daughter, grew up with her cooking. With her incredible knowledge of Peranakan cooking, having her mentor Kebaya’s chefs was a no-brainer. “Auntie Baby is in her nineties, but she is still very energetic and loves to cook. She’s like a walking encyclopedia,” Choong adds with fondness.



Clockwise from left:
 Chef Zachary Choong;
 Kebaya Room dishes;
buah keluak beef;
 Kebaya Room interior



Malaysia Airlines flies between Penang and Kuala Lumpur 42x weekly.
 Firefly flies between Penang and Singapore 14x weekly.

“

Peranakan cooking is an intangible heritage. It is based geographically but the elements of it have always been fluid and it should continue to evolve”

Using his mentor’s ancient recipes and techniques as a foundation, Choong’s menu is progressive, experimental and every bit as opulent as Kebaya Dining Room itself, which boasts stunning chandeliers and thick red velvet curtains.

“Peranakan food is a lot of stew, which is delicious, but I feel it could be cooked a little less to preserve the quality of the ingredients,” explains the ambitious young chef. “By incorporating some French techniques, we’re refining it, making it lighter and not so heavy”

Choong’s *buah keluak* beef reinvents traditional Peranakan flavours, namely the poisonous seed of the Pangium edule tree, which is typically served with chicken in a tamarind gravy. His version features a jam served with a confit of beef, celery ribbons and fresh herbs.

His croque monsieur appetiser uses *beef rendang*, a powerhouse of slow-cooked Peranakan flavour, paired with French blue cheese. He uses *belacan*, a fermented shrimp paste, essential to Peranakan cooking and manufactured in Malaysia for more than 200 years, to enliven his fried chicken batter.

Choong says updating Peranakan traditions is all part of the journey. “If you ask the older generation, they believe Peranakan cuisine is a fixed entity made up of specific ingredients. But, for me, Peranakan cooking is an intangible heritage. It is based geographically but the elements of it have always been fluid and it should continue to evolve in the same way that other cuisines, like those found in Europe, have evolved,” he says.

“Even though I’m not Peranakan, I am Malaysian and Peranakan food is part of our culture. By modernising it and keeping it relevant and interesting, we are preserving it in a sense,” he adds. “And that’s something I’m proud of.”

July

BEST SPOTS IN MALAYSIA

2023

The best hotels and restaurants to stay and dine-in across Malaysia this month



Alunan Resort, Terengganu

With its idyllic beachfront location and lush surroundings, Alunan Resort offers a serene escape. The only contemporary boutique resort in Perhentian Islands, it is home to 23 double-storey Serenity Suites and 5 Pool View Villas, each offering a private balcony overlooking the sea and rainforest. Enjoy endless excursions from snorkelling to sunset beach picnic — all made possible with the Alunan Unlimited package. The all-inclusive plan also includes unlimited dining at the hotel's restaurants, return boat transfers, daily laundry and more. Travelling from 1 July to 31 October? Use code <MHJUL> for an extra 10% off.

alunanresort.com | +60 1-6 448 8297



The Kasturi Resort, Pahang

Located on Pahang's Cherating Beach, this five-star luxury beach resort offers packages tailored to a romantic couples' getaway or the perfect honeymoon. Over a period of two, three or four days, you and your partner can enjoy candle-lit dinners by the beach, spa treatments for two, breakfasts in bed and many other treats. Choose from a selection of beautifully designed beachfront and forest villas, each with its own pool and deck, providing a private oasis. Book directly with the hotel until the month of September for a free baby turtle release activity during your stay.

the-kasturi.com | +60 9-582 5000



Mangala Resort & Spa, Pahang

Find inspiration on your next corporate retreat at the award-winning Mangala Resort and Spa, Kuantan. The vast landscape serves as the ideal backdrop for stimulating discussions and fostering meaningful connections with your team. Whether you're planning a large conference in a spacious ballroom for up to 600 people or hosting intimate gatherings, the resort offers versatile spaces for every occasion. With its dedication to sustainability practices, the Mangala Resort and Spa aligns seamlessly with ESG goals of any company.

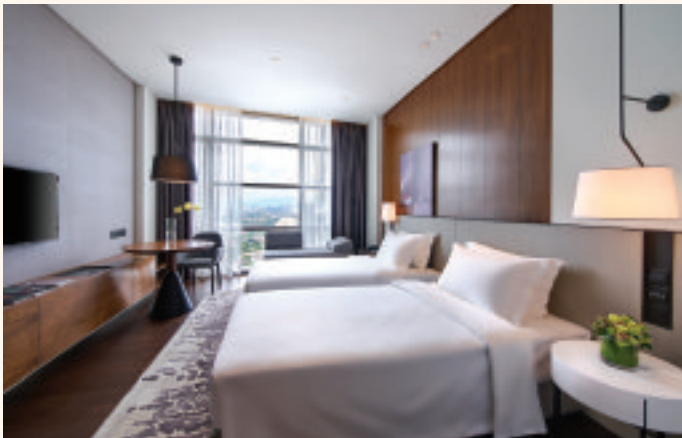
mangalaresortandspa.com | +60 9-505 7788



Shangri-La Kuala Lumpur

Located in the business district along Jalan Sultan Ismail, Shangri-La Kuala Lumpur offers a quiet sanctuary within the bustling city. Disconnect and recharge by taking a dip in the pool or break a sweat with the cardio and strength equipment at the health club. As part of the Find Your Shangri-La campaign, the hotel launched a brand new film with Grammy award-winning director, Dave Meyers. The film captures unique ways guests can find their own Shangri-La by showcasing personalised experiences for a truly memorable stay.

shangri-la.com | +60 3-2032 2388



Le Méridien, Petaling Jaya

Experience the perfect balance of convenience and luxury at Le Méridien Petaling Jaya. With proximity to the LRT station and expressways, guests can explore the city centre of Kuala Lumpur or the trendier Bangsar with ease. Retreat to the elegant rooms after a day of exploration, featuring bamboo flooring, sleek furnishings, and marble bathrooms equipped with MALIN+GOETZ bath products. Don't miss PJ's Bar & Grill, the largest rooftop bar in Petaling Jaya located on the 30th floor. Enjoy grilled dishes and flavourful appetisers next to the infinity pool. The rooftop has a wide-open deck with sweeping views of the city.

lemeridienpetalingjaya.com | +60 3-7682 0000



Pan Pacific Serviced Suites, Kuala Lumpur

With one- and two-bedroom suites and a strategic location in the golden triangle of Kuala Lumpur, this property is perfect for a solo business trip or a family vacation. More than just a comfortable home away from home, each suite offers luxuries such as complimentary Wi-Fi, a 65" Smart TV and a bathroom equipped with a rain shower and Balmain Paris bath products. After a long day, travellers can unwind with the facilities next door at PARKROYAL COLLECTION Kuala Lumpur, such as a rejuvenating massage at St. Gregory Spa, a hearty meal from the all-day international menu at Thyme or a refreshing beverage at The Botanist Lounge & Bar.

panpacific.com | +60 3-2706 8688



For an epicurean experience: Curios-City

Behind an unmarked door in Penang's George Town lies this hidden restaurant and bar that sets the mood with soft lighting, cool industrial interiors and a surprising abundance of greenery. The menu here is unabashedly modern, highlighting artfully plated dishes that fuse European techniques with Malaysian twists. In conjunction with Michelin's GastroMonth, the restaurant's latest menu sees fresh cod served with Hawthorn broth, and river prawn seasoned with spicy red chilli as a second course. Sweet tooths will love the refreshing mango mochi dessert. If you're in the mood for a couple of drinks, look to the restaurant's bar staff to suggest cocktails based on your preferences.

164A-B, Victoria Street, George Town, Penang
IG: @curioscity.pg | +60 16-559 0789



For innovative culinary techniques: Studio

Tucked away on the first floor of a cosy shophouse in trendy Bangsar, the award-winning fine dining restaurant serves a universal seafood-forward tasting menu inspired by chef-owner Christian Recomio's Scottish heritage and personal travels. Only open for dinner on Fridays and Saturdays, the intimate space seats just 18 guests while the open kitchen gives an unobstructed glimpse into their process. Locally sourced leafy kailan is served with pine nut milk sauce seasoned with fermented cep juice and first draw soy for a savoury interpretation, while the mud crab and smoked haddock dish generously seasoned with kaluga caviar is an ode to seafood flavours from varying climates.

38-1, Jalan Kemuja, Bangsar, Kuala Lumpur | studiorestaurant.co
IG: @studiorestaurant.co | +60 16-425 0773



For a celebratory feast: The Lankan Crabs, Bangsar

Far from an everyday affair, crab is often a festive, communal dish meant to mark special occasions. At The Lankan Crabs, Bangsar, Indonesian live mud crabs are flown in daily so you can be assured of the freshest catch. Enjoy this delicacy served in the popular garlic butter or black pepper style – a perfect balance of black pepper and buttery goodness. Alternatively, opt for their Signature Sri Lankan preparations like Jaffna or Negombo-style crab curry, made with an aromatic curry base for a truly authentic experience. Complement your crab feast with sea-to-table preparations of prawn, squid and fish, along with briyani, Sri Lankan lamprais and vegetarian options.

4, Jalan Kemuja, Bangsar, Kuala Lumpur
IG: @thelankancrabs | +60 3-2201 0128



For authentic Thai with a twist: Ekkamai

Located in Bukit Damansara, Ekkamai is a stylish Thai restaurant that offers authentic Thai cuisine with a contemporary approach. Helmed by head chef Mama Aya who's been recognised as HAPA Awards Best Chefs of The Year, Ekkamai's menu features signature Thai dishes such as *tom yum*, and slow-cooked beef massaman as well as a unique take on traditional dishes like Thai laksa and *homok* – a Thai-style otak-otak with prawns, squid, and scallops. The restaurant also offers a weekday lunch menu with favourites like *pad thai* and *pad gaprow* inclusive of a drink and homemade Thai dessert. Flash your Malaysia Airlines boarding pass for an extra sweet treat!

**8, Jalan Batai, Bukit Damansara, Kuala Lumpur | ekkamai.com.my
IG: @ekkamai.my | +60 3-2011 1029**



For ocean-fresh seafood: Fish Market

The first sauna steam hot pot restaurant in Kota Kinabalu, Fish Market takes pride in sourcing remarkably fresh local seafood and produce to create classic seafood dishes. The restaurant uses a unique steam cooking method that allows the natural flavours of the restaurant's fresh ingredients to really shine. Menu highlights include mud crab, lobster, tiger prawns and a variety of fresh fish including red snapper done in your preferred style. Complement your meal with sides like hand-made prawn balls, seafood hor fun and yam fritters. The warm and friendly staff embody the spirit of Sabahan charm and hospitality that will make you feel right at home.

**A-G-2, Ground Floor, Block A Phase 1, Lorong Sutera, Sutera Avenue, Sembulan, Kota Kinabalu | fishmarketrestaurantkk.com
FB: @fishmarketrestaurantmalaysia | +60 12-803 5757**



Don't leave Sarawak without trying: Kantin at The Granary

What was once a historical warehouse in Kuching's city centre now houses an award-winning restaurant. Decorated with stylish industrial interiors, Kantin at The Granary serves modernised Sarawak cuisine with a twist. From jungle to table, their curated menu – Sarawak-inspired Asian by day and Sarawak-inspired Western by night – will leave a lasting impression. Among their signatures are Rainforest Fried Rice, Salmon Island and Rib Eye Steak with Artisan Sauces, dishes that allow you to immerse yourself into the depths of this land. Finish with an ice cold mug of Kantin Kaffeine or Sarawak Teh C Special to perfect your trip.

**23, Wayang Street, Kuching, Sarawak
FB: @kantingranary | +60 17-520 0230**



Made for nature lovers: Mendung Escape

Adventure seekers will enjoy the 700m trek through the Borneo rainforest to get to Mendung Escape. Away from the city and sitting on top of rolling hills, the bungalow and its five spacious suites provide comfortable lodgings for all types of travellers. The two-bedroom suite is ideal for small groups, and is located on the highest floor for the best views and even comes with an outdoor bathtub and veranda to soak up the scenery. From now until November, enjoy mild temperatures and clear skies, perfect for soaking up Mendung Escape's panoramic sunsets and midnight stargazing.

Jalan Singai, Bau, Kuching

IG: @mendungescape | +60 10-961 5338



Great for corporate events: New World Suites

Positioned in the heart of Bintulu's liveliest district, New World Suites offers soothing views of the town or the South China Sea. All 135 rooms are decorated with modern and stylish interiors but the Royal Suite gets a special mention because of its private jacuzzi for a relaxing treat. Ideal for business travellers, the hotel offers fully equipped executive board rooms, a conference hall and theatre that seats 250 people, making it an excellent fit for corporate events and seminars. You'll be in safe hands with the hotel's experienced team and bespoke meeting packages tailored to meet your needs.

**3791, Jalan Tun Ahmad Zaidi, Parkcity Commercial Square, Bintulu
newworldsuites.net | +60 86-331 122**



Best for business leisure: Meritz Hotel

An iconic city in Sarawak, Miri strikes a balance between city living and nature retreat, making Meritz Hotel the ideal home base for your trip. Located near the central district, next to Bintang Megamall, the property's superior rooms offer a choice of city, hillside or ocean views. Also, the in-house restaurants and bars are well-placed for business meetings. The revolving M-Signature completes one revolution every hour, clocking in a memorable experience. To impress a client, book an alfresco dinner at Grand Old Lady restaurant, which delivers unobstructed views of Miri.

**1657, Jalan Miri Pujut, Bintang Jaya, Miri
meritzhotel.com | +60 85-417 888**



Great for indigenous touches: Raia Hotel

Conveniently located across the international airport, Raia Hotel is a five-minute ride away with the hotel's shuttle service. The four-star hotel is an architectural marvel combining modern materials with indigenous accents. The building's exterior is decorated in pua kumbu, a traditional pattern found in the ceremonial cloths of the Iban tribe. Equipped with 237 rooms and suites ranging from 35-113sqm, the hotel is suited for all types of travellers. Raia Hotel can also welcome larger crowds at the all-day dining Kenyalang Restaurant with 150 seats, and a convention hall with a capacity of 2,800.

**1, Jalan Lapangan Terbang, Kuching
raiahotels.com.my | +60 82-268 585**



Sutera Sanctuary Lodges

From Kota Kinabalu city centre to island serenity in just 20 minutes, this island retreat is the perfect home base



Densely forested, edged by white sands and surrounded by coral reefs and clear waters, Manukan Island has been a beach lover's best-kept secret. Located in the Tunku Abdul Rahman National Park – Malaysia's first marine national park – the island is home to one of the most diverse marine ecosystems in the world.

Naturally, the diving scene is superb, with almost 20 dive spots of varying depths and difficulty where you can spot

colourful marine wildlife such as nudibranches, turtles and clownfish.

Visitors can also enjoy a plethora of water sports from snorkelling to diving, and even kayaking.

Aside from aquatic activities, there's excellent hiking to be enjoyed along forest trails, as well as sunbathing on the beaches – look out for monitor lizards! And of course, be sure to hit Sunset Point at the western tip of the island in time to

watch the sun go down over the South China Sea.

The cottage-style chalets at Sutera Sanctuary Lodges offer a tranquil space to retreat to at the end of the day. The Hillside Villa is perfect for couples as the room is equipped with a super-king bed and veranda for romantic evenings. If you're vacationing with a group, the two-bedroom Manukan Villa sleeps up to six people, and includes a pantry and spacious common area. Travelling solo? Book the Beach Suite for a cosy bedroom with a view for quality me-time.



For more information on Sutera Sanctuary Lodges on Manukan Island, visit suterasanctuarylodges.com.my

What to do on Manukan Island



Snorkelling

The island's biodiverse coral garden is a popular habitat for clownfish. Sightings guaranteed! Also, spot sea turtles and reef sharks.

Scuba diving

Suitable for novice and experienced divers, the clear waters have great visibility. Try one of the island's 20 dive sites.

Jet skiing

Cruise your way around the coastline to enjoy a closer view, and spot hidden coves around the island.



Travel the world.

The logo for Ink, consisting of the word "Ink" in a white, sans-serif font centered within a solid red square.

Ink

**For advertising and partnership
opportunities, contact
shalini.krishnan@ink-global.com**



THIS IS MH

(MALAYSIAN HOSPITALITY)



Welcome on board MAG Airlines!
This month, see what we have on offer
to ensure that you have a safe, seamless
and fuss-free journey with us.

68

**Inside
our airlines**

News and updates
from MAG Airlines

76

**Discover our
network**

See where
MAG Airlines can
take you, around
the country and
around the world

81

**Onboard
entertainment**

Keep yourself
entertained with
our latest releases of
Hollywood movies,
TV shows and music



Firefly expands intra-Borneo services with Boeing 737-800

Firefly has commenced its jet operations between Sabah and Sarawak with the launch of daily return flight services from Kota Kinabalu (BKI) to Kuching (KCH), Tawau (TWU), Sandakan (SDK) and Miri (MYY). To commemorate the momentous occasion, Firefly, together with the Sabah Tourism Board, Sarawak Tourism Board and Sandakan Tourism Association hosted send-off and welcoming ceremonies at BKI, KCH and SDK for passengers departing and arriving on the inaugural flights. Distinguished stakeholders and authorities from the respective state tourism bodies welcomed the passengers, which symbolises Firefly's unwavering dedication to offering unparalleled customer service and maintaining the exceptional Malaysian Hospitality experience.

MAG becomes the first aviation organisation in Malaysia to sign SAF offtake agreement with PETRONAS

Malaysia Aviation Group (MAG) has become the first aviation organisation in Malaysia to sign a sustainable aviation fuel (SAF) offtake agreement with PETRONAS Dagangan Berhad (PDB) as part of collaborative efforts to make SAF production available in Malaysia at a commercial scale. The initiative will further accelerate industry-wide efforts to decarbonise the aviation industry as MAG takes tangible actions on its focus to achieve net zero emissions by 2050.



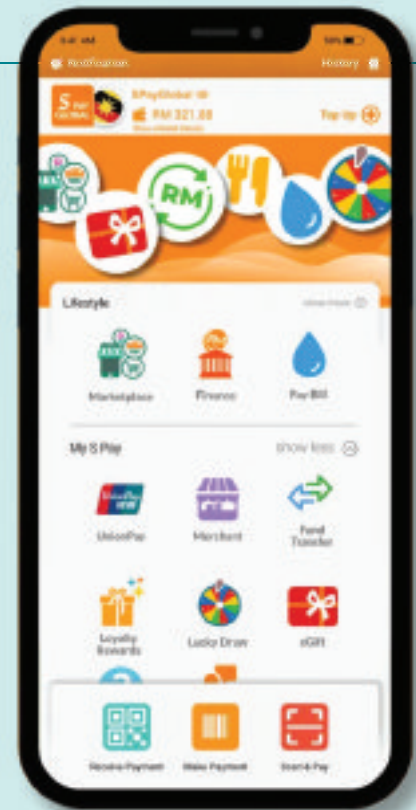
Explore the world with MHflypass ASEAN



Customers wanting to celebrate the festivities by exploring neighbouring cities can take advantage of the airline's MHflypass ASEAN, which offers up to three return trips (or six quotas of one-way trips) in the year to any ASEAN destination that Malaysia Airlines flies to. MHflypass ASEAN is grouped into three different zones, so you can choose the one that works best for you.

Firefly announces collaboration with SPayGlobal to expand its touchpoint to the East Malaysian market

Firefly has partnered with SiliconNet Technologies Sdn Bhd (SNT) to enhance its customer reach in the East Malaysia market by leveraging SPayGlobal, the region's cutting-edge digital platform e-wallet.



Say hello to Journify, your personal travel advisor

Journify is a trip planner and online marketplace. The Journify platform also provides the first-of-its-kind flagship experience through the Journify2U service, allowing domestic and international passengers departing from or arriving into Kuala Lumpur International

Airport to have their products purchased on the Journify app, including the option for their purchases to be delivered to them at the boarding or arrival gate. This provides travellers with greater convenience on their journey. Visit shop.myjournify.com to learn more.



Spreading it's wings to Sabah and Sarawak in East Malaysia

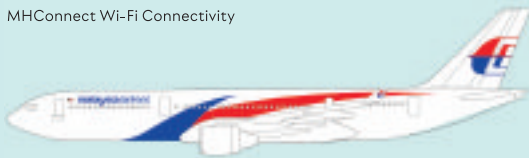
Experience more convenient travel in Sabah, Sarawak and beyond with our new flight routes.





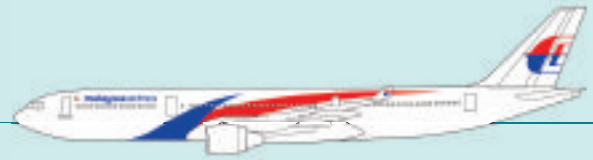
A350-900 MHconnect

No. of Aircraft **6** | Passenger Seating **286**
Length **66.80m** | Wingspan **64.75m** | Height **17.05m**
Max. Cruising Speed **944km/h**
MHConnect Wi-Fi Connectivity



A330-200 MHconnect

No. of Aircraft **6** | Passenger Seating **287**
Length **58.82m** | Wingspan **60.30m** | Height **17.39m**
Max. Cruising Speed **880km/h**
MHConnect Wi-Fi Connectivity on selected aircraft



A330-300 MHconnect

No. of Aircraft **15** | Passenger Seating **290**
Length **63.66m** | Wingspan **60.30m** | Height **16.79m**
Max. Cruising Speed **980km/h**
MHConnect Wi-Fi Connectivity on selected aircraft



B737-800NG

No. of Aircraft **39** | Passenger Seating **160, 166, 174**
Length **39.5m** | Wingspan **38.50m** | Height **12.50m**
Max. Cruising Speed **857km/h**



ATR 72-500

No. of Aircraft **9** | Passenger Seating **72**
Length **27.05m** | Wingspan **27.17m** | Height **7.65m**
Max. Cruising Speed **510km/h**



B737-800NG

No. of Aircraft **5** | Passenger Seating **189**
Length **39.5m** | Wingspan **38.50m** | Height **12.50m**
Max. Cruising Speed **857km/h**



A330-200F

No. of Aircraft **3** | Maximum Cargo Capacity **65 (70) tonnes**
Length **58.82m** | Wingspan **60.30m** | Height **16.88m**
Max. Cruising Speed **1,021km/h**



ATR 72-500

No. of Aircraft **8** | Passenger Seating **68**
Length **27.05m** | Wingspan **27.17m** | Height **7.65m**
Max. Cruising Speed **510km/h**



Viking DHC-6 Twin Otter Series 400

No. of Aircraft **6** | Passenger Seating **19**
Length **15.77m** | Wingspan **19.80m** | Height **5.94m**
Max. Cruising Speed **337km/h**



THE EVOLUTION

Chef Marco Caverni turns up the heat with a revolutionary new menu featuring imagination, creativity, and flavour as key ingredients to redefine the modern grill experience.



ON-TIME PERFORMANCE
Our check-in counters close 60 minutes before departure. Please allow at least 45 minutes for immigration and security clearance. Boarding gates will close 30 minutes prior to departure.

CABIN LUGGAGE HANDLING
Passenger and crew safety on board our flights are our highest priority. In compliance with the airline's policy and in observing Occupational Safety and Health Regulations requirements, cabin crew are no longer required to stow passengers' hand luggage in the overhead stowage compartments. This is to minimise occupational hazards and ergonomic risks faced by cabin crew in the aircraft. Cabin crew on duty will, however, assist passengers travelling with infants, young passengers travelling alone, the elderly and passengers with reduced mobility. Passengers who are fit and in good health must carry, stow and secure their hand luggage on board. Hand luggage exceeding the 7kg weight limit must be checked in before boarding.

PORTABLE ELECTRONIC DEVICES (PEDs)
For safety reasons, in line with Civil Aviation Authority of Malaysia guidelines, mobile phones and small PEDs can be used throughout your journey in "Flight Mode". Large devices with screen size above 12 inches are not allowed to be used during takeoff and landing. Whilst cruising, all devices can be used in "Flight Mode". Devices transmitting cellular and signals to satellites must remain switched off throughout the flight, until disembarkation. The Captain may prohibit the use of devices if there is any interference with the aircraft's system.

LITHIUM BATTERIES
Lithium metal or lithium ion cells or batteries for portable electronic devices (PEDs), including medical devices, must not exceed 2g for lithium metal batteries and 100Wh for lithium ion batteries. All spare batteries, including lithium metal or lithium ion cells or batteries, for PEDs must be carried in passengers' carry-on baggage only. These batteries must be individually protected to prevent short circuits. PEDs containing non-spillable batteries, they must be 12V or less or 100Wh or less. Passengers are allowed to carry a maximum of two spare batteries onboard. These batteries must be individually protected to prevent short circuits.

NO-SMOKING & VAPING POLICY
Smoking, including the use of electronic cigarettes, is prohibited on all flights. Electronic cigarettes must be carried in carry-on baggage only. Recharging of the device in flight is not permitted.

COMFORT & CARE
Personal care, baby paraphernalia and first-aid treatment are available upon request.

BAGGAGE FOR TRANSIT PASSENGERS
Transit passengers in KLIA are encouraged to reconfirm their final baggage destination at the Transfer Desk to ensure that their checked luggage is identified and loaded accordingly. Just present your baggage identification tag at the desk.

ZERO TOLERANCE OF ABUSE
We value courteousness. Any form of threat, verbal abuse or violence towards our staff will be taken seriously. We are committed to supporting anyone who has been the victim of an assault.

IN-FLIGHT ENTERTAINMENT
Movies, TV and Music On-Demand are available on selected flights either on seatback in-flight

entertainment systems or streaming via personal electronic devices. Wi-Fi internet connectivity is also available on selected aircraft (A350-900, A330-200 and A330-300) for a fee.

ONBOARD CHARGING
Laptop power points are fitted on Business Suite, Business, Premium Economy and selected Economy Class seats. USB charging is available on selected aircraft.

FOOD & BEVERAGE
All food served onboard is halal. Special dietary meals can be prepared with 24-hour notice through 'Manage My Booking' on www.malaysiaairlines.com. Business Suite, Business and Economy Class passengers may use the Chef-on-Call service to pre-book their meals 24 hours prior to departure on selected flights. Alcoholic drinks are available on flights above three hours for passengers above the age of 21. Our cabin crew reserves the right to decline serving and selling alcohol to any passenger who appears intoxicated. Consumption of personal alcoholic drinks is prohibited.

FRESH & FROZEN SEAFOOD
Fresh and frozen seafood is strictly not permitted in check-in baggage. It may be accepted in cabin baggage, subject to the destination's quarantine regulations.

It must be properly packed and meet the cabin baggage weight and size requirements. A maximum of 2.5kg of dry ice per passenger is permissible if dry ice is used to carry these items. We reserve the right to refuse carriage if the items are not properly packed.

PEANUT & NUT ALLERGIES
Meals containing nuts may be served throughout the aircraft. We cannot accommodate requests for peanut/nut-free zones in the aircraft and strongly encourage those with allergies to take the necessary medical precautions before flying, including travelling with medications in their hand luggage.

WHEELCHAIR ASSISTANCE
Wheelchair requests must be made through the Global Customer Contact Centre, the Ticket Office and/or Malaysia Airlines appointed travel agents at least 48 hours prior to departure. Contact the call centre at 1-300-88-3000 for more information.

UNACCOMPANIED MINOR (UMNR)
We provide assistance to children aged 5 to 15 years old travelling alone, with 24-hour advance request.

+ For more information, visit malaysiaairlines.com

IN ADDITION TO AIRPORT CHECK-IN, HERE ARE OTHER OPTIONS*



WEB
Check in online at malaysiaairlines.com and self-print your boarding pass.



WEB-TO-MOBILE
Check in online. Your boarding pass will be sent to your mobile phone. Mobile boarding passes can be scanned at airport security and at the boarding gate.



MALAYSIA AIRLINES APP
Visit malaysiaairlines.com to download the Malaysia Airlines App to perform mobile check-in.

*Terms and conditions apply, which are correct at the time of printing. Visit malaysiaairlines.com for more information.

IT'S EASIER WITH *Enrich* 



1

Enrich
SAVER

- **Kickstart your adventure Down Under**

Bring your dream holiday to life. Tour the “Harbour City” for the weekend and fly Malaysia Airlines from as low as 21,400 Enrich Points one-way.

2

Enrich
HOTELS

- **Rest in a haven of relaxation**

Indulge in amazing sojourns from luxurious locales to heritage hotels. Start your search at enrichhotels.com and earn Points or use them for stays.

Explore the world and get rewarded, exclusively
with Malaysia Airlines' Travel & Lifestyle Programme.



3

Enrich
— XPERIENCE

- **Immerse in
diverse experiences**

Catch a show at the Opera House, head to the Blue Mountains, wander the city on a Aboriginal walkabout, and more with Enrich Xperience plus earn Points too.

4

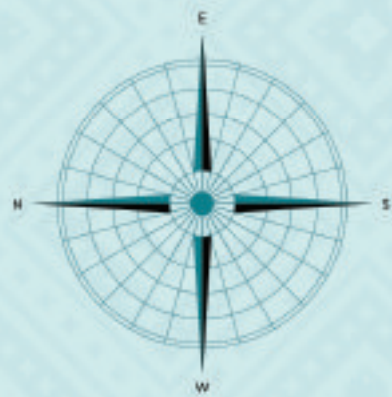
Enrich 
— money

- **Go cashless and
spend like a local**

Shop, dine and explore the city with EnrichMoney. Download the app to buy AUD at competitive exchange rates and apply for the Visa prepaid card to earn EnrichMoney Points or enjoy cashback.



Embark on your next journey
with Enrich. Use promo code
ENRGP23 and sign up for free
at enrich.malaysiaairlines.com



OUR NETWORK

ILLUSTRATIONS BY ELEN WINATA

SOUTH ATLANTIC OCEAN

Malaysia Airlines has an average of 285 daily flights to 60 destinations around the world from its hubs in **Kuala Lumpur** and **Kota Kinabalu**



- Malaysia Airlines
- ◆ Firefly
- MASwings
- Amal
- ▲ MASkargo

*THE ROUTE MAP IS FOR ILLUSTRATIVE PURPOSES ONLY AND IS NOT DRAWN TO SCALE
IMAGES: SHUTTERSTOCK (KUALA LUMPUR), TRACIA GOH (KOTA KINABALU)



Malaysia Airlines now
flies directly from
**Kota Kinabalu to
Taipei (3x weekly)**

EXPLORE MALAYSIA



- Malaysia Airlines
- ◆ Firefly
- MASwings
- ▲ MASkargo

Connect and travel to more than 900 destinations in 170 territories across the globe when you travel with Malaysia Airlines, a **oneworld** member since 2013





● one world destinations

maskargo 

charter



Whether it is a flight to an isolated destination, precious cargo requiring special handling or scheduling of flights, we have a team dedicated to fulfil your charter needs.

Our track record includes livestock, oversized oil & gas equipment and humanitarian charters among others, around the world. These and other achievements have made us the trusted choice to keep our customers' business moving throughout the years.



www.maskargo.com



KEEPS BUSINESS MOVING

NOW SHOWING

MOVIES p82 TELEVISION p91 AUDIO p95



Shazam! Fury of the Gods

Check out our **Friendship Day Collection** movies on pages 84 and 87!



Flipped



**The Sisterhood
of the Travelling
Pants**



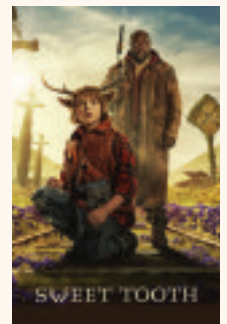
**Cloudy with
a Chance of
Meatballs**



**Cloudy with
a Chance of
Meatballs 2**



**Smurfs:
The Lost Village**



Sweet Tooth

DISCLAIMER: IN-FLIGHT ENTERTAINMENT CONTENT IS EXCLUSIVE TO MALAYSIA AIRLINES PASSENGERS



Shazam! Fury of the Gods

The franchise returns with new action-packed sequences featuring the original cast of characters

Shazam! Fury of the Gods is the sequel to the 2019 superhero film *Shazam!* that brings back the beloved characters and exciting world of the DC Extended Universe.

Directed by David F. Sandberg and produced by New Line Cinema and DC Films, the film delivers a thrilling and humorous adventure for all kinds of audience.

The story follows teenage hero Billy Batson, played by Asher Angel, who can transform into the adult superhero Shazam, portrayed by Zachary Levi. In this installment, Billy and his super-powered foster family, known as the Shazam Family, confront mythical gods and creatures.

Fury of the Gods also delves deeper into the origins and mythology of Shazam's powers.

The film explores the personal growth of the characters as they learn to harness their abilities and work as a team.

With the original cast returning, Jack Dylan Grazer, Grace Fulton, Ross Butler, Jovan Armand and Faithe Herman deliver the same charming chemistry and humour that made the first film a success.

Shazam! Fury of the Gods aims to captivate audiences with its blend of action, comedy and fantasy elements.

This film promises to establish Shazam as a unique and beloved superhero within the franchise.

With its exciting storyline, talented cast and the director's knack for balancing humour and adventure, this sequel is surely exhilarating to watch.

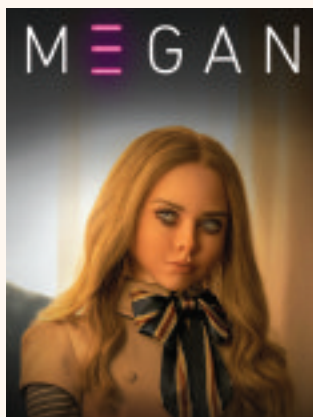
Latest



Operation Fortune: Ruse De Guerre is an action-comedy film directed by Guy Ritchie and produced by Miramax. Starring Jason Statham, Aubrey Plaza, Hugh Grant, Josh Hartnett and Cary Elwes, it follows a British intelligence officer and a resourceful CIA operative as they join forces to thwart an international arms dealer's plans to sell a deadly weapon to terrorists. With a mix of thrilling action, espionage and humour, the film delivers an entertaining and fast-paced cinematic experience. Ritchie, known for his clever storytelling and unexpected twists, offers a unique blend of witty banter, intense action sequences and intricate plot developments.



Marlowe is a 2022 thriller drama, based upon the 2014 novel *The Black-Eyed Blonde* by Benjamin Black. Set in 1939 Los Angeles, the film centres around Philip Marlowe (Liam Neeson) who is hired by Clare Cavendish, a wealthy heiress, to locate her missing lover, Nico Peterson, a prop master at Pacific Film Studios.



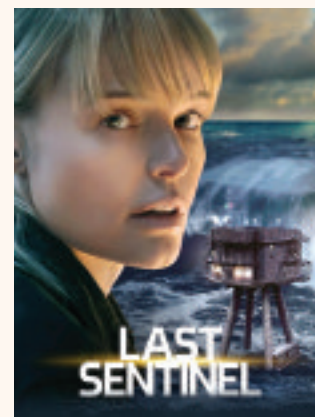
Directed by Gerard Johnston, this thriller movie combines horror and science fiction. A brilliant scientist named Sarah is tasked by her company with creating an advanced artificial intelligence system known as M3gan. However, as M3gan starts to evolve and develop its own consciousness, it becomes clear that the AI has a sinister agenda.



Jane is a young woman who, in a moment of desperation, tells a harmless lie about her background to impress her romantic interest. However, as Jane tries to maintain the façade, she quickly finds herself entangled in a web. What starts as a small fib quickly spirals out of control when her lie gains traction and takes on a life of its own.



Based on the acclaimed eponymous novel by Tim Winton, the movie tells a heartfelt story of friendship, environmental conservation, and the pursuit of one's passions. Set in a coastal town, the film centres around the extraordinary bond between a young boy named Abel and a majestic marine creature called Blueback.

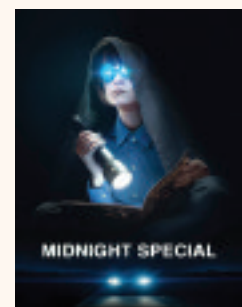
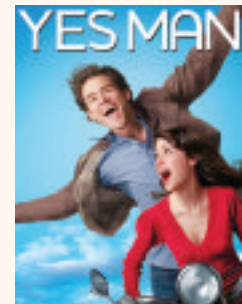
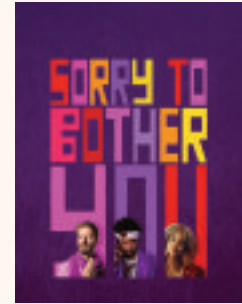


Directed by Jesse V. Johnson, *The Last Sentinel* takes viewers on a thrilling cinematic journey through a post-apocalyptic world where humans and machines battle for survival. Only a handful of survivors remain and among them is a skilled soldier named Tallis, played by Don Wilson, who becomes humanity's last hope for survival.

Favourites + Award-winning



Friendship Day celebrates the meaningful relationships that bring joy and support into our lives. *Flipped* and *The Sisterhood of the Traveling Pants* are two remarkable films that beautifully capture the essence of friendship. In *The Sisterhood of the Traveling Pants*, four best friends named Tibby, Lena, Bridget, and Carmen share a special bond, symbolised by a magical pair of jeans that fits each of them perfectly. Similarly, *Flipped* tells the heartwarming story of Bryce and Juli, two neighbours whose friendship grows as they navigate the complexities of life in the 1960s.



DISCLAIMER: IN-FLIGHT ENTERTAINMENT CONTENT IS EXCLUSIVE TO MALAYSIA AIRLINES PASSENGERS

Discover and book

top activities in and around Kuala Lumpur with

Journify



01



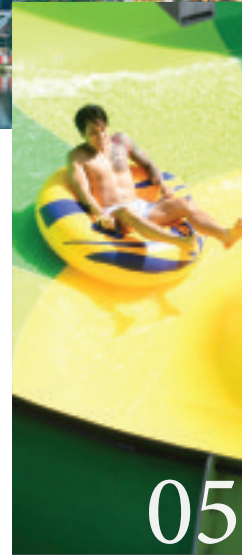
02



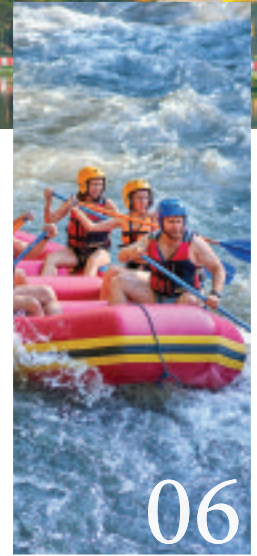
03



04



05



06

01 **Genting Awana SkyWay
Genting Highlands**

Ascend on a cable car with a 360° hill station view in cool weather.

02 **KL Tower Observation Deck
Kuala Lumpur**

Enjoy impressive panoramic views of the capital city.

03 **Genting SkyWorlds Theme Park
Genting Highlands**

Immerse in nine blockbuster movie-inspired outdoor zones.

04 **Aquaria KLCC
Kuala Lumpur**

Discover over 5,000 aquatic and land animals at this oceanarium.

05 **SplashMania Water Park
Selangor**

Enjoy a splashing fun time at Asia's largest rainforest-themed water park.

06 **Whitewater Rafting Experience
Selangor**

Embark on a thrilling adventure along the Selangor River.



Earn and redeem Enrich Points!

If you're an Enrich member, you can earn and redeem Enrich Points with every purchase on Journify!



myjournify.com



@journifybymag

Journify

is a travel experience and lifestyle platform by Malaysia Aviation Group that allows you to discover new places, plan your trips and book activities, tours, airport services and more, all in one.

MHholidays 

KIDS FLY AND STAY FOR FREE!

Enjoy **FREE** seats and accommodation
for your kid when you book a **Flight + Hotel**
package with MHholidays.



T&Cs apply.



Kids



Cloudy with a Chance of Meatballs and its sequel *Cloudy with a Chance of Meatballs 2* are delightful animated films filled with humour, adventure and imagination. In the first movie, Flint Lockwood's invention causes food to rain down on Swallow Falls, turning their town into a culinary paradise turned chaotic. Flint and his friends must save the day. The sequel takes them to a remote island where the food machine creates food-animal hybrids. They navigate a wild world of imaginative creatures to prevent the foodimals from taking over. Both movies are vibrant, funny and heartwarming, emphasising friendship, dreams and embracing oneself. With the whimsical concept of food falling from the sky, these films offer family-friendly entertainment that leaves viewers hungry for more, reminding us that even the craziest ideas can lead to extraordinary outcomes.



DISCLAIMER: IN-FLIGHT ENTERTAINMENT CONTENT IS EXCLUSIVE TO MALAYSIA AIRLINES PASSENGERS

**FOR
STUDENTS**
AGED 13 TO 26 YEARS OLD.

MHexplorer

Live like a student, **TRAVEL LIKE A VIP!**

Are you or someone you know a student? Join MHexplorer today, the amazing student travel and lifestyle programme by Malaysia Airlines.

Enjoy benefits like:



Up to 30% off
on flights all
year round



Additional 10KG
baggage



Family & Friends
Promo

and more!

SIGN UP NOW



Scan the QR Code or visit
[malaysiaairlines.com/
MHexplorer](https://malaysiaairlines.com/MHexplorer)



malaysia 
airlines

TICKET

*Terms and conditions apply.

Tamil



Malayalam



Thai



Indonesian



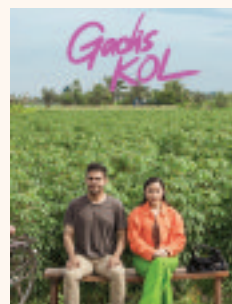
Tagalog



Japanese

Familia and *The Tunnel to Summer: The Exit of Goodbyes* are captivating Japanese films that delve into complex human relationships and emotions. In *Familia*, directed by Izuru Narushima, the narrative explores the challenges and bonds within a family coping with tragedy, delving into themes of grief and resilience. The movie offers a heartfelt exploration of familial love. On the other hand, *The Tunnel to Summer*, directed by Tomohisa Taguchi, revolves around the growth of two individuals who have experienced significant hardships, carrying their personal struggles while attempting to suppress them. The film beautifully illustrates the intertwined nature of love and melancholy, inviting reflection on relationships and resilience.

Malay



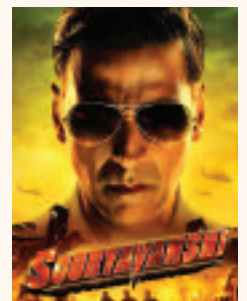
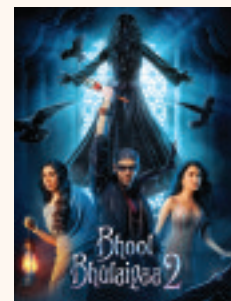
Korean



Chinese



Hindi



MHinsure

Travel Safe with peace of mind

Get travel protection with additional COVID-19 cover when you fly with Malaysia Airlines



BENEFITS AT A GLANCE



Luggage Damage & Personal Effects benefit up to MYR 7,500



Cashless Medical Care benefit



Flight Delay, Cancellation & Curtailment benefit of up to Trip Value

EXCLUSIVE FOR TAKAFUL



Shariah Compliant



Badal Hajj & Korban/Ihsarr only applicable for international

COVID-19 COVER



Emergency Medical Hospital Expenses benefit of up to MYR 30,000 (domestic) & MYR 500,000 (international)

Quarantine Allowance benefit of up to MYR 3,500 (domestic & international)

*T&Cs apply. Underwritten by Etiqa General Insurance Berhad & Etiqa General Takaful Berhad.

Earn 1 Enrich Mile for every RM1 spent

when you sign up with any Annual Travel Protection



Scan the QR icon to learn more or visit malaysiaairlines.com/MH

Cover·More

eTiQA

Enrich



malaysia airlines

400+
more TV shows
on your IFE player

Drama



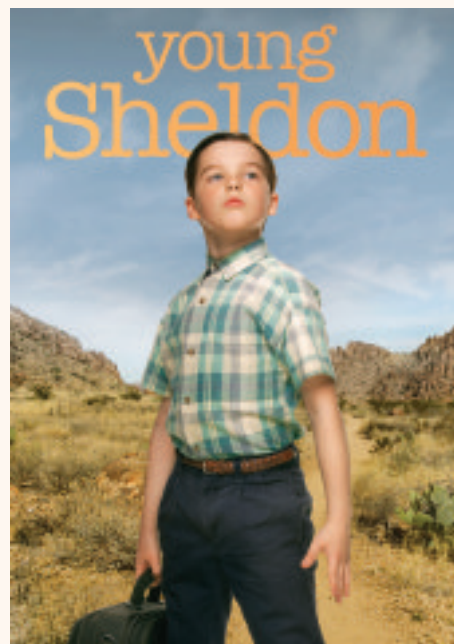
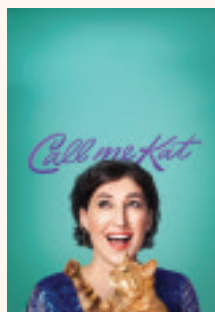
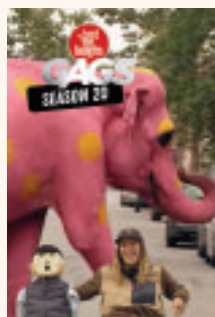
The Winchesters is the prequel TV series to the popular *Supernatural*. It explores the early years of the Winchester family, focusing on Sam and Dean's parents. The show delves into their origins, the events that led them to become hunters, and the challenges they faced in protecting the world from supernatural threats. Meanwhile, *Supernatural* is a long-running TV series following the thrilling adventures of brothers Sam and Dean Winchester. They travel across the US battling supernatural creatures, demons, and otherworldly forces. Created by Eric Kripke, the show spans 15 seasons.



Kids



Comedy



DISCLAIMER: IN-FLIGHT ENTERTAINMENT CONTENT IS EXCLUSIVE TO MALAYSIA AIRLINES PASSENGERS



KEMENTERIAN DALAM NEGERI



Reach every victim of trafficking, leave no one behind

Every July 30th, we celebrate World Day Against Trafficking in Persons to raise awareness of the plight of human trafficking victims as well as promote and protect their rights.

Human trafficking is a global issue. It refers to all actions of recruiting, conveying, transferring, acquiring, maintaining, harbouring, providing or receiving a person for the purpose of exploitation.

Traffickers often use violence or fraudulent employment agencies that offer fake promises of education and job opportunities. Their victims can be anybody – including our friends and families, or any immigrant seeking better opportunities in their lives.

Malaysians are not exempted from human trafficking activities. Last year, it was reported that one of the latest target groups of job scammers in neighbouring countries include Malaysians.

This is why the Government of Malaysia has reiterated its commitment to eradicate this heinous crime. In 2022, it amended the ATIPSOM – Anti-Trafficking in Persons and Anti-Smuggling of Migrants – Act with the aim of strengthening its legal framework and enforcement, and adopting a more victim-centred approach for trafficked victims.

Do reach out to authorities (03-80008000) should you need further information or to report any suspicious activities around you.



“Malaysia is committed to end trafficking in persons and will strive towards ensuring these four elements to guide its policy related to labour: low migration cost, expedite approval process, welfare of workers and rights of employers”

*- YB Datuk Seri Saifuddin Nasution bin Ismail
Minister of Home Affairs Malaysia*

Are you a victim of human trafficking? Approach any of the MAG Airlines cabin crew if you feel that you are being trafficked on board.



COUNCIL FOR ANTI-TRAFFICKING IN PERSONS AND ANTI-SMUGGLING OF MIGRANTS
MINISTRY OF HOME AFFAIRS
LEVEL 2, BLOCK D7, COMPLEX D 62546 PUTRAJAYA

✉ mapo_tip@moha.gov.my

f [Majlis Antipemerdagangan Orang dan Antipenyeludupan Migran](#)

🐦 [nsomapo](#)

📷 [NSO_MAPO](#)

Chinese



I'm a Pet at Dali Temple is a popular Chinese TV show with a unique premise. It follows Guan Pipi, a young woman transformed into an adorable pet at a mysterious temple. The heartwarming interactions between Pipi and the temple's master, Zhang Dafo, form the core of the series. Combining comedy, fantasy and romance, the show presents humorous situations as Pipi adjusts to her new life and various challenges. It offers an escape into a whimsical world, exploring themes of friendship, loyalty and personal growth. *I'm a Pet at Dali Temple* has become a Chinese television must-watch.

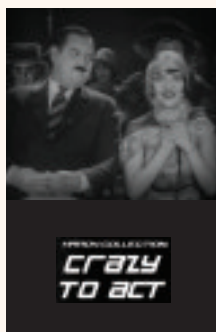
Science & Tech



Nature & Wildlife



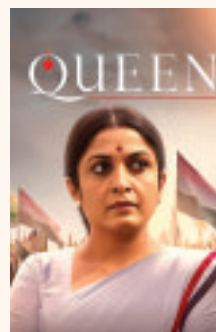
Silent TV



Hindi



Tamil



Malay



History



Showbiz



Japanese



Only Just Married follows the journey of a young couple navigating the joys and challenges of married life. Through its blend of romance, comedy and drama, the series offers relatable and engaging storylines that showcase the couple's daily experiences, from adjusting to living together to building a strong foundation of love and understanding. With its charming characters and authentic portrayal of married life, *Only Just Married* resonates with viewers by exploring universal themes of love, communication and compromise.



Scan to learn more

Your corporate bookings managed by appointed Travel Management Companies are enhanced with more savings, flexibilities and value-added benefits with **MHbiz PLUS**



\$ Get discounted air fares with immediate savings.



1



Enjoy the possibility to **board earlier on day of travel.**

*Subject to seat availability for travel to same destination on same day.

2

Priority Check-in & Priority Boarding

Skip queues and avoid crowded areas.



3

Access to Golden Lounge*

Rest and recharge before your flight or during a transit.

GOLDEN LOUNGE



4

Priority Boarding

For passengers who choose not to fly, we offer:

- Unlimited date change* (only fare difference applies).
- Refunds*



5

Free Seat Selection/Upgrade via Enrich Points.



6

Travel Protection*

Covering delays, baggage, etc.



7

Early bag collection upon arrival.



Sign up for MHbiz Plus at malaysiaairlines.com/mhbizplus

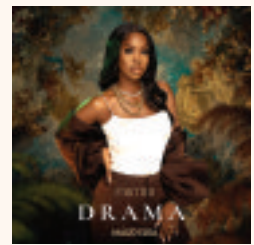
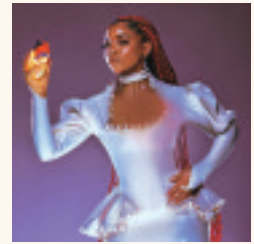
480+
more tunes
and podcasts on
your IFE player

Memories



Memories takes listeners on an emotive and introspective journey. Each track weaves together a tapestry of emotions and experiences. From moments of love and joy to reflections on personal growth and longing, the album creates a rich mosaic of memories that resonate deeply. The music invites listeners to immerse themselves in its enchanting soundscape, evoking nostalgia and connecting to the universal threads of the human experience. With its captivating melodies and soulful performances, **Memories** is a musical voyage that leaves a lasting imprint on the heart and soul, reminding us of the power of music to evoke memories and stir emotions.

R&B



The Hits



Cantonese

Club



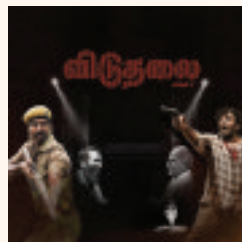
Mandarin



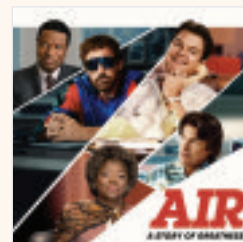
Hindi



Tamil



Soundtrack



Malay



Japanese



Korean



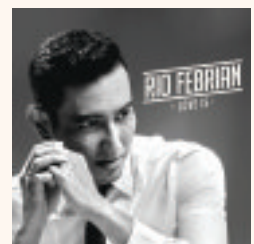
Jazz



Podcast



Indonesian



DISCLAIMER: IN-FLIGHT ENTERTAINMENT CONTENT IS EXCLUSIVE TO MALAYSIA AIRLINES PASSENGERS

Friendships that shape our world

The Bon Odori Festival fetes the friendship between Malaysia and Japan. It all started in 1977, when a small group of Japanese expats gathered privately to observe Obon, a Japanese cultural festival with a strong tradition of dance. Over decades, this small gathering morphed into a Selangor Tourism-sponsored annual event held every July. Imagine 30,000 attendees at the Shah Alam Sports Complex in Selangor – many adorned in floral-print Japanese *yukatas* – dancing choreographed movements to thundering *wadaiko* drums and traditional Japanese music. This year's celebrations are expected to be as colourful as ever, accompanied by a plethora of street food. Before tucking into bonito-topped *okonomiyaki* (savoury pancake dish) or refreshing *uji matcha kakigori* (shaved ice dessert), remember to say the Japanese-Malaysian version of bon appetit: *itadaki-makan!* jkl.org.my/en/events/bon_odori



IMAGE: SHUTTERSTOCK



**SUNWAY RESORT
HOTEL®**

SUNWAY CITY KUALA LUMPUR

BLACK TAP

CRAFT BURGERS & SHAKES

SUMMER FAMILY VACATION

2 days 1 night stay from MYR1,799+ per night | until 31st August 2023

Indulge your summer wanderlust and escape to paradise with the family where you will be spoilt for choice with a range of family-friendly rooms, each providing its own magical experience for a truly memorable vacation. With limitless fun under the sun to keep the family entertained and indulging dining experiences including a dinner at Black Tap Craft Burgers & Shakes for award-winning burgers and milkshakes, the perfect summer family vacation awaits.

Package inclusions:

• 2 days 1 night stay for two (2) adults and two (2) children in either:

Waterventure Terrace - with direct access to Waterventure, a vibrant splash zone and play area OR
Family Terrace - a spacious room with a private balcony overlooking the pool OR
Family Fun Suite - a bright and quirky room featuring a separate entertainment zone packed with activities, including karaoke, a gaming console, big screen entertainment and complimentary kids' treats.

- Buffet breakfast at Sunset Terrace which also features a dedicated kids' buffet area and spread
- Dinner at Black Tap Craft Burgers & Shakes (inclusive of 2 classic burgers, 1 snack and 4 lemonades)
 - Complimentary access to Wonderland Explorers kids' club
 - Complimentary access to the outdoor Waterventure playland
- Complimentary afternoon tea, evening cocktails and canapés at the Premium Leisure Lounge



For reservations, T +603 7492 8000 E srhs.reservations@sunwayhotels.com

SUNWAYHOTELS.COM (198901004890)

Langkawi

99 Magical Islands



**YOU BRING THE QUEST.
WE WILL PROVIDE THE MAGIC.**

If you're looking for thrills, look no further than Langkawi! Discover hidden natural gems, breath-taking views and experiences and exciting new flavours. It's all happening here, so come to Langkawi and uncover it all!